

Nourish

Balanced Nutrition + Deliciousness

Vegetable Omelet* (V, GF)

Cage-free eggs, spinach, roasted red peppers, tomatoes, fontina & parmesan cheese - 368 cal
 Optional: *Add turkey sausage or pork bacon +2
 Served with choice of one side

Egg White Brioche*

Cage-free egg whites, turkey sausage, fontina cheese with spicy aioli on a brioche bun - 360 cal
 Served with choice of one side

Avocado Toast (V)

Avocado, everything seasoned bread, roasted tomatoes, arugula, & parmesan cheese - 598 cal
 Optional: *Add an egg +2

Classic Oatmeal (V, GF)

Oatmeal served with brown sugar, walnuts, & seasonal berries - 290 cal

Sides

- Roasted Fingerling Potatoes (V, GF)** - 144 cal **5**
- Fresh Fruit (V, GF)** - 65 cal **4**
- Breakfast Salad (V, GF)** - 59 cal **6**

Crave

Classic Favorites with a Modern Twist

- 15 Two Eggs Your Way*** **14**
 Two fresh cage-free eggs, pork bacon or turkey sausage, toast - 640 cal
 Served with choice of one side
- 15 Western Poblano Omelet* (GF)** **16**
 Cage-free eggs, roasted poblano peppers, onions, bacon, salsa, & cheddar cheese - 377 cal
 Served with choice of one side
- 13 Bacon, Egg & Cheese Biscuit*** **14**
 Bacon, over-easy egg, & cheddar cheese on a biscuit - 696 cal
 Served with choice of one side
- 12 Steak & Egg Bowl* (GF)** **21**
 Hand-sliced flank steak with roasted fingerling potatoes, blend of cheddar cheese, over-easy egg, Hollandaise sauce, & chives - 788 cal
- Belgian Waffle (V)** **13**
 Belgian waffle with a honey citrus syrup, oranges, fresh berries, & Greek yogurt - 704 cal
- Toast & Muffins** **3-5**
 Ask your server for today's selection

Beverages

- Freshed Brewed Coffee** **4**
- Hot Tea** **4**
- Premium Orange Juice** **5**

GF - Gluten-Free

V - Vegetarian