

Express café
& Bar

Multi Cuisine Restaurant



REFRESHERS

07.00 pm to 11 pm

-  **Seasonal Fresh Fruit Juice** 175/-
Pomegranate / Apple / Orange / Watermelon
43 kcal (E) | 0.52g (P) | 0.16g (F) | 9.42g (C) / 100gms
-  **Amritsari Lassi (Sweet / Plain)** 160/-
A refreshing smooth blend of yoghurt
-   **Milk Shake** 190/-
A refreshing smooth blend of Milk along with flavors and Ice-cream

SALADS

Vegetarian

-   **Greek Salad** 200/-
A fresh and colorful mix of Mediterranean vegetables and Feta Cheese drizzled with a tangy Olive Oil & Herb Vinaigrette
130 kcal (E) | 6.4g (P) | 6.02g (F) | 11g (C) / 100 gms
-   **Sprouts & Herbs** 200/-
Fresh sprouts marinated in Herbs & Olives
120 kcal (E) | 5.4g (P) | 6.02g (F) | 11g (C) / 100 gms
-   **Pine & Waldrof Salad** 200/-
Fusion apple and walnut salad with pineapple mix
315 kcal (E) | 15.05g (P) | 31g (F) | 18.06g (C) / 100 gms

Non - Vegetarian






-   **Caesars salad** 295/-
(Choice of chicken tikka or grilled chicken)
A salad of Crunchy Iceberg Lettuce, Garlic croutons & Parmesan cheese tossed in creamy Caesar dressing
188 kcal (E) | 8.5g (P) | 8g (F) | 16g (C) / 100 gms
-   **Seafood Salad** 295/-
A combination of steamed seafood dressed with cocktail and served on bed of spinach.
275 kcal (E) | 16.7g (P) | 17g (F) | 13.4g (C) / 100 gms

SOUPS

Vegetarian

-   **Green Garden Vegetable Soup** 170/-
A cream soup infused with spinach and fresh green vegetables
79 kcal (E) | 1.64g (P) | 3g (F) | 11.47g (C) / 100gms
-   **Murungai Paruppu Charu** 170/-
A healthy soup made from drumstick & lentils with herbs
55 kcal (E) | 2.47g (P) | 1g (F) | 15.64g (C) / 100gms
-   **Asian Soup** 170/-
(Hot & Sour / Sweet Corn / Clear)
87 kcal (E) | 15.6g (P) | 4g (F) | 17.23g (C) / 100gms

Non Vegetarian

-    **Roasted Almond & Chicken Soup** 190/-
Cozy comforting chicken cream soup flavored with roasted almonds
87 kcal (E) | 15.6g (P) | 4g (F) | 17.23g (C) / 100gms
-    **Asian Soup (Chicken)** 190/-
(Hot & Sour / Sweet Corn / Clear)
71 kcal (E) | 4.48g (P) | 2g (F) | 8.12g (C) / 100gms

STARTERS

Vegetarian

-   **Stuffed Mushrooms** 295/-
Cheese & Jalapeno stuffed mushrooms with pickled vegetables & Mayo
85 kcal (E) | 2.4g (P) | 6g (F) | 7.88g (C) / 100gms
-    **Corn Pearl** 295/-
Crispy corn kernels tossed with Tri coloured capsicum & crushed black pepper
123 kcal (E) | 3.5g (P) | 6g (F) | 17.39g (C) / 100gms
-     **Chili Paneer / Mushroom / Cauliflower** 295/-
With onions & peppers tossed in traditional spicy Chinese sauce
256 kcal (E) | 4.8g (P) | 24g (F) | 5.75g (C) / 100gms
-   **Asian Dragon Rolls** 275/-
Deep Fried Veg filled pan cake rolls
436 kcal (E) | 1.6g (P) | 46g (F) | 5.59g (C) / 100gms



Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites



Indicates Vegetarian



Indicates Non-Vegetarian

Energy (E), Protein (P), Fat (F), Carbohydrates (C) - * All prices are INR (exclusive of taxes).

