

# SANTAI

## AROMA MASSAGE

A therapy using massage oils. During this massage, you inhale these oil molecules or absorb them through your skin.

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 420</b>	<b>AED 580</b>	<b>AED 800</b>

## SWEDISH MASSAGE

A massage that involves the use of hands, forearms and elbows to manipulate superficial layers of the muscles

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 420</b>	<b>AED 580</b>	<b>AED 800</b>

## REFLEXOLOGY

A massage that involves applying different amount of pressure to the feet, hands and ears

<b>30 MIN</b>	<b>60 MIN</b>
<b>AED 250</b>	<b>AED 320</b>

## DEEP TISSUE MASSAGE

A massage that involves applying sustained pressure using slow, deep strokes to target the inner layers of the muscles

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 550</b>	<b>AED 750</b>	<b>AED 1000</b>

## HEAD MASSAGE

A massage designed to relax the mind and facilitate circulation by applying warm oil throughout the scalp

<b>30 MIN</b>	<b>60 MIN</b>
<b>AED 200</b>	<b>AED 245</b>

## BACK, NECK & SHOULDER MASSAGE

A pressure massage that focus on the build-up of stress and muscle tensions

<b>30 MIN</b>	<b>60 MIN</b>
<b>AED 200</b>	<b>AED 300</b>

## LOMI LOMI MASSAGE

A traditional Hawaiian massage that uses a combination of techniques and nut oils to restore energy and soothe the body

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 550</b>	<b>AED 750</b>	<b>AED 1000</b>

## HOT STONE MASSAGE

A stone massage that uses smooth, flat and heated rocks placed at key points on the body

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 550</b>	<b>AED 750</b>	<b>AED 1000</b>

## FOUR HANDS MASSAGE

A massage that uses a combination of techniques while 2 therapists alternate between light and deep flow movements

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 840</b>	<b>AED 1100</b>	<b>AED 1300</b>

## SIX HANDS MASSAGE

A unique massage that includes 3 therapists that involves movements of six hands in a synchronized choreography

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 1300</b>	<b>AED 1700</b>	<b>AED 2000</b>

## RELAXING MASSAGE

A massage that involves applying different amounts of pressure to all parts of the body

<b>60 MIN</b>	<b>90 MIN</b>	<b>120 MIN</b>
<b>AED 420</b>	<b>AED 580</b>	<b>AED 800</b>

*Professional therapy in a tranquil setting*