

# LIGHT BITES

## Seasonal Soup

Freshly baked bread roll & sourdough, basil butter (From 338 Kcal)  
GF option available | £8.00

## Freshly Baked Bread Roll & Sourdough

Basil butter, tomato chutney, basil & nut-free pesto, Kalamata olives (898 Kcal)  
V | £9.25

Ideal for two to share (1796 Kcal) £14.95

## Whipped Chicken & Duck Liver Parfait

Warm sourdough, crispy onions, onion chutney, radish, scallion & pumpkin seeds (586 Kcal)  
£9.25

## Marinated Kalamata Olives

Cornichons, roasted red peppers, confit garlic, silver skin onions (185Kcal)  
VG, GF | £5.50

# STARTERS

## Pork Belly Burnt Ends

Crispy onions, Korean ketchup (879 Kcal)  
DF, GF | £9.95

## Sticky Hot Honey Buffalo Chicken Wings

Toasted chia seeds (989 Kcal)  
DF, GF, Sesame | £10.95

## Spicy Cheese & Chilli Bites

Panko crumb, sweet chilli sauce (591 Kcal)  
V | £9.50

## Shubham Chicken Tikka Kebab

Coriander, red chilli, Asian spices, house slaw, charred flat bread, coconut dressing (729 Kcal)  
£10.95

**Add:** Extra kebab (230 Kcal) £6.50

## Toasted Fresh Corn on the Cob 'Ribs'

Piri piri seaweed seasoning, fresh lime (598 Kcal)  
VG, GF | £8.95

**Sharing platters available – select any 3 starters for just £24.**

**V - Vegetarian | VG - Vegan | N - Contains Nuts | GF - Gluten Free | DF - Dairy Free**

**If you have a food allergy or intolerance, please let your server know upon placing your order. Allergen data is available on request.**

## Classic Caesar Salad

Crisp cos lettuce, soft-boiled free-range UK hen's egg, shaved parmesan, Caesar dressing, rustic croutons (dressing contains fish) (964 Kcal)  
£14.50

## 'Superfood' Salad

Quinoa, pickled organic carrot, spinach, shaved Chinese cabbage, pak choi, scallion, blueberries, pomegranate, pimentos & pumpkin seeds, olive oil & mustard vinaigrette (570 Kcal)  
VG, GF | £17.25

## Chargrilled Chicken Breast & Sauteed Tiger Prawn Salad

Mango, cherry tomato, cucumber, crisp lettuce, radish & honey mustard dressing (1282 Kcal)  
£24.50

## Chargrilled Pork Sausages

Herb mashed potatoes, seasonal vegetables, rich onion gravy, crispy onions (1081 Kcal)  
£18.50

## Chicken Tikka Masala

Savoury rice, crispy onions (1153 Kcal)  
DF, GF | £19.50

## Hamza Lamb Rogan Josh

Slow cooked rich lamb, spicy Kashmiri tomato & pepper gravy, savoury rice, crispy onions (1520 Kcal)  
GF | £22.50

## Enhance either curry with:

Fresh onion bhajis, black onion seed mango chutney (460 Kcal)  
GF, VG | £5.95

## Battered Sustainable Fillet of White Fish

Chunky chips, crushed garden peas, homemade tartare & 'chip shop' curry sauce, fresh lemon (1198 Kcal)  
GF, DF | £19.50

## Beef Ragù

Slow cooked beef brisket, wild mushrooms, rich tomato sauce, freshly shaved parmesan cheese (748 Kcal)  
£19.50

**Please be advised that a service charge of 12.5% will be added to your bill. Should you wish for this to be removed for any reason, please inform your server.**

# MEADOW

KITCHEN • BAR • TERRACE

## Primavera

Fresh tomato ragu, roasted Mediterranean vegetables, basil, lemon oil, vegetarian parmesan (544 Kcal)  
V (VG option available) | £16.50

## Carbonara

Double cream, bacon, garlic, soft herbs & parmesan cheese (859 Kcal)  
£17.50

## Arborio Rice Risotto

Garden pea, crumbled blue cheese, butternut squash & pumpkin seed, parmesan, wilted spinach, garlic crisps (685 Kcal)  
V (VG option available) | £18.50

