

QUENCH YOUR  
**THIRST**

YOU'LL FIND

**A GREAT SELECTION  
OF BEERS, WINES  
AND SPIRITS**

AVAILABLE AT OUR BAR



LESS  
**WAITING**  
MORE  
**DOING**



**EXPRESS** CAFÉ & BAR

# FEELING PECKISH?



## NIBBLES

### V SELECTION OF CRISPS AND SNACKS

Available from the bar.

### V GF LOADED NACHOS £7.00

Melted Cheese, Sour Cream, Guacamole, Salsa and Jalapenos. (690 kcal)

Add pulled pork (837 kcal) for £2.00

### V <500 CRISPY HALLOUMI FRIES & CURRYWURST KETCHUP £5.95

(548 kcal)

### V BREADED MUSHROOMS £6.25

Buttermilk Ranch dressing. (603 kcal)

### CRISPY HOT WINGS £6.25

Battered chicken wings with buttermilk ranch dressing. (624 kcal)

## SWEET INDULGENCE

### JUDE'S ICE CREAM £4.50

Please ask for today's flavours. (133 kcal)

VEA Vegan option available

### GF STICKY TOFFEE PUDDING £5.50

Custard or ice cream. (500 kcal)

### APPLE TART £5.50

Custard or ice cream. (385 kcal)

### WARM CHOCOLATE BROWNIE £5.50

Ice cream. (579 kcal)

## CHILDREN'S MENU

Recommended as Suitable for kids aged 7 and under.

### PLEASE CHOOSE ANY MAIN COURSE AND TWO SIDES FOR £6.95

#### CHICKEN NUGGETS

#### FISH FINGERS

### V TOMATO & MASCARPONE PASTA

## SIDES

#### MINI POTATO WAFFLES

#### BAKED BEANS

#### CHUNKY CHIPS

#### GARDEN SALAD

#### GARLIC BREAD

# RUSH HOUR

### <500 HAM & CHEESE £7.95

TOASTIE (792 kcal)

### V ITALIAN TWIST £8.25

Oven baked Italian twist, choose from:

V Margherita (411 kcal)

Pepperoni (426 kcal)

# CAFÉ CLASSICS

### <500 TODAY'S SOUP £5.95

Ask for today's options.

Rustic bread and butter. (302 - 344 kcal)

V Vegetarian option available

### WHOLETAIL SCAMPI £14.50

Chips & peas. (591 kcal)

### LOADED MAC N CHEESE £12.95

Topped with pepperoni and crispy onions with garlic dough balls. (1043 kcal)

### TRADITIONAL BEEF LASAGNE £14.00

With salad. (628 kcal)

### V TRADITIONAL VEGETABLE LASAGNE £14.00

With salad. (582 kcal)

### STEAK & ALE PIE £14.95

Mash potato, peas & gravy. (682 kcal)

# WHEN HUNGER STRIKES



## PIZZA & BURGERS

### V MARGHERITA £13.50

Tomato sauce and mozzarella cheese. (905 kcal)

### SALAMI PIZZA £14.50

Tomato sauce, mozzarella cheese and salami. (968 kcal)

### BBQ CHICKEN PIZZA £14.50

Tomato and smoky BBQ sauce, mozzarella cheese, marinated chicken and red onions. (935 kcal)

### ALL AMERICAN BURGER £16.50

6oz beef burger in a brioche bun with salad and chips cheese & bacon. (1025 kcal)

### CRISPY CHICKEN BURGER £14.95

Crispy buttermilk breaded chicken breast in a brioche bun with salad and chip. (1018 kcal)

Add cheese (120 kcal) or bacon (90 kcal) for £1.00 each

### VE BEYOND MEAT PLANT BASED BURGER £14.95

Plant based burger in a brioche bun with salad salsa sauce and chips. (752 kcal)

## BOWLS

### CHICKEN MAKHANI £13.95

Marinated chicken in a rich curry sauce, basmati rice, Mango Chutney and Naan Bread. (987 kcal)

GF A Gluten free option available

### VE CHICKPEA, SWEET POTATO AND SPINACH CURRY £13.95

Delicately spiced vegan curry, basmati rice, mango chutney and naan bread. (861 kcal)

GF A Gluten free option available

### GF PULLED BEEF CHILLI CON CARNE £14.00

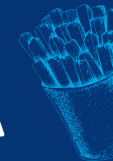
Basmati rice, nachos and sour cream. (673 kcal)

### V <500 SINGAPORE NOODLES £13.50

Egg noodles with stir-fried vegetables. (490 kcal)

Add chicken (522 kcal) for £1.50

# A LITTLE EXTRA



## SIDES

### V GARLIC DOUGH BALLS (215 kcal) £4.95

### V PORTION OF CHIPS (278 kcal) £3.95

### V BEER BATTERED ONION RINGS (255 kcal) £4.25

### V NAAN BREAD (158 kcal) £3.95

### V HOUSE SALAD (134 kcal) £3.95

## EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. ANYTIME.

### GOT TO BE SOMEWHERE?

We can package your food to go

V Suitable for vegetarians VE Suitable for vegans  
VEA Vegan option available Available 24 hours per day

GF Gluten Free GF A Gluten Free option available

<500 Under 500 kcal

### FOOD ALLERGIES & INTOLERANCES:

We welcome enquiries from our guests who wish to know whether any items contain particular ingredients.

Adults need around 2000 kcal a day.

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