# LET'S **GET STARTED**

Cheesy Dough Ball Stack (V)

A stack of garlic roasted dough balls, smothered in hot cheese sauce, garlic butter, onion crispies and finished with spring onions. Choose from: **Small** 494 kcal **9** 7.79 **Large** 935 kcal | 1.99

Mozzarella Sticks 614 kcal @ 6.99 Mozzarella sticks coated in a garlic and herb breadcrumb, served with smoked chipotle chilli jam

**Calamari** 579 kcal **@** 9.29 Lightly dusted deep fried squid, served with lemon and black pepper mayonnaise

King Prawns 397 kcal (F)\* 69 8.99 Oven baked with aarlic and chilli butter. served with toasted garlic ciabatta slice

**Caprese Salad** 384 kcal **(V) (G) (20)** 7.79 A classic lighter Italian salad. Fresh sliced mozzarella and plum tomato topped with rocket and basil oil

Mushroom Al-Forno 623 kcal (V) (F)\* (29) 7.79 Chestnut mushrooms cooked in a creamy porcini sauce, topped with Italian cheese and served with wedges of toasted garlic ciabatta

Tomato Bruschetta 293 kcal (VG) (GF)\* (20) 6.99 Lightly toasted garlic ciabatta slices topped with plum tomatoes, red onion, fresh basil and basil oil Add: Fresh Torn Mozzarella 198 kcall (V) (F) 1.00

**Meatballs** 454 kcal **(10)\* (20)** 8.29 Pork meatballs cooked in a rich tomato sauce, topped with Italian cheese and served with toasted garlic ciabatta slice

**Crispy Chicken Fries** 

Crunchy chicken fingers lightly spiced with salt and chilli, served with a ranch dipping sauce. Choose from: **Small** 498 kcal **1** 7.99 **Large** 707 kcal 12.29

### Flatbread

**Garlic** 468 kcal (V) (G\* (G\* (\*\*)\* (\*\*)\* (9\*) 5.99 Garlic and parslev butter

Mozzarella and Garlic 556 kcal (V) (G)\* (G)\* (G) 7.29 Mozzarella, garlic and parsley butter

Caramelised Onion 662 kcal (V) (F)\* (20) 7.59 Caramelised onion, garlic and mozzarella

Green Olives 284 kcal (VG) (GF) (70) 4.49 Large green Amfissa olives, brine soaked and buttery with a tart, citrussy balance

Garlic Butter Dough Balls 557 kcal (V) 60 6.79 Oven baked dough balls tossed with garlic oil and served with garlic butter

Bella Sharing Board 1270 kcal 16.29 Some of our favourite starters, perfect for sharing. Mushroom Al-Forno, Meatballs and Crispy Chicken Fries served with an oregano flatbread

### Spaghetti and Meatballs 1197 kcal (10° 16.19 Pork meatballs in a tomato and garlic sauce, tossed with spaghetti and finished with Italian cheese and fresh parsley

Pomodoro Mozzarella 684kcal (V) (G)\* (F)\* (99) 12.39 Rigatoni pasta with baby plum tomatoes in a traditional tomato sauce, topped with fresh mozzarella

Carbonara 913 kcal 15.49 An Italian favourite featuring pancetta, tossed with spaghetti in a creamy sauce with Italian cheese and black pepper

Add: Pulled Chicken 62 kcal 2.79 **Bolognese** 813 kcgl **(F)**\* 14.49

Slow cooked beef bolognese served with spaghetti

**Lentil Raaù** 819 kcal (6) (6) 14.49 Slow cooked lentil raqu served with spaghetti

Spicy Sausage 937 kcal 16.19 Rigatoni pasta with luganica and spicy 'nduja sausage, cream, chilli and fresh parsley

### IT'S ALL ABOUT PASTA

Goats' Cheese 792 kcal (V) 16.69 Fresh egg girasole pasta filled with goats' cheese, roasted sweet red pepper and hot honev in a creamy tomato sauce

**Gamberoni** 836 kcal (F)\* 17.79 Spaghetti with king prawns, cooked with baby plum tomatoes, white wine, garlic and chilli in a red pepper and tomato bisque

Pollo Cacciatore 670 kcal (F)\* (9) 16.79 Pulled chicken, pancetta, red onions, tossed with mafalde pasta pieces in a white wine and tomato sauce. Finished with Italian cheese

Spinach and Ricotta Cannelloni 583 kcal (V) @ 15.69 Fresh cannelloni pasta, served in a rich tomato sauce baked with béchamel and mozzarella

Marco Polo 1086 kcal (1)\* 18.59 Strozzapreti pasta and pulled duck, mixed with spring onion, roasted mushrooms and a sweet plum sauce

WANT

TO GO LIGHTER?