Non - Vegetarian

-  **British Fish & Chips**  400/-
An old English favorite fried battered fish with deep fried chips served with tartar sauce
245 kcal (E) | 10.68g (P) | 15g (F) 6.02g (C) / 100gsm
-  **Eral karuveppilai Varuval**  695/-
Dry roasted Prawns flavored with homemade spice paste of curry leaf
320 kcal (E) | 11.57g (P) | 16g (F) 7.01g (C) / 100gsm
-  **Chicken Lollypop**  345/-
An Indo-Chinese dish of chicken winglets, fried and glazed with a hot garlic sauce
215 kcal (E) | 11.57g (P) | 18g (F) 4.02g (C) / 100gsm
-  **KIMs Chicken**  385/-
Fried Supreme part of chicken tossed in spicy chinese garlic sauce
162 kcal (E) | 11.92g (P) | 11g (F) 6.86g (C) / 100gsm
-  **CIA**  385/-
Pan fried cornflake crumbed chicken breast served with specialty potatoes in bbq sauce
205 kcal (E) | 10.68g (P) | 15g (F) 5.02g (C) / 100gsm

SANDWICH & BURGER



-   **Make your own sandwich**  325
Plain / Grilled / Toasted
Tomato / English Cucumber / Glazed Onions / Cheese / Mushroom / Lettuce / Chicken
200 kcal (E) | 11.13g (P) | 11g (F) 18.22g (C) / 100gsm
-  **Veg club sandwich**  275/-
Plain / Toasted.
Lettuces, English Cucumber, Cheddar, Tomato And Slaw On Three Layers With Cheese
207 kcal (E) | 6.47g (P) | 9g (F) 25.54g (C) / 100gsm
-  **Chicken club sandwich**  325/-
Plain / Toasted.
Lettuces, English Cucumber, Cheddar, Tomato, Fried Egg and Chicken slaw on three layers with cheese
212 kcal (E) | 11.13g (P) | 11g (F) 18.22g (C) / 100gsm

-  **Delight Burger**  325/-
Chicken Pattie topped with cheddar and wedges
260 kcal (E) | 10.48g (P) | 13g (F) 25.68g (C) / 100gsm

FROM THE CLAY POT

(All tandoori dishes served with fresh mint chutney & mustard yogurt)

-  **Jhinga Nisha**  695/-
A very traditional succulent delightful prawns in a cashew nut and almond sauce
207 kcal (E) | 9.78g (P) | 16g (F) 6.02g (C) / 100gsm
-  **Machilli Tulasi Hara**  425/-
Char grilled cuts of fish marinated in basil & cashew.
203 kcal (E) | 9.68g (P) | 15g (F) 5.02g (C) / 100gsm
-  **Tandoori Chicken (Half)**  455/-
Breast and thigh of Chicken marinated in yoghurt and spices, skewered & roasted in the traditional Tandoor oven
-  **Murgh Malai Kebab**  400/-
Marinated in yoghurt, cream, cheese, saffron & various herbs, these irresistible, succulent and fragrant pieces of chicken is a definite melt in the mouth
180 kcal (E) | 17.51g (P) | 11g (F) 2.07g (C) / 100gsm
-  **Murgh Gullner Kebab**  400/-
Morsels of chicken marinated in curd, spices and Kashmiri chilli, char grilled in the traditional tandoor oven
181 kcal (E) | 17.97g (P) | 11g (F) 2.24g (C) / 100gsm
-  **Pahadi Murgh Kebab**  400/-
Morsels of chicken marinated in curd, spices and green marinade, char grilled in the traditional tandoor oven
267 kcal (E) | 5.8g (P) | 24g (F) 6.75g (C) / 100gsm
-  **Paneer Lal Mirchi Tikka**  315/-
Cubes of cottage cheese marinated with Kashmiri chilli and pot roasted
267 kcal (E) | 5.8g (P) | 24g (F) 6.75g (C) / 100gsm