## Pan Fried Fillet of Seabass

Asian salad, coconut & chia seed dressing, sauce vierge (1268 Kcal)  
GF, DF | £26.95

## Slow Roasted Pork Belly

Thyme roasted fondant, garlic creamed cabbage, burnt apple puree, cider jus (1028 Kcal)  
GF | £24.50

## Boneless Chicken Breast

Mushroom fricassee, pave potato, black cabbage, truffle infusion (965 Kcal)  
GF | £26.00

## Plant Based Vegan Burger

Toasted bun, lentils, cilantro & root vegetable burger, fries, shredded crisp lettuce, slow-cooked Peroni ale onions, red cabbage 'slaw', gherkins & homemade burger sauce (1037 Kcal)  
VG | £18.95  
**Add:** Vegan cheese VG, GF £1.25  
GF bun available

# SIDES

## Fries or Chunky Chips

(VG, GF, 671 Kcal) | £6.50

## Freshly Battered Onion Rings

(VG, GF, 571 Kcal) | £6.50

## Garlic & Herb Ciabatta with Cheddar & Mozzarella Cheeses

(V, 873 Kcal) | £6.50

## Selection of Seasonal Vegetables

(V, GF, 143 Kcal) | £6.50

## Meadow House Salad, French Dressing

(VG, GF, 156 Kcal) | £6.50

## ENHANCE ANY DISH WITH OUR POPULAR ADD-ONS

## Chargrilled Chicken Breast

(GF, DF, 88Kcal) | £6.50

## Fried Free Range UK Egg

(V, GF, DF, 131 Kcal) | £1.95

## Streaky Bacon

(GF, DF, 323 Kcal) | £1.95

## Tiger Prawns, Garlic & Herb Butter

(GF, 229 Kcal) | £10.95

# FROM THE GRILL

Our burgers are served on a toasted bun, fries, shredded crisp lettuce, slow-cooked Peroni ale onions, red cabbage 'slaw', gherkins & homemade burger sauce.

## Meadow Burger

Chargrilled beef burger topped with slow cooked beef brisket, melting cheese & streaky bacon  
1936 Kcal | £25.95

## Chargrilled Beef Burger

DF | 1031 Kcal | £18.95

## Chargrilled Chicken Breast

DF | 1296 Kcal | £18.95

## Add

Extra beef patty (DF, 358 Kcal) £6.50  
Extra chicken breast (DF, 358 Kcal) £6.50  
Burger cheese (V, 56 Kcal) £1.25  
Freshly Battered Onion Rings (VG, GF, 571 Kcal) £6.50

Our steaks are carefully sourced, dry aged for fuller flavour. Dishes are served with buttered potato terrine, roasted tomato stuffed with creamed mushrooms, topped with panko breadcrumbs, watercress, red wine sea salt (V, GF) (219 Kcal)

## 7oz Fillet

Recommended rare (GF, 879 Kcal) | £32.50

## 10oz Ribeye

Recommended medium (GF, 1043 Kcal) | £32.50

## Add your choice of sauce

Creamy Soft Peppercorn & Brandy (GF) (156 Kcal)  
Port Wine Jus (GF) (442 Kcal)  
Wild Mushroom Cream Sauce (229 Kcal)

Served from 12pm - 5pm

## Cold Sandwiches

Served on white or brown bloomer, dressed house salad & crisps | GF option available

## Tuna Mayonnaise

Cucumber & rocket (758 Kcal)  
DF | £9.25

## Sweet Cured Ham

House chutney, tomato, crisp lettuce (403 Kcal)  
DF | £8.50

## Free Range Egg Mayonnaise

Soft herbs, cucumber & watercress (406 Kcal)  
V, DF | £9.00

**Add:** Cheddar Cheese (83 Kcal) V | £1.25

**Upgrade:** Fries as an alternative to crisps (671 Kcal)  
VG, GF | £4.95

## Hot Sandwiches

## Meadow Classic Chicken Tikka Ciabatta

Mango chutney, melting Cheddar & mozzarella cheese, fries (1930 Kcal)  
£16.95

## Triple Club Sandwich

Toasted brown or white bread, chicken breast, fried free-range egg, streaky bacon, crisp lettuce, tomato & house dressing, fries (912 Kcal)  
£17.95

