

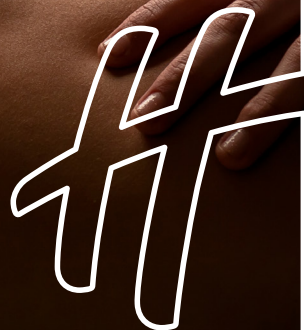
PONUĐA MASAŽA, TRETMANA I SPECIJALNIH PAKETA

THE OFFER OF MESSAGES,
TREATMENTS AND
SPECIAL PACKAGES

HOLIDAYINN.COM

Holiday Inn

AN IHG HOTEL



SPA CENTAR PONUDA:

Teretana, Masaže, Tretmani
lica, Relax soba, Jacuzzi,
Sauna, Tursko kupatilo

RADNO VREME SPA CENTRA:

06:30 h – 22:00 h

PRUŽANJE USLUGA MASAŽA**I TRETMANA:**

10:00 h – 21:00 h

LOKACIJA: nivo - 1**SPA CENTER OFFER:**

Gym, Massages,
Facial Treatments, Relaxation
Room, Jacuzzi, Sauna,
Turkish Bath

SPA CENTER WORKING HOURS:

06:30 AM – 10:00 PM

MESSAGE AND TREATMENT**SERVICES AVAILABLE:**

10:00 AM – 9:00 PM

LOCATION: level -1

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Opustite se u potpunosti u našem spa centru i prepustite se specijalizovanim masažama pruženim od strane naših iskusnih terapeuta. Smešten na -1. nivou hotela, spa centar hotela Holiday Inn predstavlja idealno mesto za oporavak tela i uma uz širok spektar tretmana i terapija.

Dozvolite našem strastvenom wellness timu da kreira jedinstveno iskustvo za telo, um i dušu, prilagođeno vašim individualnim potrebama.

Relax completely in our spa center and indulge in specialized massages provided by our experienced therapists. Located on the -1st level of the Holiday Inn hotel, our spa center is the ideal place for body and mind rejuvenation, offering a wide range of treatments and therapies.

Allow our passionate wellness team to create a unique experience for your body, mind, and soul, tailored to your individual needs.

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MASAŽE

MASSAGE

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RELAX MASAŽA

Cilj relax masaže je potpuna relaksacija organizma od svakodnevnog stresa i ubranog načina života. Izuzetno prijatna masaža koja se izvodi laganim pokretima, kako bi se klijent opustio i uveo u stanje potpunog mira.

🕒 50 min
6500 RSD

🕒 80 min
7900 RSD

RELAX MASSAGE

This massage aims to completely relax the body from everyday stress and accelerated lifestyle. An extremely pleasant type of massage done with gentle and slow sliding movements to achieve the highest level of relaxation.

🕒 50 min
6500 RSD

🕒 80 min
7900 RSD

AROMATERAPIJA

Aromaterapijska masaža je vrsta masaže u kojoj koristimo eterična ulja. Deluje blagotvorno na kožu, zglobove, mišiće, cirkulaciju, emocije, smanjuje efekte stresa, opušta i podiže raspoloženje.

🕒 50 min
6900 RSD

🕒 80 min
8500 RSD

AROMATHERAPY MASSAGE

Aromatherapy massage is a type of massage in which we use essential oils. It has a beneficial effect on the skin, joints, muscles, circulation, emotions, reduces the effects of stress, relaxes and lifts the mood.

🕒 50 min
6900 RSD

🕒 80 min
8500 RSD

PARCIJALNA MASAŽA

Parcijalna masaža je usmerena ka određenom delu tela. Ova masaža ima za cilj rešavanje konkretnog problema.

🕒 30 min
5500 RSD

PARTIAL MASSAGE

Partial massage is directed specifically to a certain part of the body. This massage aims to solve a specific problem.

🕒 30 min
5500 RSD



SPORTSKA MASAŽA

Sportska masaža ima za cilj da što brže i efikasnije otkloni sve neželjene posledice koje nastaju usled većeg psihofizičkog napora. Može da se primenjuje kao priprema pred trening ili u cilju oporavka mišića posle fizičkog napora.

🕒 45 min
6000 RSD

🕒 60 min
7500 RSD

SPORTS MASSAGE

The aim of sports massage is to quickly and efficiently remove all unwanted consequences caused by increased physical effort. It can be used as a preparation before training or to recover muscles after physical exertion.

