

自助早餐

BEVERAGE AREA

饮料区

现磨咖啡: **Fresh Ground Coffee**

特浓咖啡 **strong coffee**

卡布基诺 **Cappuccino**

美式咖啡 **Cafe Americano**

拿铁咖啡 **Cafe Latte**

现泡茶水: **Instant tea**

普洱茶 **Pu'er tea**

铁观音 **Tie Guanyin**

Salad bar

沙拉吧

混合田园蔬菜沙律 **Mixed garden vegetable salad**

樱桃番茄 **Cherry Tomato**

青瓜沙律 **Cucumber Salad**

彩椒圈 **Color Pepper Ring**

红腰豆 **Red Kidney Beans**

粟米粒 **Sweet Corn**

黑橄榄 **Black Olive**

面包粒 **Croutons**

芝士粉 **Cheese Powder**

烟肉碎 **Smashed**

千岛汁 **Thousand Island Dressing**

芝麻汁 **Sesame juice**

油醋汁 **Oil vinegar juice**

Healthy Cereals&Milk

健康麦片&牛奶

玉米片 **Corn flakes**

脆米粒 **Crispy rice**

葡萄干 **Raisins**

核桃仁 **Walnut kernel**

全指冷牛奶 **Whole finger cold milk**

全指热牛奶 **Whole finger hot milk**

原味酸奶 **Plain yogurt**

水果酸奶 **Fruit yoghurt**

热豆浆 **Hot soymilk**

Fruit&juice

水果&果汁

切片水果: **Sliced fruit**

西瓜 **watermelon**

哈密瓜 **cantaloup**

自选果汁: Self-selected juice

橙汁 Orange Juice

西柚汁 Grapefruit juice

HOT DISHES

热食区

Congee

粥类

皮蛋瘦肉粥 Lean Pork and Preserved Egg Congee

白粥 Plain Congee

豆腐脑 Jellied bean curd

Salted egg, pickled melon, pickled vegetable, peanut, scallion and chili oil

咸蛋 酱瓜 榨菜 花生 葱花 辣椒油

广东点心 Cantonese Dim Sum

奶香馒头 Steamed bun with milk

干蒸烧麦 Steamed wheat

奶黄包 Baozi Stuffed with Creamy Custard

蜜汁叉烧包 Baozi Stuffed with Honey BBQ Pork

健康杂粮 Healthy cereals

甜粟米 Sweet Corn

红心薯 sweet potato

中式热菜 Hot Dishes

炸春卷 Fried Spring rolls

油条 Deep-Fried Dough Sticks

扬州炒饭 Yangzhou fried rice

豉油皇炒河粉 Fried Rice Noodles with Three Shreds

酸辣土豆丝 sour and spicy shredded potatoes

鲜炒双菇肉丝 Fried Shredded Pork with Mushrooms

上汤菜心 Chinese cabbage in soup

煮鸡蛋 Boiled Egg

煎蛋 Fried Eggs

西式热菜 Western hot dishes

脆烟肉 Bacon

火腿片 Ham

早餐肠 Breakfast sausage

美式薯角 Hash Brown

茄汁豆 Baked Beans In Tomato Sauce

香煎鸡扒 Fried Chicken Steak

Breakfast Bread

早餐面包

全麦吐司 Whole-wheat toast

白吐司 White toast

牛角包 Croissant

鸡尾面包	Chicken tail bun
餐包	Multi-grain meal bag
抹茶瑞士卷	Matcha Swiss roll
原味黄油	Plain butter
橙味果酱	Orange Jam
草莓果酱	Strawberry Jam
蜜糖	Honey

NOODES SECTION

面档

早餐特色面	Lamian Noodles
米粉	Rice noodles
河粉	River flour
油麦菜	Lettuce
上海青	Shanghai Green
娃娃菜	Baby Cabbage
番茄蛋卤	Marinated tomato and egg
炸酱卤	Marinated sauce
各式煎蛋	Fried Eggs

各式小料: **Small materia**

培根 Bacon 火腿 Ham 番茄 Tomato 番茄酱 ketchup 辣椒仔 Chili seed

蚝油 Oyster Sauce 辣椒酱 Chilli Sauce 酱油 Soy Sauce 香醋 aromatic vinegar

香油 Sesame Oil 芫茜 Coriander 葱花 chopped green onion 花生 Fried peanuts

酸辣丁 Saucy diced 辣椒油 capsicol