 Molluscs
  Eggs
  Fish
  Lupin
  Soya Milk
  Peanuts
  Gluten
  Crustaceans
  Mustard
  Nuts
  Sesame
  Celery
  Sulphites

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NAMMA SPECIAL

Vegetarian

- 
Tarkari Kurma  305/-
 A Mélange of vegetables simmered in aromatic coconut gravy
 155 kcal (E) | 3.31g (P) | 11g (F) 9.47g (C) / 100gsm
- 
Urulai Roast  305/-
 A simple & delicious dish made from potato & Spices
 120 kcal (E) | 2.5g (P) | 6g (F) 12.84g (C) / 100gsm
- 
Vegetable Chettinad  305/-
 A spicy yet famous vegetarian dish of vegetables, fresh peppers & regional spices
 145 kcal (E) | 3.25g (P) | 10g (F) 9.35g (C) / 100gsm
- 
Pal Katti thengai curry  325/-
 Succulent pieces of cottage cheese simmered in aromatic coconut gravy
 410 kcal (E) | 18g (P) | 9g (F) 71g (C) / 100gsm

Non - Vegetarian

- 
Nei Meen Fry  405/-
 True authentic Chettinad special of fish steaks marinated in chilli, garlic and pepper pan fried to perfection
 202 kcal (E) | 9.68g (P) | 15g (F) 5.02g (C) / 100gsm
- 
Mutton Kari Chukka  435/-
 A lip smacking delicious dish of pan roasted mutton fry in caramelized onions, garlic and other spices
 300 kcal (E) | 6.9g (P) | 27g (F) 9.83g (C) / 100gsm
- 
Kori Ghee Roast  395/-
 Country style preparation of dry chicken, Cashewnut with wonderful warm spicy flavors
 285 kcal (E) | 9g (P) | 13g (F) 5.09g (C) / 100gsm
- 
Mana Andhra Kodi Kura  395/-
 Spicy Andhra chicken curry
 291 kcal (E) | 9.21g (P) | 15g (F) 5.69g (C) / 100gsm
- 
Manchatti Meen Kolambu  425/-
 Local fish cooked in tamarind dominated tangy gravy
 194 kcal (E) | 8.8g (P) | 10g (F) 5.02g (C) / 100gsm
- 
Omelette  175/-
 (Masala / Cheese / Mushroom)

NORTH INDIAN

Vegetarian

- 
Paneer Delicacies  325/-
 Choice of gravy (Palak / Butter / Mutter)
 410 kcal (E) | 9.21g (P) | 15g (F) 5.69g (C) / 100gsm
- 
Kadai Mushroom  315/-
 Hot spicy, flavorful stir fried mushroom and capsicum cooked in onion and tomato based gravy
 155 kcal (E) | 3.31g (P) | 11g (F) 9.74g (C) / 100gsm
- 
Subzi Diwani Handi  315/-
 A medley of lightly roasted mixed vegetables and Paneer simmered in creamy spinach puree and spiced with Indian masala
 150 kcal (E) | 3.31g (P) | 11g (F) 9.74g (C) / 100gsm
- 
Aloo (Potato Combinations)  285/-
 Jeera / Gobi / Mutter
 112 kcal (E) | 2.4g (P) | 6g (F) 12.84g (C) / 100gsm
- 
Dal Makhani  265/-
 A popular dish from the Punjab region made with black lentils cooked overnight oozing richness with the addition of cream and butter
 302 kcal (E) | 8.18g (P) | 22g (F) 16.75g (C) / 100gsm
- 
Yellow Dal Tadka  285/-
 A simple healthy lentil recipe prepared with aromatics, seasoned with tomato and garlic. Traditional and popular!
 219 kcal (E) | 5.65g (P) | 17g (F) 14.4g (C) / 100gsm

NORTH INDIAN




Non Vegetarian

- 
Butter Chicken Masala  395/-
 Made famous from the highways of Punjab, this world famous dish is made as a mild curry with an onion tomato cream base and boneless tandoori tender chicken pieces
 209 kcal (E) | 8.51g (P) | 17g (F) 6.55g (C) / 100gsm
- 
Kadai chicken  395/-
 Succulent pieces of chicken cooked in yellow gravy with vegetables and ground spices
 291 kcal (E) | 9.21g (P) | 15g (F) 5.69g (C) / 100gsm