# SANDWICHES

# PIZZAS

All our stone-baked pizzas come with a base of freshly made tomato passata, herbs, mozzarella & Cheddar cheeses | GF & VG option available

## Classic Margherita

Fresh basil, mozzarella V (1440 Kcal) | £16.95

## Double Pepperoni

(1566 Kcal) | £18.50

## Flaming Hot

Chicken tikka, chilli's, red onion, pimentos, coriander & sweet chilli sauce (1987 kcal) | £17.95

**H Holiday Inn**  
AN IHG\* HOTEL

# DRINKS

## SOFT DRINKS

Fruit Juices	Size	Price
Orange Juice Small (112 Kcal)	275ml	2.95
Orange Juice Large (224 Kcal)	550ml	4.50
Apple Juice Small (130 Kcal)	275ml	2.75
Apple Juice Large (260 Kcal)	550ml	4.20
Cranberry Juice Small (51 Kcal)	275ml	2.95
Cranberry Juice Large (102 Kcal)	550ml	4.80
Pineapple Juice Small (125 Kcal)	275ml	2.95
Pineapple Juice Large (250 Kcal)	550ml	4.50
Other Soft Drinks		
J20 Apple & Raspberry (52 Kcal)	275ml	4.30
J20 Orange & Passion Fruit (52 Kcal)	275ml	4.30
J20 Apple & Mango (52 Kcal)	275ml	4.30
Rush Energy Drink (130 Kcal)	250ml	3.10
Appletiser (129 Kcal)	275ml	4.50
Pepsi Small (42 Kcal)	275ml	2.75
Pepsi Large (84 Kcal)	550ml	4.45
Pepsi Max Small (1 Kcal)	275ml	2.40
Pepsi Max Large (3 Kcal)	550ml	4.10
Lemonade Small (11 Kcal)	275ml	2.75
Lemonade Large (22 Kcal)	550ml	4.45
Coca Cola (84 Kcal)	200ml	3.40
Coke Zero (1 Kcal)	200ml	3.20
Diet Coke (1 Kcal)	200ml	3.20
Small Cordial & Soda (35 Kcal)	200ml	2.20
(Lime, Blackcurrant, Orange)		
Large Cordial & Soda (70 Kcal)	550ml	3.20
(Lime, Blackcurrant, Orange)		
Kingsdown Still Water	330ml	2.90
Kingsdown Sparkling Water	330ml	2.90
Kingsdown Still Water	750ml	4.40
Kingsdown Sparkling Water	750ml	4.40
Fever Tree		
Premium Indian Tonic Water (60 Kcal)	200ml	3.40
Low Calorie Tonic Water (30 Kcal)	200ml	3.40
Ginger Ale (68 Kcal)	200ml	3.40
Mexican Lime Soda (32 Kcal)	200ml	3.40
Italian Blood Orange Soda (34 Kcal)	200ml	3.40
Elderflower (68 Kcal)	200ml	3.40

