

# HOLIDAY INN BANGOR

## SPECIALTIES

<b>All-American Skillet</b>	<b>\$11.50</b>
Two eggs, cooked any style, served over breakfast potatoes with bits of bacon, sausage, ham, mushrooms, peppers and onion. (1010 CAL)	
<b>Biscuits and Gravy</b>	<b>\$8.50</b>
Freshly baked biscuit topped with sausage gravy and served with two eggs, cooked any style, and choice of meat. (860 CAL)	
<b>Morning Breakfast Burrito</b>	<b>\$10.50</b>
Two scrambled eggs with onion, peppers, bacon, crisp potatoes and shredded cheese wrapped in a warm flour tortilla. (1280 CAL)	
<b>Pancakes</b>	<b>\$8.50</b>
Golden griddled pancakes served with warm maple syrup. (1120 CAL)	
<b>Sunrise Sandwich</b>	<b>\$9.50</b>
One egg, cooked any style, Cheddar cheese and choice of meat on an English muffin, served with breakfast potatoes. (840 CAL)	
<b>Traditional French Toast</b>	<b>\$8.50</b>
Four pieces of French toast served with warm maple syrup. (790 CAL)	

WARNING: Certain foods and beverages sold or served here can expose you to chemicals including acrylamide in many fried or baked foods and mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/restaurant](http://www.P65Warnings.ca.gov/restaurant).

2,000 calories a day is used for general nutritional advice, but calorie needs vary. Additional nutrition information available upon request.

**BREAKFAST HOURS**  
**7 DAYS A WEEK 6:30AM TO 9:30AM**

## HOTEL FAVORITES

<b>InnJoyable Breakfast</b>	<b>\$10</b>
Two eggs, cooked any style, served with breakfast potatoes and your choice of meat and toast. (870 CAL)	
<b>Tailor Made 3 Egg Omelette</b>	<b>\$10.50</b>
Made with your choice of 1 meat (sausage, ham or bacon), 1 cheese (Cheddar, Swiss, American, pepper jack, or provolone) and 3 vegetables (peppers, onions, tomatoes, mushrooms or spinach), served with breakfast potatoes and toast. (640+ CAL)	
<b>Start Fresh Wrap</b>	<b>\$9.50</b>
Scrambled egg whites with mushrooms, spinach, onion and provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit. (820 CAL)	
<b>Malted Mini Waffles</b>	<b>\$11</b>
Waffles served with berries, whipped cream and warm syrup. (1010 CAL)	
<b>Build Your Perfect Breakfast</b>	<b>\$10.50</b>
Choose your eggs, meat and a side. Perfect! (560+ CAL)	

## SIDES

<b>Fruit</b> (100 CAL)	<b>\$4.50</b>
<b>Breakfast Potatoes</b> (290 CAL)	<b>\$3.50</b>
<b>Bacon</b> (160 CAL)	<b>\$4.50</b>
<b>Sausage</b> (360 CAL)	<b>\$4.50</b>
<b>Toast</b> (120 CAL)	<b>\$3.50</b>

## DRINKS

<b>Assorted Soft Drinks</b> (0-160 CAL)	<b>\$3.50</b>
<b>Coffee</b> (0 CAL)	<b>\$3.50</b>
<b>Juice</b> (110-140 CAL)	<b>\$4.50</b>
<b>Tea</b> (0 CAL)	<b>\$3.50</b>
<b>Milk</b> (150 CAL)	<b>\$3.50</b>

**PICK-UP SERVICE**  
**Dial Ext. 279**



# BREAKFAST MENU