HALF PI77A WITH

MIXED SALAD

**Lasaane** 595 kcal (9) 16.49

Layers of pasta sheets, beef ragu and creamy béchamel sauce, oven baked with melting cheese

**Pollo Funghi** 858 kcal (F)\* 15.39 Mafalde pasta pieces with pulled chicken and chestnut mushrooms in a creamy porcini sauce, enriched with mascarpone cheese and fresh parsley

Beef & Red Wine Tortellini 596 kcal @ 18.19 Filled pasta parcels in a rich beef sauce with thyme, chestnut mushrooms and fresh parsley

Mushroom Risotto 891 kcal (V) 15.29 A light risotto with porcini mushrooms, mascarpone cheese. finished with garlic and parsley butter.

Add: **Pulled Chicken** 62 kcal 2.79 Bacon Lardons 323 kgal 2,49

> FEEL BELLA WITH SOME FRESHLY GRATED CHEESE & BLACK PEPPER JUST SAY WHEN! ASK YOUR SERVER



PERFECT

Garlic

Ciabatta

## YOU HAD ME AT PIZZA

**Margherita** 844 kcal (V) (G\* GF\* 12.49 Good old classic! Tomato, mozzarella and basil - Go lighter 467 kcal 🧒

**Pepperoni** 1013 kcal (1)\* 14.49 Our classic Margherita topped with pepperoni slices. Finished with fresh garlic oil Double up your pepperoni 268kcal (F) 2.00

- Go liahter 629 kcal 🚳

Chicken, Ham and Mushroom 900 kcal (F)\* 15.49 Pulled chicken, roasted ham and sliced mushrooms on our classic mozzarella and tomato base. Finished with oregano and extra virgin olive oil

- Go lighter 571 kcal @ **Vegetariana** 868 kcal (V) (G\* (G\* 14.19

Red peppers, spinach and red onion on a tomato base with mozzarella, finished with a sweet balsamic glaze - Go lighter 546 kcal 🚳

BBQ Double Chicken IIO5 kcal 17.49 BBQ and tomato base topped with mozzarella, pulled

Upgrade your Pizza

Hot Honey Drizzle 46 kcal (V) (F) 50p

Garlic Butter Crust 182 kcal (V) (J) 50p

Roquito

chicken, pancetta, luganica sausage, roasted red onions, and finished with fresh parsley and onion crispies - Go lighter 674 kcal 🞯

### FEEL BELLA WITH OUR HAND-STRETCHED SOURDOUGH PIZZAS

Spicy Sausage and Chicken 1170 kcal (11)\* 16.99 Turn up the heat with spicy 'nduja sausage, pulled roasted chicken, fresh chilli, tomato, mozzarella and Roquito chilli pearls - Go liahter 630 kcal 🔞

Meat Feast 1228kcal 17.49 Pork meatballs, pulled chicken and pepperoni slices on our classic mozzarella and tomato base, finished with oregano and Roquito Hot Honey drizzle - Go lighter 636 kcal 🞯

Spicy Pulled Beef 1123 kcal 17.49 Pulled beef brisket, padron peppers, nacho cheese sauce, spicy 'nduja sausage, mozzarella cheese and onion crispies - Go lighter 685 kcal

Ultimate Calzone 1239 kcal 17.49 Folded pizza stuffed with chicken, pork meatballs, spicy 'nduja sausage, pulled beef brisket, and roasted red onion. Topped with tomato sauce and mozzarella

Ranch Dressing 212 kcal (V) (GF)

Buffalo Hot Sauce 19 kcal (VG) (GF)

**Veggie Calzone** II59 kcal **W** 16.49 Folded white base pizza stuffed with mushrooms. spinach, red peppers, caramelised onions, cheese sauce and mozzarella. Topped with mozzarella, with a tomato dippina sauce

Crust Dips Enjoy 3 dips for 1.50, or 75p each

Garlic and Herb 184 kcal (V) (GF)

Hickory BBQ 116 kcal (VG) (F)

Blue Cheese 230 kcal (V) (F)

## SOMETHING DIFFERENT

Upgrade your fries to sweet potato fries (518 kcal) for **80p** or upgrade to loaded fries (752 kcal) for **2.00** 

Full Rack BBQ Ribs 703 kcal (1) 21,49 Hickory smoked BBQ park ribs served with your choice of fries (532 kcal) or mixed salad (122 kcal)

Cheeseburger 878 kcal (II)\* 16.29 Beef burger with smoked cheese, baby gem lettuce and ketchup, in a brioche style bun. Served with your choice of fries (532 kcal) or mixed salad (122 kcal)

Add: Extra Patty 457 kcal (GP) 3.50 **Pulled Beef** 83 kcal **(ii)** 2.49

Buttermilk Chicken Burger 1094 kcal 16.29 Buttermilk chicken fillet, baby gem lettuce, mayo and mozzarella, in a brioche style bun. Served with your choice of fries (53) keal) or mixed salad (12) keal)

