

FRANKIE'S

— ITALIAN —

SMALL PLATES

*add warmed house-made focaccia 3.5

SAUTEED GARLIC PRAWNS 18

house-made herb butter, grape tomatoes, grilled focaccia

SPINACH & ARTICHOKE DIP 17 V

grilled artichokes, creamy spinach, water chestnuts, onion, mozzarella, forno flatbread

F ARANCINI 15 V

sicilian breaded risotto balls stuffed with green peas, carrots, bocconcini, grana padano, house-made pomodoro sauce

F MEATBALLS 16

house-made family recipe of premium beef, veal, and pork, simmered in tomato sauce

MUSSELS 24

white wine marinara sauce, grape tomatoes, grilled focaccia

POLENTA FRIES 11.5 GF V

roasted garlic aioli

GNOCCO FRITTO 12 V

fried cushions of home-made pizza dough with tomato sauce and parmesan cheese

CALAMARI FRITTI 19.5

crispy fried squid, chili flakes with lime tartar sauce

CHICKEN WINGS 18.75 GF

mediterranean sea salt & pepper, gorgonzola aioli

BEEF CARPACCIO 20 GF

thin sliced, seared AAA tenderloin, stone ground mustard & horseradish aioli, fried capers, grana padano, arugula

ANTIPASTO PLATTER 25

cured italian meats, select cheeses, misto olives, flatbread

MISTO OLIVES 9.5 GF V

marinated sicilian olives with garlic and chili flakes

SALADS & SOUP

*add warmed house-made focaccia 3.5

FEATURE SOUP 10

SALMON SALAD 24 GF

seared salmon, artisan greens, feta, grape tomatoes, polenta croutons, pickled red onion, sundried tomato dressing

COBB SALAD 24 GF

sauteed chicken, avocado, smoked pancetta, egg, fresh iceberg, grape tomatoes, pickled red onions, creamy gorgonzola dressing.

F BEET & STEAK SALAD 24 GF

marinated rare striploin steak, beet mousse, seasonal greens, polenta croutons, smoked pancetta, beets, goat cheese, grape tomatoes, herb vinaigrette

CAESAR SALAD 15 / 7.5 GF

artisan romaine, soft boiled egg, polenta croutons, smoked pancetta

SIGNATURE GREENS 14 GF V

artisan mixed greens, grape tomatoes, chickpeas, candied walnuts, feta, cucumbers, red onion, pickled cabbage, red wine mustard vinaigrette

*add: chicken 7 steak 10 prawns 9 salmon 10

LOVE CROUTONS BUT NOT GLUTEN?

Frankie's croutons are made with our signature gluten-free parmesan polenta

HAND HELD

served with sea salted fries, signature greens, or house-made soup

AVOCADO FOCACCIA 19

goat cheese spread, vine ripened tomato, arugula, balsamic glaze

CHEDDAR BACON BURGER 22.5

brioche bun, premium canadian beef patty, aged cheddar, bacon, lettuce, onion, pickles, tomato, garlic aioli

ITALIAN CHICKEN CLUB 22

grilled chicken breast, bacon, cambozola cheese, herb butter, arugula, tomato, garlic aioli, ciabatta

BEEF DIP 22

AAA top sirloin, mozzarella, horseradish aioli, herb butter, filone, beef jus

*sub: truffle parmesan fries 3 caesar salad 3

HOUSE-MADE & IMPORTED PASTA

our pastas include complimentary house-made focaccia

ALFREDO TAGLIATELLE & CHICKEN 26

tagliatelle tossed in house-made parmesan cream sauce & sautéed chicken

F RIGATONI SALSICCIA 25

italian sausage, tomato sauce, grape tomatoes

CASARECCE BOSCAIOLA 26

mushrooms, smoked pancetta, premium beef, pork and veal, peas, rosé sauce, white truffle oil

F NONNA MARIA'S LASAGNA 26

house-made family recipe, ricotta, bolognese, alfredo, tomato sauce, mozzarella

F CHICKEN LINGUINI 26

sautéed chicken, sun-dried tomato pesto, cream, grape tomatoes, herb butter

SPAGHETTI CARBONARA 24

guanciale, egg, pecorino romano

SHRIMP TAGLIATELLE 32

lobster cream, sautéed shrimp, garlic, grape tomatoes, shallots, white wine

F SEAFOOD LINGUINI 37

scallop, clams, mussels, salmon, prawns, marinara sauce, grape tomatoes, lobster bisque

RISOTTO FUNGHI 24 GF V

arborio rice, mixed mushrooms, white truffle oil, grana padano, fresh arugula

F SPAGHETTI & MEATBALLS 25

house-made family recipe, beef, veal, and pork, roasted and simmered in tomato sauce

PESTO CHICKEN GNOCCHI 26

house-made gnocchi, sautéed chicken, grape tomatoes, pesto cream

MUSHROOM RAVIOLI 26 V

stuffed with mushrooms, mascarpone cheese, gorgonzola cream & truffle oil

**gluten-free pasta – add 2*

PIZZA house-made and hand stretched

FUNGHI 23 V

mushrooms, goat cheese, grana padano, alfredo, caramelized onions

AIELLO 25

pepperoni, capicollo, Italian sausage, mozzarella, tomato sauce

AMATO 24

prosciutto, bocconcini mozzarella, arugula, tomato sauce, grana padano

MARGHERITA 20 V

bocconcini, grana padano, tomato sauce, basil

F FRANKIE'S 23

mozzarella, tomato sauce, capicollo ham, fresh herbs, mixed olives

ITALIAN HAM & MUSHROOM 24

prosciutto cotto ham, mushrooms, mozzarella, tomato sauce, white truffle oil drizzle

OLD WORLD PEPPERONI 22

artisanal pepperoni, mozzarella, tomato sauce, grana padano

VEGETARIANA 22 V

caramelized onion, zucchini, fire roasted peppers, arugula, feta

**gluten-free pizza – add 3*

MAINS

COD PUTTANESCA 34 GF

baked with tomato, capers, olives, basil, garlic, oregano, parsley, white wine, zucchini, potatoes, olive oil

BEEF TENDERLOIN 50 GF

grilled 7oz AAA, seasonal vegetables, gratin potatoes, red wine demi-glace

MARSALA CHICKEN 32 GF

chicken breast, marsala & mushroom sauce, seasonal vegetables, rosemary baby potatoes

F LAMB SHANK 37 GF

braised lamb shank, broccolini, risotto bianco

CHICKEN PARMIGIANA 30

parmesan breaded chicken breast, mozzarella, capers, herb butter, spaghetti pomodoro

SEARED SALMON 35 GF

potato & beet rosti, white wine cream sauce, chive oil, fennel tomato basil salad

While we make every effort to serve you a gluten free meal, Frankie's Italian kitchens are not gluten free and we take no responsibility should cross-contamination occur. There may be trace amounts of gluten in deep fried items. Prices subject to applicable taxes. For the convenience of groups of 8 or more, an 18% gratuity will be added to the bill.