

# FEELING PECKISH?

## NIBBLES

- V LOADED NACHOS** £9.50  
With melted cheese, guacamole, salsa, soured cream and jalapenos. (450kcal)  
Add: Pulled pork (650kcal) +£3.00
- V FRESHLY PREPARED SOUP OF THE DAY** £8.00  
Served with bread roll. (320 kcal)
- ve LEVANTINE FALAFEL PLATTER** £7.95  
Crispy Falafels with creamy houmous & warm pitta. (410 kcal)
- LIGHTLY DUSTED CALAMARI** £8.50  
Served with tartare sauce. (250 kcal)
- MIDDLE EASTERN-STYLE GRILLED CHICKEN KEBAB** £8.50  
Served with cucumber yoghurt sauce. (350 kcal)

## HOT WINGS

### CHOOSE FROM: BBQ OR PERI PERI

- 5 pieces (298kcal) £6.50
  - 12 pieces (715kcal) £12.50
- Served with sweet chilli sauce.

## TO SHARE

- MEZZE PLATTER** £20.00  
Middle Eastern-style grilled chicken kebab, houmous, marinated olives, feta cheese, warm mezzaluna bread & house salad. (1082 kcal)  
**V** Vegetarian option available on request
- EXPRESS PLATTER** £21.00  
Middle Eastern-style grilled chicken kebab, lightly dusted calamari, house salad, mezzaluna bread, onion rings & crunchy coleslaw. (1200 kcal)  
**V** Vegetarian option available on request

## SWEET INDULGENCE

- V JUDE'S ICE CREAM POT** (125kcal) Ⓢ £4.50  
Please ask for today's flavours.  
**ve** Vegan option available on request
- STICKY TOFFEE PUDDING** £6.50  
Served with vanilla ice-cream. (570kcal)
- V NEW YORK-STYLE CHEESECAKE** £7.50  
Served with vanilla ice-cream. (450kcal)
- HOT CHOCOLATE FUDGE CAKE** £6.50  
Served with vanilla ice cream. (555kcal)

## Café Classics

- SIRLOIN STEAK (8OZ)** £24.95  
Cooked to your liking, served with chips, salad, roast tomato & garlic-thyme mushroom jus. (1030 kcal)
- TRADITIONAL BEEF LASAGNE** £14.00  
Served with garlic bread and house salad. (790kcal)
- CHICKEN MAKHANI CURRY** £15.50  
Served with rice, poppadom, mango chutney & warm naan bread. (900 kcal)
- ve VEGAN PENANG CURRY** £14.00  
Served with rice, poppadom, mango chutney & warm naan bread. (650 kcal)
- PAN-FRIED CHICKEN FILLET** £15.50  
With ratatouille & creamy mashed potato. (690 kcal)
- HOMEMADE BATTERED FISH** £15.50  
Served with fries, garden peas and tartar sauce. (780kcal)
- PAN FRIED SALMON** £18.50  
With mashed potato, tenderstem broccoli & creamy white wine sauce. (620 kcal)
- V MUSHROOM, DOLCELATTE & TENDERSTEM BROCCOLI RISOTTO** £14.00  
Served with garlic bread. (660kcal)
- CHICKEN CHOW MEIN** £14.50  
Egg noodles with stir-fried vegetables & chicken. (550 kcal)
- CHICKEN KYIV** £14.50  
Served with crunchy coleslaw & sweet potato fries. (620 kcal)

*Gluten free food is available on request*

All dishes may contain allergens.  
Please ask staff if you have any dietary requirements.  
Calories are approximate per portion.

# WHEN HUNGER STRIKES



## SALADS

- V <500 GREEK SALAD WITH SMOKY LEMON HERB CHICKEN** (450kcal) £13.00
  - AVOCADO, CHERRY TOMATO & GRILLED SALMON SALAD** (620kcal) £14.50
  - V <500 GARDEN SALAD** (120kcal) £8.50  
Add: Crispy chicken (450kcal) +£4.50
  - CAESAR SALAD:** Baby gem leaves in caesar dressing, crispy croutons, and Italian cheese shavings. £8.50  
Add: Crispy chicken (450kcal) +£4.50
- Salad dressing:** Choose from Caesar dressing, honey mustard or extra virgin olive oil.

## KIDS MEALS

- CRISPY CHICKEN BURGER WITH CHIPS** (550kcal) £6.50
- MAC & CHEESE** (250kcal) £6.50
- CRISPY FISH GOUJONS WITH CHIPS** (495 kcal) £6.50

## PIZZA & BURGERS

- V MARGHERITA:** Stonebaked pizza base with a garlic & herb tomato sauce and mozzarella. (962kcal) Ⓢ £14.50
  - SALAMI:** Stonebaked pizza base with a garlic & herb tomato sauce, spicy salami and mozzarella. (1018kcal) Ⓢ £14.50
  - BBQ CHICKEN:** Stonebaked pizza base with a tomato & smoky BBQ sauce, marinated chicken, red onion and mozzarella. (997kcal) Ⓢ £14.50
  - ALL-AMERICAN BURGER** £15.50  
6oz beef burger topped with bacon & cheese in a brioche bun loaded with relish, red onion, lettuce and tomato. Served with chips. (1045kcal)
- GFA** Gluten free option available on request
- SMOKY PAPRIKA & LEMON HERB CHICKEN BURGER** £15.00  
Topped with cheese in a brioche bun, salsa, red onion, lettuce & tomato. Served with chips. (980 kcal)
  - ve BEYOND MEAT STEAK BURGER** £14.00  
Plant-based Beyond patty with lettuce, tomato & cheese in a toasted brioche bun. (880 kcal)

## A LITTLE EXTRA

### SIDES

- V CHEESY GARLIC BREAD** (380kcal) £5.50
- V ONION RING** (360kcal) £5.50
- V CHIPS** (300kcal) £5.00
- V POTATO WEDGES** (346kcal) £5.50
- V GREEN VEGETABLES** (95kcal) £4.50
- V CRUNCHY COLESLAW** (335kcal) £5.00
- V HALLOUMI FRIES** (400kcal) £7.50
- ve VEGAN NUGGETS** (280kcal) £5.50

## EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

### GOT TO BE SOMEWHERE?

We can package your food to go. Limited option only.

- V** Suitable for vegetarians **ve** Suitable for vegans
- Ⓢ** Available 24 hours **vea** Vegan option available
- GF** Gluten Free **GFA** Gluten Free option available
- <500** Under 500 kcal

### FOOD ALLERGIES & INTOLERANCES:

We welcome enquiries from our guests who wish to know whether any items contain particular ingredients.  
Adults need around 2000 kcal a day.

