

FEELING PECKISH?

NIBBLES

V **S** **SELECTION OF CRISPS AND SNACKS** FROM £1.95
Available from the bar
VEA **GFA** Vegan and gluten free options available

GF **V** **LOADED NACHOS** £6.50

Melted cheese, sour cream, guacamole, jalapeños and salsa (704 kcal)
Add pulled pork for £2.50 (147 kcal)

GF **VE** **VEGAN LOADED NACHOS** £6.50

Melted vegan cheese, guacamole, jalapeños and salsa (635kcal)

V **CRISPY HALLOUMI FRIES** £7.50

Drizzled with currywurst ketchup (675kcal)

VE **BEETROOT FALAFEL** £7.50

With houmous and flatbread (521 kcal)

CRISPY HOT CHICKEN WINGS £7.50

Served with sour cream (736 kcal)

VE **CRISPY JACKFRUIT WINGS** £7.50

Served with tomato salsa (164 kcal)

SWEET INDULGENCE

GF **JUDE'S ICE CREAM** £4.50

Please ask for today's flavours (Ask for kcal)

VEA Vegan option available

V **GF** **STICKY TOFFEE PUDDING** £6.50

Custard or ice cream (550kcal)

VE **APPLE PIE** £6.50

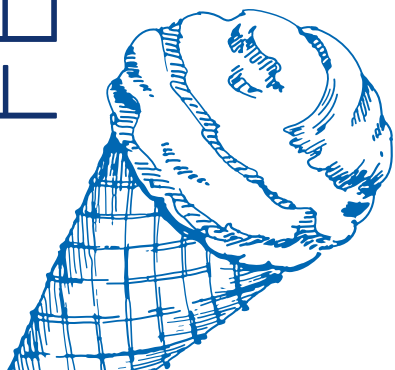
Custard or ice cream. (317kcal)

V **SALTED CARAMEL BROWNIE** £6.50

Served with vanilla ice cream. (505 kcal)

V **CARAMEL MINI CHURROS** £6.50

Served with vanilla ice cream. (226 kcal)



RUSH HOUR

ALL-DAY BREAKFAST ROLL £7.95

Brioche bun filled with crispy bacon, omelette and cheese (688 kcal)

ITALIAN TWIST £7.95

Oven baked Italian twist, choose from:

V Margherita (427 kcal)

Pepperoni (441 kcal)

CAFÉ CLASSICS

V **TODAY'S SOUP** £7.50

Ask for today's flavour, served with rustic bread and butter (348 kcal)

V **LOADED MAC'N'CHEESE** £13.50

Topped with crispy onions and garlic doughballs (854 kcal)
Add chicken (345 kcal) or pepperoni (217 kcal) for £1.50

TRADITIONAL BEEF LASAGNE £13.50

Served with a house salad (494 kcal)

V **VEGETABLE LASAGNE** £13.50

Served with a house salad (419 kcal)

CHICKEN, HAM & LEEK PIE £14.95

Mashed potatoes, green vegetables and gravy (1106 kcal)

Adults need around 2000 kcal a day.

WHEN HUNGER STRIKES



BOWLS

CHICKEN MAKHANI £15.95

Marinated chicken in a rich curry sauce, basmati rice, mango yogurt and naan bread (1285 kcal)

GFA Gluten free option available

VE **BUTTERNUT SQUASH CURRY** £15.95

Delicately spiced vegan curry, basmati rice, mango chutney and naan bread (907kcal)

GFA Gluten free option available

CHILLI CON CARNE £13.50

Basmati rice, tortilla chips and soured cream (693 kcal)

V **<500 SINGAPORE NOODLES** £12.50

Egg noodles with stir-fried vegetables. (351 kcal)

KIDS

V **CHEESE & TOMATO PIZZA** (476 kcal) £5.00

Add pizza toppings for £1.25 each
extra cheese **V** (80 kcal), pepperoni (109 kcal), ham (25 kcal), mixed peppers **VE** (7 kcal), red onion **VE** (9 kcal), mushrooms **VE** (6 kcal), chicken (31kcal), sweetcorn **VE** (24 kcal)

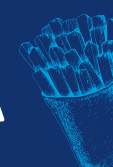
CHICKEN NUGGETS £6.00

Served with baked beans and mini potato waffles (486 kcal)

FISH FINGERS £6.00

Served with baked beans and mini potato waffles (413 kcal)

A LITTLE EXTRA



SIDES

V **GF** **CHEESY DOUGH BALLS** (178 kcal) £5.00

VE **GF** **MIXED SALAD** (54 kcal) £4.00

VE **GF** **GREEN VEGETABLES** (110 kcal) £4.00

PIZZA & BURGERS

V **MARGHERITA PIZZA** £12.00

Stonebaked pizza base with tomato sauce and mozzarella (1067 kcal)

VE **VEGAN MARGHERITA PIZZA** £12.00

Stonebaked pizza base with tomato sauce and vegan cheese (926 kcal)

GF Add pizza toppings for £2.50 each
extra cheese **V** (159 kcal), pepperoni (217 kcal), extra vegan cheese **VE** (159 kcal), ham (49 kcal), mixed peppers **VE** (14 kcal), anchovies (44 kcal), red onion **VE** (18 kcal), jalapeños **VE** (6 kcal), mushrooms **VE** (11 kcal), chicken (61kcal), sweetcorn **VE** (48 kcal)

ALL AMERICAN BURGER £14.95

6oz beef burger topped with bacon and cheese in a brioche bun with relish, pickles, lettuce and tomato. Served with fries. (1370 kcal)
Add pulled pork for £2.50 (147 kcal)

BUTTERMILK CHICKEN BURGER £14.95

Crispy buttermilk breaded chicken breast topped with pulled pork and cheese in a brioche bun with relish, pickles, lettuce and tomato. Served with fries. (1242 kcal)

VE **SPINACH AND FALAFEL BURGER** £14.95

Spinach and falafel burger topped with crispy onions in a brioche bun with relish, pickles, lettuce and tomato. Served with fries. (997 kcal)

EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

GOT TO BE SOMEWHERE?

We can package your food to go



V Suitable for vegetarians **VE** Suitable for vegans

VEA Vegan option available **S** Available 24 hours per day

GF Gluten Free **GFA** Gluten Free option available **<500** Under 500 kcal
If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Burger and grill weights are before cooking. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen free due to the potential of cross-contamination. Prices include VAT.

Adults need around 2000 kcal a day.