

FEELING PECKISH?

NIBBLES

SELECTION OF CRISPS AND SNACKS

Available from the bar.

GF **LOADED NACHOS** £6.00

Melted cheese, sour cream, guacamole and salsa. (690 kcal)

Add pulled pork (837kcal) for £2.00

VEA Vegan option available

WHEN HUNGER STRIKES

BOWLS

CHICKEN MAKHANI £13.00

Marinated chicken in a rich curry sauce, basmati rice, mango yogurt and naan bread. (987 kcals)

GFA Gluten free option available

Ve **<500** **SINGAPORE NOODLES** £13.00

Egg noodles with stir-fried vegetables. (490 kcals)

PIZZA & BURGERS

V **M** **MARGHERITA PIZZA** £14.00

Stonebaked pizza base with a garlic and herb tomato sauce and mozzarella (905 kcals)

M **SPICY SALAMI PIZZA** £14.00

Stonebaked pizza base with a garlic and herb tomato sauce, spicy salami and mozzarella (967 kcals)

ALL AMERICAN BURGER £14.00

6oz beef burger topped with bacon and cheese in a brioche bun with relish, pickles, lettuce and tomato. Served with skin-on-fries. (1025 kcals)



RUSH HOUR

V **M** **TODAY'S SOUP** £7.00

Ask for today's flavour, served with rustic bread and butter. (227 kcal)

GFA Gluten free option available

V **ITALIAN TWIST** £7.00

Oven baked Italian twist, choose from:

V Margharita (381 kcal)

Pepperoni (395 kcal)

SWEET INDULGENCE

M **JUDE'S ICE CREAM** £4.00

Please ask for today's flavours. (133 kcal)

VEA Vegan option available



EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

GOT TO BE SOMEWHERE?

We can package your food to go

V Suitable for vegetarians **VE** Suitable for vegans
VEA Vegan option available **M** Available 24 hours per day

GF Gluten Free **GFA** Gluten Free option available

<500 Under 500 kcal

FOOD ALLERGIES & INTOLERANCES:

We welcome enquiries from our guests who wish to know whether any items contain particular ingredients.

Adults need around 2000 kcal a day.

QUENCH YOUR THIRST

SOFT DRINKS

COCA COLA 330ml (142 kcal)	£4.00
COKE ZERO 330ml (1 kcal)	£4.00
FEVERTREE LEMONADE 200ml (70 kcal)	£3.50
FEVERTREE TONIC 200ml (72 kcal)	£3.50
FANTA ORANGE 330ml (99 kcal)	£4.00
RED BULL 250ml (112 kcal)	£4.00
FRUIT JUICE 200ml (40 kcal)	£2.50

Orange, Apple, Pineapple

SPIRITS & APERITIF

All spirits are 25ml unless otherwise stated

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TURNCOAT LONDON DRY	£4.00
TURNCOAT PINK	£4.25
TURNCOAT SICILIAN LEMON	£4.00
SLINGSBY RHUBARB	£4.50

VODKA

ABSOLUT	£4.00
ABSOLUT CITRON	£4.00

WHISKY

BALVENIE 12YR	£4.00
JAMESONS	£4.00
CHIVAS REGAL 12YR	£4.00

BRANDY

MARTELL VS	£3.75
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RUM

LOST DOCK WHITE RUM	£4.00
LOST DOCK NAVY RUM	£4.25
LOST DOCK SPICED RUM	£4.25

TEQUILA

OLMECO BLANCO	£4.50
OLMECO REPOSADO	£4.50

BOURBON

JIM BEAM	£4.00
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LIQUORS

BAILEYS 50ml	£4.00
MR BLACKS	£4.00
APEROL	£4.00

WINE LIST

SPARKLING	125ml	Bottle	
GALANTI PROSECCO SPUMANTE EXTRA DRY	£5.50	£33.00	
BOTTEGA SPARKLING 0% WHITE	£3.50	£20.00	
WHITE	175ml	250ml	Bottle
ANTONIO RUBINI PINOT GRIGIO : 2016	£6.00	£9.00	£24.00
SHORT MILE BAY CHARDONNAY, AUSTRALIA	£6.00	£9.00	£24.00
LUIS FELIPE EDWARDS SAUVIGNON BLANC	£6.00	£9.00	£24.00
ROSÉ	175ml	250ml	Bottle
WICKED LADY WHITE ZINF ROSÉ, CALIFORNIA	£6.25	£9.50	£25.00
RED	175ml	250ml	Bottle
LOS ROMEROS, MERLOT	£6.00	£9.00	£24.00
SHORT MILE BAY, SHIRAZ	£6.00	£9.00	£24.00
PORTILLO MALBEC MENDOZA	£6.25	£9.50	£25.00

BEER & CIDER

DRAUGHT

STELLA UNFILTERED	£5.50
BECKS VIER	£5.00
ORCHARD PIG	£5.50

BOTTLED

BUDVAR 500ml	£4.95
ERDINGER WEISSBIER 500ml	£4.95
LEFFE BLONDE 330ml	£4.95
NEWCASTLE BROWN 550ml	£4.95
OLD MOUT CHERRIES 500ml	£4.95
OLD MOUT KIWI LIME 500ml	£4.95
LUCKY SAINT 330ml	£4.95

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