

QUENCH YOUR THIRST

SOFT DRINKS

STILL OR SPARKLING WATER
(0 cal)

JUICE Orange (72cal), Apple (82cal)
or Cranberry (102cal) 300ml

COKE (84cal) **OR DIET COKE** (1cal) 300ml

LEMONADE (45cal) 300ml

TONIC WATER (44cal) / **SLIMLINE TONIC**
(4cal) / **BITTER LEMON** (85cal) 200ml

FANTA (45cal) 330ml

BEER & CIDER

BECKS BLUE ALCOHOL FREE
(39cal) (275ml)

PRAVHA (139cal) (330ml)

COBRA (132cal) (330ml)

CARLING (222cal) (Pint)

MADRI (235cal) (Pint)

CAFFREY'S (210cal) (Pint)

MAGNERS ORIGINAL (210cal) (568ml)

SPIRITS & APERITIF

GIN

Beefeater
Bombay
Sapphire

VODKA

Absolut
Wyborowa

WHISKY

Ballantine's
Jack Daniels

TEQUILA

Olmeca

RUM

Rum-Bar Silver

APERITIF

Aperol
Pimm's

All mixers

WINE LIST

SPARKLING

LANSON PÈRE ET FILS,
BRUT, FRANCE

VIA VAI PROSECCO, ITALY

WHITE

ANCIENS TEMPS BLANC,
VIN DE FRANCE

CARE BLANCO SOBRE
LIAS, SPAIN

PINOT GRIGIO,
VIA 23 NOVA, ITALY

RED

ANCIENS TEMPS ROUGE,
FRANCE

LANYA MERLOT, CHILE

VIDIGAL ARTOLAS RED,
PORTUGAL

ROSÉ

PINOT GRIGIO ROSE
VENEZIE 21 START, ITALY



LESS
WAITING
MORE
DOING



EXPRESS CAFÉ & BAR



NIBBLES

<500 TEMPURA PRAWNS

Served with sweet chilli sauce (129cal)

VE <500 24hrs VEGAN HOT WINGS

Buffalo dippers served with salsa (365cal)

24hrs FIESTA CHICKEN TENDERS

Crispy chicken tenders served with cheese sauce, tortilla chips and a drizzle of spiced mayonnaise (873cal)

V LOADED NACHOS

Cheese sauce, guacamole, salsa, cream and jalapenos (994cal)

KIDS

CHICKEN NUGGETS AND CHIPS

(692cal)

FISH GOUJONS AND CHIPS

(559cal)

V PENNE PASTA WITH TOMATO AND MASCARPONE SAUCE (947cal)

SWEET INDULGENCE

V <500 24hrs JUDE'S ICE CREAM

TUB 100ML (215cal)

Ask for today's flavour

V <500 24hrs NEW YORK CHEESECAKE

(485cal)

V <500 CHURROS

With chocolate sauce (385cal)

VE V <500 FRUIT SALAD

(73cal)

STICKY TOFFEE PUDDING

With vanilla ice cream (140cal)

RUSH HOUR

<500 24hrs HAM AND CHEESE PANINI

Slices of ham and cheese in ciabatta bread (487cal)

HOUSE CAESAR SALAD

Romaine lettuce, tossed with Caesar dressing, parmesan cheese and croutons (690cal)

GFA Gluten free option available

OVEN BAKED ITALIAN TWIST

Choose from:

V <500 Margherita (283cal)

<500 Pepperoni (290cal)

CAFÉ CLASSICS

V 24hrs TODAY'S SOUP

Served with a rustic bread roll and butter (346cal)

GFA Gluten free option available

FISH AND CHIPS

Golden fried fish with peas, tartar sauce and chunky chips (2051cal)

STEAK AND ALE PIE

Slow cooked beef in aromatic herbs served with mashed potato and vegetables (884cal)

CHICKEN NEW YORKER

Grilled chicken topped with bacon, BBQ sauce, cheddar cheese and chunky chips (966cal)

V VEGETARIAN LASAGNE

Pasta filled with a rich tomato & roasted vegetable sauce topped with a cheese and drizzle of pesto sauce (762cal)

WHEN HUNGER STRIKES



PIZZA & BURGERS

V 24hrs MARGHERITA PIZZA

Stone baked pizza base with a garlic and herb tomato sauce and mozzarella cheese (1045cal)

24hrs PEPPERONI PIZZA

Stone baked pizza base with a garlic and herb tomato sauce, pepperoni and mozzarella cheese (1742cal)

MAHARAJA PIZZA

Stone baked pizza base with a garlic and herb tomato sauce, mozzarella cheese, bell pepper, onion, chicken tikka and chillies (1091cal)

CHEESEBURGER 8oz

Brioche bun with two 4oz beef patty, topped with bacon and cheese, relish, pickles, lettuce and tomato. Served with chunky chips (1180cal)

KATSU BURGER

Chicken escalope served in brioche bun with lettuce, tomato, spiced mayonnaise, and chunky chips (1067cal)

VE VEGAN BURGER

Spinach falafel served in vegan brioche bun with lettuce, tomato, vegan mayonnaise and chunky chips (1236cal)

BOWLS

CHICKEN MAKHANI

Tender morsels of chicken tikka cooked in aromatic gravy served with naan, rice and poppadums (1683cal)

GFA Gluten free option available

V 24hrs CHICKPEA, SWEET POTATO AND SPINACH CURRY

Served with naan, rice and poppadums (1141cal)

GFA Gluten free option available

V SINGAPORE VEGETABLE NOODLES

Stir fry egg noodles with ginger, garlic, chilli, soya and vegetables (872cal)

CHICKEN CAESAR SALAD

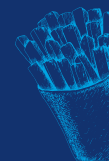
Romaine lettuce, Caesar dressing, croutons, Parmesan cheese and grilled chicken (1747cal)

GFA Gluten free option available

FRIED RICE WITH CHILLI CHICKEN

Spicy and tangy chicken with chillies, garlic and peppers, served with egg fried rice (1271cal)

A LITTLE EXTRA



SIDES

V GARLIC BREAD SLICES (450cal)

V THICK CUT CHUNKY CHIPS (444cal)

V CRISPY BATTERED ONION RINGS (812cal)

ve 24hrs <500 MIXED SALAD (155cal)

ve V <500 GARLIC TOSSED BROCCOLI (116cal)

EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

GOT TO BE SOMEWHERE?

We can package your food to go

V Suitable for vegetarians VE Suitable for vegans

24hrs Available 24 hours <500 Under 500 kcal

GFA Gluten Free option available

FOOD ALLERGIES & INTOLERANCES:

We welcome enquiries from our guests who wish to know whether any items contain particular ingredients.

Adults need around 2250cal a day.

