

Nourish

Balanced Nutrition + Deliciousness

Egg White Brioche*

Cage-free egg whites, turkey sausage, fontina cheese with spicy aioli on a brioche bun - 360 cal
 Served with choice of one side (See Below)

Avocado Toast (V)

Avocado, everything seasoned bread, roasted tomatoes, arugula, & parmesan cheese - 598 cal
 Optional: *Add an egg +3

Classic Oatmeal (V, GF)

Oatmeal served with brown sugar, walnuts, & seasonal berries - 290 cal

Something Extra

Toast	4
Muffin of the Day	5
Whole Fruit	2
Side of Protein	6
1 Egg your way	3
Yogurt Parfait	12
Your Choice Cereal+Milk+Whole Fruit	12

Sides

Roasted Fingerling Potatoes (V, GF) - 144 cal	6
Fresh Fruit (V, GF) - 65 cal	10
Breakfast Salad (V, GF) - 59cal	6

Crave

Classic Favorites with a Modern Twist

16	Two Eggs Your Way*	17
	Two fresh cage-free eggs, pork bacon or turkey sausage, toast - 640 cal Served with choice of one side (See Below)	
15	Bacon, Egg & Cheese Biscuit*	16
	Bacon, over-easy egg, & cheddar cheese on a biscuit - 696 cal Served with choice of one side (See Below)	
12	Steak & Egg Bowl* (GF)	20
	Hand-sliced flank steak with roasted fingerling potatoes, blend of cheddar cheese, over-easy egg, Hollandaise sauce, & chives - 788 cal	
	Belgian Waffle (V)	16
	Belgian waffle with a honey citrus syrup, oranges, fresh berries, & Greek yogurt - 704 cal	

Beverages

	Fresh Brewed Coffee	4
	Hot Tea	4
	Your Choice of Juice	4

In a rush?

Ask your server for a Breakfast Sandwich & a side.
 (A bacon, egg & cheese biscuit sandwich with your pick of any of our sides)

GF - Gluten-Free

V - Vegetarian

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Classic Favorites with a Modern Twist

Small Plates & Flats

<p>Caprese Salad* (V) 14 Vine-ripened tomatoes, fresh mozzarella cheese, pesto with a balsamic drizzle & Black pepper crostini - 566 cal</p> <p>Oven-Baked Shrimp* (GF) 18 Mediterranean seasoned shrimp with a parmesan crust, roasted tomatoes & a lemon garlic white wine sauce. Served with toasted baguette - 540 cal</p> <p>Apple & Brie Flatbread (V) 16 Garlic aioli with brie, Granny Smith apples, arugula, & a balsamic glaze - 1115 cal</p>	<p>Roasted Chicken Wings* (GF) 18 Roasted chicken wings tossed with a spicy, sweet, harissa sauce or smokey barbecue sauce - 1484 cal Served with ranch, carrots & celery</p> <p>Steak Skewers* 20 Flank steak served with an Asian soy glaze, & black pepper arugula salad & black pepper crostini - 686 cal</p> <p>Steak Flatbread* 19 Flank steak with roasted garlic sauce, parmesan, gorgonzola, & pesto drizzle - 1272 cal</p>
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Sandwiches & Salads

<p>Mozzarella Chicken Sandwich* 18 Toasted brioche bun with seasoned chicken breast, roasted red peppers, fresh mozzarella cheese, spinach & garlic mayo - 606 cal Served with your choice of one side</p> <p>Southwest Salad* (GF) 18 Chopped romaine, Southwest seasoned chicken breast, corn, black bean & tomato salsa, shredded fontina, avocado, shaved red onions, fresh cilantro, lime garnish, served with an avocado ranch dressing & crispy tortilla strip - 380 cal Add steak- 250 cal +5 or shrimp- 90 cal +6</p>	<p>Original Burger* 18 All-beef patty, cheddar cheese, romaine lettuce, tomato, red onion & spicy garlic aioli on a brioche bun - 780 cal Add bacon +2 Add Extra Patty +4 Served with your choice of one side</p> <p>Cobb Salad* (GF) 16 Chopped romaine, hard-boiled egg, fresh tomatoes, spicy brown sugar bacon, gorgonzola cheese, & creamy poblano dressing - 529 cal Add chicken - 130 cal +4, steak- 250 cal +5 or shrimp- 90 cal +6</p>
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Sides & Desserts

Sides

Side Salad (V) - 141 cal	6
Roasted Broccoli (V, GF) - 167 cal	6
Fingerling Potatoes (V) - 545 cal	6
Macaroni & Cheese (V) - 636 cal	12

Desserts

Chocolate Mousse Cake (V) - 450 cal	9
Apple Tart (V) - 665 cal	8

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