



BREAKFAST

TOAST TO TOAST

GREAT ON THE GO

ENTREES

Traditional Breakfast \$12.00 870 cal
 Scrambled eggs*, breakfast potatoes, bacon or turkey sausage*, choice of toast

Breakfast Bowl \$12.00 900 cal
 Scrambled eggs*, cheddar jack cheese, breakfast potatoes, and choice of bacon or turkey sausage*

Sunrise Sandwich \$11.50 890 cal
 Buttermilk biscuit with eggs*, cheddar cheese, bacon or turkey sausage*, choice of breakfast potatoes or fresh fruit cup

Texas French Toast \$12.00 1205 cal
 Three pieces of Texas sized French toast topped with vanilla maple cream, caramel, granola, and pure maple syrup

Biscuits & Gravy Plate \$13.00 1440 cal
 Buttermilk biscuits topped with sausage gravy; served with scrambled eggs*, breakfast potatoes, choice of bacon or turkey sausage*

Egg White Wrap \$10.00 800 cal
 Scrambled egg whites*, turkey sausage*, Swiss cheese, roasted mushrooms, peppers, and onions, served with salsa, choice of breakfast potatoes or fresh fruit cup

A LA CARTE

Scrambled Eggs* \$5.00 130 cal

Bacon \$5.00 90 cal

Turkey Sausage* \$5.00 90 cal

Breakfast Potatoes \$5.00 240 cal

Wheat or White Toast \$2.50 110-115 cal

Buttermilk Biscuit \$2.50 280 cal

Fresh Fruit Cup \$5.00 100 cal

KIDS EAT FREE **

Includes choice of orange juice or milk. \$8.00

Scrambled Eggs* | 320 cal
 Served with bacon

Waffles | 670 cal
 With choice of bacon or turkey sausage*

**Available at Holiday Inn® Hotels in the US and Canada. Kids Eat Free is available for kids age 11 and under when ordering in the hotel's restaurant from the Kid's Menu. For registered guests only. Limit 2 kids per adult ordering an entrée from the regular menu. Not available for room service or with room rates negotiated for groups of 10 or more rooms, travel industry rates or employee rates.

BEVERAGES

Milk \$2.50 80-150 cal

Orange Juice \$3.00 110 cal

Apple Juice \$3.00 110 cal

SPECIALTY COFFEES

Drip Coffee \$3.00 1 cal

Cappuccino \$5.00 81-91 cal

Latte \$5.00 141-147 cal

Espresso \$5.00 1-86 cal

Cafe Mocha \$5.00 194 cal

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



DINNER



SMALL PLATES

Chicken Wings \$13.50 590-680 cal

BBQ | Spicy Buffalo | Original

Six wings* served with celery, carrots, choice of ranch or blue cheese

Quesadilla \$12.00 770 cal

Grilled chicken*, roasted peppers onions, cheddar jack cheese served with salsa and sour cream

Pepperoni Flatbread \$12.00 750 cal

Oven-baked flatbread with pepperoni, marinara, mozzarella & provolone cheese

Hummus Plate \$10.00 540 cal

Roasted red pepper hummus topped with feta cheese, served on toasted naan, celery, carrots, cucumbers

SIDES

Fries \$5.00 290 cal

Side Salad \$5.00 60 cal

KIDS EAT FREE **

Includes choice of milk or soft drink. \$8.00

Grilled Cheese with fruit | 320 cal

Cheese Quesadilla with salsa and fruit | 320 cal

Cheese Flatbread with salsa and fruit | 320 cal

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ENTREES

Sandwiches and wraps served with a pickle spear

Caesar Salad \$12.50 500 cal

Add Chicken* + \$2.50 +130 cal

Romaine, parmesan cheese, croutons, Caesar dressing

Cobb Salad \$14.00 830 cal

Grilled chicken*, bacon, hard-boiled egg*, cucumbers, tomato, feta cheese, spring mix, blue cheese dressing

All-American Burger 1140-1430 cal

Single \$13.00 **Double** \$15.00

1/3 lb. fresh beef patty*, bacon, cheddar cheese, lettuce, tomato, onion, mayonnaise, served on toasted brioche bun, choice of side

Turkey Club \$14.00 900-1190 cal

Oven-roasted turkey, bacon, Swiss cheese, lettuce, tomato, mayonnaise on wheat toast, choice of side

Vegetarian Wrap \$12.00 970 cal

Roasted red pepper hummus, hard-boiled egg*, mushrooms, feta cheese, spring mix, tomato, peppers, onions, choice of side

DESSERTS

Chocolate Lava Cake \$6.00 450 cal

Pineapple Upside Down Cake \$6.00 530 cal

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5:00PM to 10:00PM 7 DAYS A WEEK