



FOOD & DRINKS

# THE PERFECT PARTNERSHIP ALL DAY DINIG

#### EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. ANYTIME.

# PECKISHY

# <u>5</u>



#### NIBBLES

FIESTA CHICKEN TENDERS	£8.75
Crispy chicken strips with	
firecracker sauce. (627 kcal)	

**V LOADED FRIES** £5.50 Loaded fries with cheese sauce, jalapeño,

and garlic mayo. (414 kcal)

Add pulled pork for £3.50 (147 kcal)

MOZZARELLA FRIES £8.50

Melting cheese and crusty bread, served with salsa. (475 kcal)

**HOT & SPICY CHICKEN WINGS** £6.95

Chicken wings in a crispy hot & spicy coating served with bbg sauce. (572 kcal)

**LEMON SOURDOUGH FISH GOUJONS** £8.95 Fish goujons in sourdough breadcrumb with lemon

Fish goujons in sourdough breadcrumb with lemoi profile served with tartare sauce. (387 kcal)

**▼ CRISPY VEGETABLE SPRING ROLLS** £6.00 Served with sriracha hot sauce. (547 kcal)

#### TO SHARE

#### MEZZE PLATTER £14.95

Chicken kebabs, houmous, marinated olives, warm naan bread and house salad. (759 kcal) Add extra naan bread for £1 (95 kcal)

○ V LOADED NACHOS

£8.95

Topped with melted cheese, fried onion, sour cream, guacamole and spicy tomato salsa. (874 kcal)

Add Jalapeños for £1 (17 kcal)

Add pulled pork for £3.50 (147 kcal)

COMBO PLATTER

Fiesta chicken tenders (4), mozzarella fries (4), onion rings (4), chips served with firecracker sauce. (1559 kcal)

#### SWEET INDULGENCE

JUDE'S ICE CREAM £5.50
Vanilla ice cream (142 kcal) or

vanilla ice cream (142 kcal) or salted caramel ice cream. (130 kcal)

STICKY TOFFEE PUDDING £8.95

Served with custard. (620 kcal)

**CARAMEL FILLED MINI CHURROS** £6.95

With chocolate hazelnut spread. (433 kcal)

Add vanilla ice cream £1 (115 kcal)

#### ROCKY ROAD CHOCOLATE

**CHEESECAKE** £8.25 Topped with layers of chocolate & vanilla flavour cheesecake. Decorated with brownie cubes.

white & caramel chocolate curls. (446 kcal) **Add vanilla ice cream £1** (115 kcal)

# RUSH

**♦ HAM AND CHEESE TOASTIE** £11.95

Served with crushed tortilla chips and salad. (536 kcal)

S V FOUR CHEESE AND ONION TOASTIE

Served with crushed tortilla chips and salad. (677kcal)

S BBQ CHICKEN TOASTIE

Served with crushed tortilla chips and salad. (699kcal)

HOT DOG AND CHIPS

ND CHIPS

## **BAR** CLASSICS

#### **♥** TODAY'S SOUP

£8.95

Ask for today's flavour, served with rustic baguette and butter. (386kcal)

#### **V** CAESAR SALAD

£10.95

Green salad of Romaine with a highly seasoned dressing and garlic croutons. (419 kcal)

Add grilled chicken breast £3.50 (96 kcal)

**V W QUINOA KALE POWER SALAD** £12.50

Quinoa, kale, brown rice and edamame beans salad, served with houmous, marinated olives, warm naan bread. (550 kcal)

Add grilled chicken breast £3.50 (96 kcal)

#### STEAK PIE & CHIPS

£16.25

Steak & ale pie served with fries, green peas and gravy. (961 kcal)

#### FISH AND CHIPS

£17.25

Freshly battered fish, chips, mushy peas and tartar sauce. (1137 kcal)

#### SMOKY BBQ RACK OF PORK RIBS

£18.50

Full rack, served with fries and house coleslaw. (1627 kcal)

### WHEN HUNGER STRIKES



#### BOWIS

#### CHICKEN MAKHANI

£16.95

Marinated chicken in a rich curry sauce, basmati rice, top with the mango yoghurt and warm naan bread. (1129kcal)

#### LAMB ROGAN JOSH

£18.95

Basmati rice, Geeta's mango chutney and warm naan bread. (997 kcal)

#### BEEF BOURGUIGNON

£23.95

Diced cooked diced beef featherblade, cooked in a red wine sauce with mushrooms, onions and bacon, served with mashed potato and green mixed veg. (595kcal)

#### **V** SWEET POTATO, CHICKPEA AND SPINACH CURRY

£16.55

Delicately spiced vegan curry, basmati rice, Geeta's mango chutney and warm naan bread. (957 kcal)

#### KID'S MENU

FISH FINGERS AND CHIPS (664 kcal) £8.95

CHICKEN NUGGETS AND CHIPS (626 kcal) £7.95

CHILDREN'S PASTA BOLOGNAISE (480 kcal) £8.95

Served with garlic bread and tomato & cucumber.

KID'S BEEF BURGER AND CHIPS (607 kcal) £9.50

## A LITTLE EXTRA

#### SIDES £3.95

- **V CHIPS** (385 kcal)
- V GARLIC BREAD (410 kcal)
- V ONION RINGS (557 kcal)
- V HOUSE SALAD (64 kcal)
- W MIXED GREEN VEG (167 kcal)
- V COLESLAW (34 kcal)

V © QUINOA, KALE,
EDAMAME BEANS BOWL (199 kcal)

#### **CONDIMENTS** £0.75

BBQ Sauce (23kcal) | Firecracker Sauce (35kcal) Garlic Mayo (13kcal) | Sriracha Hot Sauce (34kcal) Sweet Chilli Sauce (53kcal)

#### PIZZA & BURGERS

**♦ FOUR CHEESE PIZZA** (1489 kcal) £16.50

OPEPPERONI PIZZA (1676 kcal) £16.95

() CHICKEN AND BACON PIZZA (1200 kcal) £17.95

BEEF BURGER £16.50

Beef burger served in brioche bun, lettuce, tomato and fries. (1142 kcal)

Add bacon (65 kcal) or cheese (83 kcal) for £1

#### CHICKEN BURGER

£16.95

Buttermilk crispy chicken served in brioche bun, lettuce, tomato, and fries. (894 kcal) Add bacon (65 kcal) or cheese (83 kcal) for £1

#### **♥ ©** FALAFEL AND SPINACH BURGER

Combination of spinach, onions, and chickpeas, with hints of chilli powder, black pepper and turmeric formed into a burger. Served with fries. (654 kcal)

#### **EXPRESS** CAFÉ & BAR

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#### GOT TO BE SOMEWHERE?

We can package your food to go

V Suitable for vegetarians

Ve Suitable for vegans

N Available 24 hours per day

\*Approximate weight before cooking CALORIES: Adults need around 2000 kcal per day. FOOD ALLERGENS AND INTOLERANCE: before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens. Menu descriptions may not include all ingredients and alcohol may be present in some dishes. Prices include VAT.