

Nourish

Balanced Nutrition + Deliciousness

Vegetable Omelet* (V, GF)

Cage-free eggs, spinach, roasted red peppers, tomatoes, fontina & parmesan cheese - 368 cal
 Optional: *Add turkey sausage or pork bacon +2
 Served with choice of one side

Egg White Brioche*

Cage-free egg whites, turkey sausage, fontina cheese with spicy aioli on a brioche bun - 360 cal
 Served with choice of one side

Avocado Toast (V)

Avocado, everything seasoned bread, roasted tomatoes, arugula, & parmesan cheese - 598 cal
 Optional: *Add an egg +2

Classic Oatmeal (V, GF)

Oatmeal served with brown sugar, walnuts, & seasonal berries - 290 cal

Sides

Roasted Fingerling Potatoes (V, GF) - 144 cal 5

Fresh Fruit (V, GF) - 65 cal 4

Breakfast Salad (V, GF) - 59 cal 5

Bacon 5

Pork Sausage 4

Turkey Sausage 5

Steak 6

Boiled Eggs 4

Single Egg 2

Crave

Classic Favorites with a Modern Twist

13 Two Eggs Your Way* 13

Two fresh cage-free eggs, pork bacon or turkey sausage, toast - 640 cal
 Served with choice of one side

14 Western Poblano Omelet* (GF) 14

Cage-free eggs, roasted poblano peppers, onions, bacon, salsa, & cheddar cheese - 377 cal
 Served with choice of one side

10 Bacon, Egg & Cheese Biscuit* 13

Bacon, over-easy egg, & cheddar cheese on a biscuit - 696 cal
 Served with choice of one side

10 Steak & Egg Bowl* (GF) 15

Hand-sliced flank steak with roasted fingerling potatoes, blend of cheddar cheese, over-easy egg, Hollandaise sauce, & chives - 788 cal

Belgian Waffle (V) 14

Belgian waffle with a honey citrus syrup, oranges, fresh berries, & Greek yogurt - 704 cal

Toast & Muffins 4-5

Ask your server for today's selection

Beverages

Freshed Brewed Coffee 3

Hot Tea 3

Latte 5

Single Espresso Shot 5

Double Espresso Shot 9

GF - Gluten-Free

V - Vegetarian