Chicken Milanese 941 kcal 17.99

Breaded chicken breast dusted with Italian cheese, with melted garlic butter to pour. Served with your choice of fries (532 kcal), mixed salad (122 kcal) or tomato spaghetti (260 kcal)

**Sea Bass** 663 kcal (ii) (iii) 18.99 Oven roasted fillet of sea bass, with oregano

and garlic roasted new potatoes, green beans and red onion with sweet red peppers

Chicken Caesar Salad 453 kcal (ii)\* (iii)\* (iii) 15.29 Gem and radicchio lettuce tossed with Italian cheese, Caesar dressing and fresh basil, Topped with ciabatta croutons and roasted sliced chicken breast

Seasonal Garden Salad 365 kcal (%) (9) 14.29 Warm roasted red peppers with red onion and butternut squash. With rocket, radicchio, baby gem lettuce, baby plum tomatoes, mixed grains and toasted seeds. Dressed with balsamic vinegar and olive oil Add: Roasted Chicken 227 kcal 2.79

Goats' Cheese Crostini 287 kcal (V) 2.00

TWO COURSES 19.95 • THREE COURSES 22.95

### **STARTERS**

Mozzarella Sticks 614 kgal (99)

Garlic Butter Dough Balls 557 kcal (V) @9

Meatballs 454 kcal (10)\* (10)

Tomato Bruschetta 293 kcal (G) (G)\* (100) Add: Fresh Torn Mozzarella 198 kcal (V) (F) 1.00

Mushroom Al-Forno 673 kcal (V) (GF)\* (00)

### MAINS

Carbonara 913 kcal Add: Pulled Chicken 62 kcal 2.79

Pomodoro Mozzarella 684 kcal V VG\* (F)\* (F)

Bolognese 813 kcal (F)\*

Gamberoni 836 kcal (F)\* • £2 Supplement

Pollo Cacciatore 670 kcal (F)\* (99)

Lasagne 595 kcal @

Spicy Sausage 937 kcal

Chicken Milanese 941 kcal

Seasonal Garden Salad 365 kcal (VG) (99) Add: Roasted Chicken 227 kcal 2.79 Goats' Cheese Crostini 287 kcal (V) 2,00

### **Pizzas**

### **FANCY SOMETHING LIGHTER?**

Choose any half pizza with mixed salad

Margherita 844 kcal (V) (G)\* (G)\* Go lighter 467 kcal 🚳

Pepperoni 1013 kcal 🕼 Double up your pepperoni 268 kcal (ii) 2.00 - Go lighter 629 kcal 🞯

> Vegetariana 868 kcal V Vij\* (ii)\* Go lighter 546 kcal 🚳

> > Meat Feast 1228 kcal - Go liahter 636 kcal 🔞

Ultimate Calzone 1239 kcal • £2 Supplement

# **DESSERTS**

Cookie Dough 769 kcal (V) (GF)

Tiramisu 402 kcal (V) (A) (99 Brownie 651 kcal (V) (F) (19)

**Gelato** 384 kcal (V) (G)\* (G) (100)

FOR FULL DISH DESCRIPTIONS PLEASE **CHECK MENU ON YOUR LEFT** 

# SIDES -

Fries 532 kcal (Vg\* (F)\* (99) 4.89

Sweet Potato Fries 518 kcal @ 5.79

Mixed Salad 122 kcal (© (E) (29) 4.29

Garlic Ciabatta 366 kcal (V) @ 4.59 **Colesiaw** | 38 kcal (V) (F) (20) 4.49

Steamed Spinach 91 kcal (G) (G) (G) 4.49 Roasted New Potatoes 255 kcal VG GF @ 4.49

Bacon, Cheese and Onion Loaded Fries 752 kcal 6.89 Skin on fries loaded with smoked bacon, hot cheese sauce and onion crispies

# BELLA ITALIA FEEL BELLA



For allergen & calorie information on all of our dishes, please visit www.bellaitalia.co.uk/menu or scan this QR code



WE'VE GOT SOME AMAZING GLUTEN FREE AND VEGAN DISHES SCAN HERE TO CHECK MENUS

Olives may contain stones. Chicken, fish and duck dishes may contain bones. All our dishes are prepared in kitchens where nuts, flour, etc. are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. All dishes may contain ingredients not listed in the menu descriptions. All prices include VAT (GST in Jersey). A full copy of our tipping policy is available on our website at www.bellaitalia.co.uk. If for any reason we fail to live up to your expectations, please discuss your concerns with the team member who served you and allow them the opportunity to address your dissatisfaction. Alternatively, please visit bellaitaliafeedback.hgem.com. Set menus cannot be used in conjunction with any other offer or discount, including Tesco vouchers. All information correct at time of printing. Adults need around 2000 kcal a day.

