

## Nourish

Balanced Nutrition + Deliciousness

### Vegetable Omelet\* (V, GF)

Cage-free eggs, spinach, roasted red peppers, tomatoes, fontina & parmesan cheese - 368 cal  
Optional: \*Add turkey sausage or pork bacon +2  
Served with choice of one side

### Egg White Brioche\*

Cage-free egg whites, turkey sausage, fontina cheese with spicy aioli on a brioche bun - 360 cal  
Served with choice of one side

### Avocado Toast (V)

Avocado, roasted tomatoes, arugula, & parmesan cheese on toast- 598 cal  
Optional: \*Add an egg +2

### Classic Oatmeal (V, GF)

Oatmeal served with brown sugar, walnuts, & seasonal berries - 290 cal

## Sides

**Roasted Fingerling Potatoes (V, GF)** - 144 cal **5**

**Fresh Fruit (V, GF)** - 65 cal **3**

**Breakfast Salad (V, GF)** - 59 cal **5**

## Crave

Classic Favorites with a Modern Twist

**14 Two Eggs Your Way\*** **13**

Two fresh cage-free eggs, pork bacon or turkey sausage, toast - 640 cal  
Served with choice of one side

**14 Western Poblano Omelet\* (GF)** **14**

Cage-free eggs, roasted poblano peppers, onions, bacon, cheddar cheese, & a side of salsa - 377 cal  
Served with choice of one side

**10 Bacon, Egg & Cheese Biscuit\*** **12**

Bacon, over-easy egg, & cheddar cheese on a biscuit - 696 cal  
Served with choice of one side

**8 Steak & Egg Bowl\* (GF)** **18**

Hand-sliced flank steak with roasted fingerling potatoes, blend of cheddar cheese, over-easy egg, Hollandaise sauce, & chives - 788 cal

**Belgian Waffle (V)** **15**

Belgian waffle with a honey citrus syrup, oranges, fresh berries, & Greek yogurt - 704 cal

**Toast & Muffins** **3**

Ask your server for today's selection

## Beverages

**Freshed Brewed Coffee** **3**

**Hot Tea** **3**

**Premium Orange Juice** **3**

**Latte** **4**

**Single Espresso Shot** **3**

**Double Espresso Shot** **4**

GF - Gluten-Free

V - Vegetarian

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## Crave

Classic Favorites with a Modern Twist

### Small Plates & Flats

#### Caprese Salad\* (V)

Vine-ripened tomatoes, fresh mozzarella cheese, pesto with a balsamic drizzle & black pepper arugula salad & black pepper crostini - 566 cal

#### Oven-Baked Shrimp\* (GF)

Mediterranean seasoned shrimp with a parmesan crust, roasted tomatoes & a lemon garlic white wine sauce. Served with toasted baguette - 540 cal

#### Apple & Brie Flatbread (V)

Garlic aioli with brie, Granny Smith apples, arugula, & a balsamic glaze - 1115 cal

10

18

14

#### Roasted Chicken Wings\* (GF)

Roasted chicken wings tossed with a spicy, sweet, harissa sauce or smokey barbecue sauce - 1484 cal  
Served with ranch, carrots & celery

#### Steak Skewers\*

Flank steak served with an asian soy glaze, & arugula salad & black pepper crostini - 686 cal

#### Steak Flatbread\*

Flank steak with roasted garlic sauce, parmesan, gorgonzola, & pesto drizzle - 1272 cal

14

18

18

### Sandwiches & Salads

#### Mozzarella Chicken Sandwich\*

Toasted brioche bun with seasoned chicken breast, roasted red peppers, fresh mozzarella cheese, spinach & garlic mayo - 606 cal  
Served with your choice of one side

#### Southwest Salad\* (GF)

Chopped romaine, Southwest seasoned chicken breast, corn, black bean & tomato salsa, shredded fontina, avocado, shaved red onions, lime garnish, served with an avocado ranch dressing & crispy tortilla strips - 380 cal  
Add steak- 250 cal (5) or shrimp- 90 cal (6)

14

15

#### Original Burger\*

All-beef patty, cheddar cheese, romaine lettuce, tomato, red onion & spicy garlic aioli on a brioche bun - 780 cal  
Add bacon (2)  
Served with your choice of one side

#### Cobb Salad\* (GF)

Chopped romaine, hard-boiled egg, fresh tomatoes, spicy brown sugar bacon, gorgonzola cheese, & creamy poblano dressing - 529 cal  
Add chicken - 130 cal (4), steak- 250 cal (5) or shrimp- 90 cal (6)

16

13

### Sides & Desserts

#### Sides

Side Salad (V) - 141 cal

Roasted Broccoli (V, GF) - 167 cal

Fingerling Potatoes (V) - 545 cal

Macaroni & Cheese (V) - 636 cal

5

5

5

5

#### Desserts

Chocolate Mousse Cake (V) - 450 cal

Apple Tart (V) - 665 cal

9

8

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