 Molluscs
  Eggs
  Fish
  Lupin
  Soya
  Milk
  Peanuts
  Gluten
  Crustaceans
  Mustard
  Nuts
  Sesame
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 **Kashmiri Mutton Rogan Josh**   445/-
World famous Indian delicacy, native to Kashmir distinguished by its thick, aromatic, flavorful red sauce and tender mutton
296 kcal (E) | 5.98g (P) | 26g (F) 9.83g (C) / 100gsm



 **Bhuna Gosht**   445/-
A mildly spiced mutton brown curry made of onion tomato and spices
300 kcal (E) | 6.97g (P) | 27g (F) 9.83g (C) / 100gsm

BIRYANI & ROTI

Vegetarian



 **Hyderabadi Vegetable Biryani**  285/-
A traditional menu of slow cooked assorted vegetables and rice in sealed pot, served with raitha & salna
148 kcal (E) | 2.91g (P) | 9g (F) 13.4g (C) / 100gsm



 **Pulao**  265/-
Kashmiri / Jeera / Peas /Makai / Vegetable (Dum cooked basmati rice flavored to your choice)
377 kcal (E) | 8.04g (P) | 3g (F) 67.19g (C) / 100gsm

 **Sambar Rice**  225/-
A south Indian treasure blend of rice & lentil
351 kcal (E) | 14.89g (P) | 8g (F) 57.87g (C) / 100gsm

 **Curd Rice**  195/-
A delicious south Indian dish of cooked rice and curd with tempering


Non Vegetarian

 **Mutton Biryani**  445/-
A lamb & rice preparation with local flavors, a perfect fusion of taste and aroma served with raitha & salna
299 kcal (E) | 11.58g (P) | 25g (F) 5.71g (C) / 100gsm

 **Chicken Biryani**  395/-
A chicken & rice preparation with local flavors served with raitha & salna
178 kcal (E) | 15.34g (P) | 10g (F) 5.73g (C) / 100gsm

INDIAN BREADS

 **Parotta (2pcs)**   170/-
302 kcal (E) | 5.85g (P) | 13g (F) 39.9g (C) / 100gsm

 **Naan**   110/-
Butter / Garlic / Cheese / Plain / Chilly
300 kcal (E) | 5.4g (P) | 12g (F) 38.9g (C) / 100gsm

 **Roti**   90/-
Butter / Garlic / Kadak / Plain
317 kcal (E) | 5.3g (P) | 18g (F) 32.18g (C) / 100gsm


 **Kulcha**   110/-
Masala / Paneer / Onion
277 kcal (E) | 6.37g (P) | 10g (F) 40.2g (C) / 100gsm

 **Paratha**   110/-
Pudhina / Methi / Tandoor
324 kcal (E) | 4.21g (P) | 24g (F) 22.53g (C) / 100gsm

CHINESE WOK

Vegetarian



 **Szechuan Chilli Water Chestnut**  285/-
Assorted vegetables cooked in a pungent sauce from the Szechuan province of China
346 kcal (E) | 1.6g (P) | 40g (F) 4.592g (C) / 100gsm

 **Exotic Hot Pot Vegetables**  325/-
A Fragrant stew with mushrooms, carrots, baby corn and Chinese cabbage
95 kcal (E) | 2.4g (P) | 16g (F) 7.88g (C) / 100gsm

 **Cauliflower Manchurian**  285/-
In a choice of sauce (Szechuan / Manchurian / Chilli)
342 kcal (E) | 8.01g (P) | 34g (F) 3.74g (C) / 100gsm

Non Vegetarian

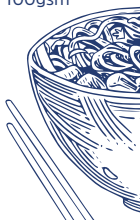
 **Asian Chicken**  395/-
In a choice of sauce (Szechuan / Manchurian / Chilli)

