

Nourish

Balanced Nutrition + Deliciousness

Vegetable Omelet* (V, GF)

Cage-free eggs, spinach, roasted red peppers, tomatoes, fontina & parmesan cheese - 368 cal
 Optional: *Add turkey sausage or pork bacon +2
 Served with choice of one side

Egg White Brioche*

Cage-free egg whites, turkey sausage, fontina cheese with spicy aioli on a brioche bun - 360 cal
 Served with choice of one side

Avocado Toast (V)

Avocado, everything seasoned bread, roasted tomatoes, arugula, & parmesan cheese - 598 cal
 Optional: *Add an egg +2

Classic Oatmeal (V, GF)

Oatmeal served with brown sugar, walnuts, & seasonal berries - 290 cal

Sides

- Roasted Fingerling Potatoes (V, GF)** - 144 cal 5
- Fresh Fruit (V, GF)** - 65 cal 3
- Breakfast Salad (V, GF)** - 59 cal 5

Crave

Classic Favorites with a Modern Twist

- 13 Two Eggs Your Way*** 13
 Two fresh cage-free eggs, pork bacon or turkey sausage, toast - 640 cal
 Served with choice of one side
- 13 Western Poblano Omelet* (GF)** 13
 Cage-free eggs, roasted poblano peppers, onions, bacon, salsa, & cheddar cheese - 377 cal
 Served with choice of one side
- 10 Bacon, Egg & Cheese Biscuit*** 12
 Bacon, over-easy egg, & cheddar cheese on a biscuit - 696 cal
 Served with choice of one side
- 8 Steak & Egg Bowl* (GF)** 15
 Hand-sliced flank steak with roasted fingerling potatoes, blend of cheddar cheese, over-easy egg, Hollandaise sauce, & chives - 788 cal
- Belgian Waffle (V)** 11
 Belgian waffle with a honey citrus syrup, oranges, fresh berries, & Greek yogurt - 704 cal
- Toast & Muffins** 3
 Ask your server for today's selection

Beverages

- Freshed Brewed Coffee** 3
- Hot Tea** 3
- Premium Orange Juice** 3
- Latte** 4
- Single Shot Espresso** 3
- Double Shot Espresso** 4

GF - Gluten-Free

V - Vegetarian