🕒 45 min
6000 RSD

🕒 60 min
7500 RSD

TERAPEUTSKA MASAŽA

Terapeutska masaža za cilj ima otklanjanje bola i napetosti mišića.

🕒 60 min
7200 RSD

THERAPEUTIC MASSAGE

Therapeutical massage has an aim to relieve pain and muscle tension.

🕒 60 min
7200 RSD



ANTISTRES MASAŽA

Antistres masaža predstavlja kombinaciju relaks i terapeutske masaže. Stimulacijom akupresurnih tačaka postiže se antistres efekat na ceo organizam.

🕒 50 min
7000 RSD

🕒 80 min
9200 RSD

ANTI-STRESS MASSAGE

Anti-stress massage is sa combination of relax and therapeutical massage - focused on the areas where stress is most commonly localised, such as the neck, shoulders, back, head, palms and feet.

🕒 50 min
7000 RSD

🕒 80 min
9200 RSD

HOT OIL MASAŽA

Masaža tela toplim uljem pomaže u obnavljanju kože oštećene od sunca i utiče na cirkulaciju krvi. Masaža celog tela oslobađa napetost, smiruje telo i um.

🕒 60 min
8500 RSD

HOT OIL MASSAGE

Hot oil body massage helps to repair the skin, combat sun damage and increase blood circulation. A full body massage releases tension and calms the body and mind.

🕒 60 min
8500 RSD

MASAŽA I PILING

Masaža u kombinaciji sa pilingom tela poboljšava cirkulaciju i tonus kože, uklanja toksične čestice i bakterije, izjednačava ten i uklanja tragove pigmentacije i fleka, čineći kožu mekom.

🕒 80 min
9500 RSD

MASSAGE & PEELING

Massage with peeling combination improves circulation and skin tone, removes toxic particles and bacteria, evens the complexion and removes traces of pigmentation and blemishes, leaving the skin soft.

🕒 80 min
9500 RSD



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TRETMANI LICA I TELA

FACE AND BODY
TREATMENTS

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TRETMAN LICA

Ovim tretmanom dubinski čistimo lice i pripremamo kožu za sve ostale napredne i anti-age tretmane.

🕒 60 min
7500 RSD

FACE TREATMANT

With these treatments, we deeply clean the face and prepare the skin for all other advanced and anti-aging treatments.

🕒 60 min
7500 RSD

ELEKTRIČNO ĆEBE

Električno ćebe se sastoji od naprednih grejača, koji deluju na uklanjanje celulita, masnih naslaga, smanjenje telesne mase, detoksikaciju, jačanje imuniteta, poboljšanje teksture kože, umanjenje nivoa stresa i bolova.

🕒 60 min
5500 RSD

ELECTRICAL BLANKET

Electrical blanket consists of advanced heaters, which act to remove cellulite, fat, reduce body weight, detoxify, strenghten immunity, improve skin texture, reduce stress and pain levels.

🕒 60 min
5500 RSD

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PAKETI PACKAGES

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FULL DETOX TRETMAN

Obuhvata tretman električnim ćebetom u trajanju od 40 minuta, masažu po izboru u trajanju od 50 minuta uz detox iznenađenje.

🕒 90 min
11500 RSD

FULL DETOX TREATMENT

This treatment includes a 40 minutes electric massage treatment, and a 50 minutes massage with a detox surprise.

🕒 90 min
11500 RSD

FULL BODY TRETMAN

Ovaj tretman podrazumeva sportsku masažu i tretman lica u trajanju od 60 minuta.

🕒 60 min
7500 RSD

FULL BODY TREATMENT

This treatment includes sport massage and face treatment in duration of 60 minutes.

🕒 60 min
7500 RSD

FULL BODY "PRESTIGE" TRETMAN

Ovaj tretman podrazumeva masažu po izboru u trajanju od 50 minuta i tretman lica. Ukupno trajanje tretmana je 100 minuta.

🕒 100 min
12500 RSD

FULL BODY "PRESTIGE" TREATMENT

This treatment includes massage by guest choice in duration of 50 minutes and face treatment. The duration of full treatment is 100 minutes.

🕒 100 min
12500 RSD

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