

## LESS WAITING MORE DOING





### NIBBLES

£6.00

Melted cheese, sour cream, guacamole, salsa and Jalapeños. (745 kcal)

Add pulled pork for £1.50 (837 kcal)

**○ CRISPY MOZZARELLA FRIES** £6.00

Served with mango vogurt, (687 kcal)

**V** SPICY VEGETABLE PAKORAS £6.00 Served with mango chutney. (258 kcal)

**HOT BUFFALO WINGS** £6.00

Served with a soured cream dip. (172 kcal per 100g)

£6.00

FIESTA CHICKEN TENDERS Served with a sweet chilli dip. (578 kcal)

MEATBALLS £6.00

Served in a tomato sauce. (418 kcal)

### SWEET INDUIGENCE

**○ V** JUDE'S ICE CREAM Choose from Strawberry, Vegan Chocolate, Vanilla or Salted Caramel. (113 kcal) VEA Vegan option available

**69** STICKY TOFFEE PUDDING £6.00 With custard or ice cream. (607 kcal)

**MAPPLE TART** £6.00 With yegan or original custard, (493 kcal)

SALTED CARAMEL BROWNIE £6.00 Served with ice cream. (579 kcal)

COOKIE AND CREAM CHEESECAKE £6.00 (481 kcal)

CHOCOLATE FONDANT £6.00 With custard or ice cream. (562 kcal)

## RUSH HOUR

(S) PANINIS

V Cheese and Red Onion (694 kcal)

V Tomato, Pesto and Mozzarella (694 kcal)

**◎** HAM & CHEESE TOASTIE

**OV** FOUR CHEESE & ONION TOASTIE

# CLASSICS

**TODAYS SOUP** 

STEAK AND ALE PIE

**V** MAC N CHEESE

LOADED MAC'N'CHEESE

V VEGETARIAN LASAGNE

BEEF LASAGNE

BAKED JACKET POTATO (242 kcal) £6.50

## -WHEN HUNGER **STRIKES**



£14.00

### BOWIS

CHICKEN MAKHANI

£12 50

£12.00

£12.00

Marinated chicken in a rich curry sauce. rice and naan bread. (1067 kcal)

**CHILLI CON CARNE** 

£12.50

Basmati rice, tortilla chips and sour cream. (673 kcal)

SRI LANKAN VEGETABLE CURRY £12.00

Served with rice and mezzaluna bread. (1179 kcal)

**♥ SINGAPORE VEGETABLE NOODLES** £12.00

Served with poppadom and chilli sauce. (490 kcal) Contains nuts.

CHICKPEA. SWEET POTATO & SPINACH CURRY

Served with rice and mezzaluna bread. (861 kcal)

CAESAR SALAD

With crispy chicken. (1032 kcals)

### PIZZA & BURGERS

£13.00

O PEPPERONI PIZZA (1698 kcal) £13.00

(S) HAWAIIAN PIZZA (1185 kcal) £13.00 (National Property of the Control of £14.00

() V VEGGIE PIZZA (998 kcal) £13.00

**BUILD YOUR OWN** 

Create your own pizza by selecting any three toppings to be added to your tomato base.

**EXTRA TOPPINGS** £2.00 EACH

Chicken / ham / pepperoni / bacon

Tomato / pepper / onion / mushroom / olives

PIZZA COMBO £16.00

Pizza, wedges and soft drink\*

**BACON & CHEESE BURGER** £13.50

Served with fries and coleslaw. (1451 kcal)

**W** BEYOND VEGAN BURGER £13.50 Served with fries, vegan cheese and salsa. (1181 kcals)

**CHICKEN BURGER** £13.50

Served with fries and coleslaw. (1186 kcal)

\*Soft drink: Pepsi / Pepsi Max / Diet Pepsi / Lemonade / Still or Sparkling Water

# EXTRA

### SIDES

(S) (V) GF SKIN-ON FRIES (238 kcal)

S V GF SWEET POTATO FRIES (200 kcal) £3.00

(S) V GARLIC BREAD - 3 SLICES (331 kcal) £3.00

(S) we MIXED SALAD

WITH DRESSING (163 kcal)

O V ONION RINGS (204 kcal)

(S) V GF COLESLAW (152 kcal)

### **EXPRESS** CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. ANYTIME.

### **GOT TO BE SOMEWHERE?**

We can package your food to go

V Suitable for vegetarians ve Suitable for vegans VEA Vegan option available S Available 24 hours per day GF Gluten Free GFA Gluten Free option available <500 Under 500 kcal **FOOD ALLERGIES & INTOLERANCES:** 

We welcome enquiries from our guests who wish to know whether any items contain particular ingredients.