## SPIRITS

Single 25ml Double 50ml

Brandy	Single 25ml	Double 50ml
Courvoisier	5.10	10.20
Hennessy	6.20	12.40
Jules Clairon	4.20	8.40
Rum		
Bacardi White	4.35	8.70
Bumbu	5.50	11.00
Captain Morgan Dark	4.60	9.20
Captain Morgan Spiced Gold	4.60	9.20
Don Q Cristal	4.80	9.60
Kraken	5.10	10.20
Malibu	4.20	8.40
Sailor Jerry Spiced	4.60	9.20
Whisky		
Bells	4.20	8.40
Glenfiddich 12 YO	6.30	12.60
Jack Daniels	4.60	9.20
Jack Daniels Honey	4.70	9.40
Jameson Irish Whiskey	4.40	8.80
Johnny Walker Black Label	5.90	11.80
Monkey Shoulder	5.10	10.20
Woodford Reserve	6.10	12.20
Vodka		
Absolut	4.20	8.40
Absolut Vanilla	4.20	8.40
Fris Vodka	4.30	8.60
Grey Goose	5.70	11.40
Smirnoff	4.20	8.40
Three Sixty Vodka	4.20	8.40
Gin		
Beefeater Pink	4.30	8.60
Bombay Sapphire	4.60	9.20
Gordon's	4.20	8.40
Hastings 1066 Strawberry Gin	5.70	11.40
Hastings 1066 Gin	5.70	11.40
Hendrick's	5.50	11.00
Malfy	5.50	11.00
Sipsmith	5.70	11.40
Tanqueray 0.0%	3.90	7.80
Tanqueray 10	6.00	12.00
Tanqueray Sevilla	4.90	9.80
Whitley Neill Raspberry	4.80	9.60
Whitley Neill Rhubarb & Ginger	4.80	9.60
Whitley Neill Rhubarb & Ginger 0%	3.90	7.80
Tequila		
Jose Cuervo Silver Blanco	4.00	-
Jose Cuervo Gold	4.00	-
Tequila Rose	4.00	-

## SPIRITS

Single 25ml Double 50ml

Liqueurs & Other Spirits	Single 25ml	Double 50ml
Antica Black Sambuca	3.90	-
Antica White Sambuca	3.90	-
Archers	4.20	8.40
Baileys	-	5.90
Campari	4.40	8.80
Disaronno Amaretto	4.50	9.00
Disaronno Velvet	4.60	9.20
Jager bomb	5.50	-
Jägermeister	3.90	-
Kahlua	4.20	8.40
Limoncello	4.00	-
Martini Extra Dry	-	4.70
Pimms & Lemonade	10.45	-
Southern Comfort	4.40	8.80
St- Germain Elderflower	5.50	11.00

## BEER & CIDER

Draught	Half Pint	Pint
Amstel 4.1%	3.95	7.90
Birra Moretti 4.6%	4.15	8.30
Cruzcampo 4.4%	4.10	8.20
Inch's Cider 4.5%	3.95	7.90
Neck Oil 4.3%	3.95	7.90
Old Mout Berries & Cherries 4%	3.95	7.90
Bottle Beer	Size	Price
Birra Moretti	330ml	5.90
Corona	330ml	6.10
Guinness Can	440ml	7.50
Heineken 0.0%	330ml	5.10
Old Speckled Hen Fine Ale	500ml	6.90
Peroni	330ml	6.20
Peroni (GF)	330ml	6.20
Bottle Cider		
Old Mout Strawberry & Apple	500ml	7.40
Old Mout Pineapple & Raspberry	500ml	7.40
Old Mout Kiwi & Lime	500ml	7.40
Old Mout Berries & Cherries 0%	500ml	7.20

# DESSERTS

### Sticky Toffee Pudding

Toffee sauce, salted caramel ice cream (737 Kcal)  
V | £9.00

### Dessert Of The Day

Please ask your server for today's choice (From 618Kcal)  
V | £8.50

### Dark Chocolate Brownie

Chocolate sauce, vanilla ice cream (492 Kcal)  
V, GF | £8.50

### Madagascan Vanilla Crème Brulee

Orange & lemon shortbread (465 Kcal)  
V | £8.95

### Profiteroles

Baileys & white chocolate cream, milk chocolate sauce (978 Kcal)  
V | £9.50

### Luxury Ice Creams

**Salted caramel** (119 Kcal)

**Vanilla** (133 Kcal)

**Chocolate** (133 Kcal)

V, GF | 1 scoop £2.50 | 2 scoops £5.00 | 3 scoops £7.50

IHG's Kids Stay and Eat Free programme means that children 12 and under can enjoy a 2 course lunch and dinner free when chosen from the Kids menu. The child must be accompanied by at least one adult eating at least one main course from the menu. This offer only applies to the hotel in which the family is staying and is limited to 4 children per dining family (maximum two children per one resident adult).

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