 **Chicken in Wild Mushroom sauce**  395/-
Boneless chicken breast halves dusted in salt and freshly ground pepper deep fried cooked in mushroom sauce.
172 kcal (E) | 10.92g (P) | 10g (F) 6.86g (C) / 100gsm

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-  **Dragon Fish**  415/-
Fish slices tossed & braised in red chili & ginger sauce
202 kcal (E) | 9.68g (P) | 15g (F) 6.02g (C) / 100gsm



RICE & NOODLE

Vegetarian

-  **Corn & vegetable Fried Rice**   275/-
132 kcal (E) | 2.2g (P) | 10g (F) 7g (C) / 100gsm
-  **Rainbow Fried Rice**   275/-

Non Vegetarian

-  **Shanghai or Szechuan fried Rice / Noodle** 315/-
Egg or Chicken
143 kcal (E) | 7.58g (P) | 10g (F) 6.36g (C) / 100gsm






THE WESTERN

Vegetarian













-  **Chunky tomato penne pasta**  395/-
Freshly made pasta tossed with veggies and mingled with fresh tangy tomato sauce
80 kcal (E) | 2.92g (P) | 3g (F) 9.24g (C) / 100gsm
-  **Broccoli Basilico** 425/-
Broccoli florets cooked in pesto cheese sauce & served with Lemon pepper rice
100 kcal (E) | 4.2g (P) | 14g (F) 10.1g (C) / 100gsm
-  **Boston Bake**  395/-
Gratinated corn and spinach in mornay sauce served with bread rolls
274 kcal (E) | 6.92g (P) | 21 (F) 13.75g (C) / 100gsm

Non Vegetarian

-  **Grilled Prawns**  725/-
Selected prawns grilled to excellence, served with mashed potato & green vegetables in citrus jus
245 kcal (E) | 9.4g (P) | 15g (F) 5.01g (C) / 100gsm
-  **Olive crusted Fish**  575/-
Olive crusted grilled fish served with caper butter sauce with Chris cut veggies
200 kcal (E) | 9.58g (P) | 15g (F) 5.02g (C) / 100gsm

-  **Roasted Rosemary Chicken**   525/-
Breast piece of chicken marinated with fresh rosemary seasoned with a hint of roasted garlic, along with mushrooms demi glaze
172 kcal (E) | 11.92g (P) | 11g (F) 6.86g (C) / 100gsm
-  **Herb roasted chicken cubes**   455/-
Zesty pasta filled with basil, mint, cilantro and topped with oven roasted cubes of chicken
161 kcal (E) | 11.92g (P) | 10g (F) 6.86g (C) / 100gsm





DESSERTS

-  **Marble Cheese Cake**   225/-
(Tri color creamy cheese cake)
202 kcal (E) | 1.98g (P) | 2g (F) 39.81g (C) / 100gsm
-  **American Brownie**   225/-
541 kcal (E) | 3.64g (P) | 43g (F) 41.83g (C) / 100gsm
-  **Carrot Halwa**   195/-
378 kcal (E) | 10.12g (P) | 4g (F) 43.65g (C) / 100gsm
-  **Gulab Jamoon**   195/-
431 kcal (E) | 9.94g (P) | 21g (F) 50.79g (C) / 100gsm

HOT BEVERAGES

-  **Filter Coffee** 100/-
-  **Cappuccino / Latte / Espresso** 120/-
-  **Choice of Tea** 120/-
Green / Lemon / Ginger / Masala

COLD BEVERAGES

-  **Cold Coffee** 160/-
-  **Cold Coffee with Ice-cream** 190/-
-  **Choice of Milk Shake** 160/-
-  **Choice of Milk Shake with Ice-cream** 190/-



 Molluscs
  Eggs
  Fish
  Lupin
  Soya
  Milk
  Peanuts
  Gluten
  Crustaceans
  Mustard
  Nuts
  Sesame
  Celery
  Sulphites

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AN **ihg**® HOTEL

BENGALURU
BOMMASANDRA