



LESS
WAITING
MORE
DOING



EXPRESS CAFÉ & BAR

FEELING PECKISH?



NIBBLES

V GF LOADED NACHOS £9.95

Melted cheese, guacamole, salsa, soured cream, jalapenos. (690 kcal)

VEA Vegan option available

V CRISPY MOZZARELLA FRIES £6.95

Topped with mango yogurt. (548 kcal)

HOUMOUS AND OLIVES £7.95

With a warm mezzaluna bread. (529 kcal)

GFA Gluten free option available

CHICKEN TENDERS £9.95

Crispy chicken strips with BBQ Sauce. (578 kcal)

VE BEETROOT FALAFELS AND HOUMOUS £7.95

With a warm mezzaluna bread. (559 kcal)

GFA Gluten free option available

ANTIPASTI MEATS £10.95

Rustic baguette & olives. (468 kcal)

GFA Gluten free option available

TO SHARE

ITALIAN PLATTER £11.95

A selection of Italian meats, mozzarella, marinated olives, rustic baguette and house salad. (698 kcal)

GFA Gluten free option available

VE MEZZE PLATTER £10.95

Beetroot falafel, houmous, marinated olives, warm mezzaluna bread and spiced quinoa and bean salad. (907 kcal)

GFA Gluten free option available

SWEET INDULGENCE

V ICE CREAM £6.95

Please ask for today's flavours. (133 kcal)

V BANANA STICKY TOFFEE PUDDING £6.95

Custard or Ice cream. (320 kcal)

S HAZELNUT MINI DOUGHNUTS £6.95

(385 kcal)

VEA Vegan option available

CHOCOLATE BROWNIE £6.95

(579 kcal)

RUSH HOUR

CHICKEN CAESAR WRAP £10.95

Crispy chicken, crisp lettuce and mayo served in a naan wrap. (633 kcal)

V BHAJI WRAP £10.95

Onion bhajis, cucumber, mango yogurt and crisp lettuce. (480 kcal)

S V ITALIAN TWIST £9.95

Oven baked Italian twist, choose from:

V Margherita (381 kcal)

Pepperoni (395 kcal)

CAFÉ CLASSICS

S VE TODAY'S SOUP £6.95

Ask for today's flavour, served with rustic baguette. (227 kcal)

GFA Gluten free option available

LOADED MAC'N'CHEESE £11.95

Topped with crispy chicken and onions served with garlic dough balls. (961 kcal)

V Vegetarian option available

TRADITIONAL BEEF LASAGNE £12.95

Served with a house salad. (628 kcal)

BANGERS AND MASH £13.95

Cumberland sausages, mash potato, peas and gravy. (624 kcal)

CHICKEN AND HAM ESCALOPE £14.95

Breaded chicken escalope topped with ham and cheese. Skin-on fries and house slaw. (980 kcal)

V VEGETABLE LASAGNE £12.95

Served with house salad. (582 kcal)

WHEN HUNGER STRIKES



PIZZA & BURGERS

S V MARGHERITA PIZZA £12.95

Stonebaked pizza base with a garlic and herb tomato sauce and mozzarella. (905 kcals)

S SPICY SALAMI PIZZA £12.95

Stonebaked pizza base with a garlic and herb tomato sauce, spicy salami and mozzarella. (934 kcals)

S BBQ CHICKEN PIZZA £12.95

Stonebaked pizza base with a tomato and smokey BBQ sauce, marinated chicken, red onion and mozzarella. (967 kcal)

ALL AMERICAN BURGER £12.95

6oz beef burger topped with bacon & cheese in a brioche bun loaded with relish, pickles, lettuce and tomato. Served with skin-on fries. (1025 kcals)

DIRTY BURGER £14.95

6oz beef burger topped with chilli beef & cheese in a brioche bun loaded with relish, pickles, lettuce and tomato. Served with skin-on fries. (975 kcals)

CRISPY CHICKEN BURGER £12.95

Crispy buttermilk breaded chicken breast topped with bacon & cheese in a brioche bun loaded with relish, pickles, lettuce and tomato. Served with skin-on fries. (1018 kcals)

VE GF EXTRA-VEGAN-ZA BURGER £12.95

Beyond meat burger topped with hash brown, vegan cheese and relish. Served with skin-on fries. (752 kcals)

BOWLS

CHICKEN MAKHANI £13.95

Marinated chicken in a rich curry sauce, basmati rice, chilli mango yogurt and a warm naan bread. (987 kcals)

GFA Gluten free option available

VE CHICKPEA, SWEET POTATO AND SPINACH CURRY £13.95

Delicately spiced vegan curry, basmati rice, mango chutney and a warm naan bread. (861 kcals)

GFA Gluten free option available

GF CHILLI CON CARNE £13.95

Served with basmati rice, tortilla chips and soured cream. (673 kcals)

V <500 SINGAPORE NOODLES £13.95

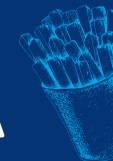
Egg noodles with stir-fried vegetables. (490 kcals)

VE <500 CAESAR SALAD £10.95

With or without chicken strips. (493 kcals)

VEA Vegan option available

A LITTLE EXTRA



SIDES

VE GF CHIPS (278 kcals) £4.95

V GARLIC DOUGH BALLS (214 kcals) £5.95

VE GF HOUSE SALAD (123 kcals) £4.95

GF GREEN VEG (63 kcals) £4.95

VE GF HOUSE SLAW (143 kcals) £4.95

VE ONION BHAJIS (244 kcals) £4.95

EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

GOT TO BE SOMEWHERE?

We can package your food to go

V Suitable for vegetarians **VE** Suitable for vegans

VEA Vegan option available **S** Available 24 hours per day

GF Gluten Free **GFA** Gluten Free option available

<500 Under 500 kcal

FOOD ALLERGIES & INTOLERANCES:

We welcome enquiries from our guests who wish to know whether any items contain particular ingredients.

Adults need around 2000 kcal a day.

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