

# SANTAI

Spa Menu

# BODY TREATMENTS

## BALINESE MASSAGE

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60/90 MIN

AED 430 /530

A relaxing massage with techniques originating from Bali, Indonesia. This treatment uses thumb stroking pressure and mild stretching that promotes deep relaxation and removes muscle tension.

## SWEDISH MASSAGE

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60/90 MIN

AED 450 /550

Swedish massage involves rubbing, kneading, stroking, and tapping muscles with medium to hard pressure. It aims to reduce stress, alleviate pain, and help you relax.

## AROMATHERAPY MASSAGE

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60/90 MIN

AED 480 /580

Aromatherapy massage utilizes massage manipulation and pressure to improve blood flow to vital organs and muscles, promoting physical and mental well-being.

All prices are in U.A.E Dirhams, inclusive of a 10% service charge, 5% VAT, and 7% Municipality fee.

# BODY TREATMENTS

## SPORTS MASSAGE

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60/90 MIN

AED 500/600

It is a deep-tissue massage used to help relieve tight muscles. Muscle tightness can limit flexibility, increase pain, and cause future injuries. Sports massage helps release muscle tightness.

## HOT STONE MASSAGE

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75/90 MIN

AED 510 /610

Our special treatment utilizes heated basalt to help you relax and rejuvenate your body by soothing tense muscles and damaged soft tissues.

## FULL BACK MASSAGE

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30 MIN

AED 300

Treat muscle tensions in the back, neck, and shoulder areas. This massage not only leaves you feeling exceptionally good but relaxed and invigorated too.

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## HEAD/NECK/SHOULDER MASSAGE

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30 MIN

AED 300

Stimulate the nervous system, increase blood flow to the head, and ease stress through the release of endorphins, which, in turn, help in relieving pain and giving you a sense of well-being.

## FOOT MASSAGE

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60/90 MIN

AED 310 /380

Our foot massage techniques involve kneading, stroking, rubbing, and pressure application, designed to alleviate pain and tension in specific areas of the feet. It also promotes relaxation in the nearby muscles and joints.

All prices are in U.A.E Dirhams, inclusive of a 10% service charge, 5% VAT, and 7% Municipality fee.

# FACIALS

## EXPRESS FACIALS

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45 MIN

AED 310

A fast and easy way to give skin a boost for busy people who want glowing skin.

## DEEP LIFTING FACIAL MASSAGE

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60 MIN

AED 510

Massage technique employing wave-like movements, knuckle rolling, and index finger massaging can prevent early signs of aging, deeply cleanse skin, and enhance blood flow.

## DEEP CLEANING FACIAL

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60 MIN

AED 320

A deep cleansing facial, a four-step medical treatment, exfoliates the skin resulting in fresh, vibrant skin and a radiant complexion.

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