

EVEN Balanced Breakfast
 \$24 per person

Enhancements

Coffee Service

ARTIFEX Regular and Decaf, Assorted Hot Teas, Served With Soy Milk, Almond Milk, Half And Half Or Whole Milk and assorted Sweeteners

Assorted Fresh Juices

Orange, Apple.

Freshly Baked Muffins, Pastries, Croissant

Served With Butter And Assorted Jams And Jellies

Plain Greek Yogurt

with granola

Fresh Fruit



Bacon Egg & Cheese Biscuit

\$8 Per Person

Whole Cage Free Egg, Cheddar Cheese And Sliced Bacon Served On A Buttermilk Biscuit with Fruit Or Roasted Potatoes

Green Goddess Breakfast Wrap

\$8 Per Person

Crisp Green Goddess Slaw, Cage Free Egg Whites, Avocado and Mozzarella Cheese, in a Whole Wheat Tortilla

Avocado Toast

\$10 Per Person

Creamy Avocado, Sprouted Wheatberry Bread, Roasted Tomatoes, Topped with Arugula and Shaved Parmesan

Multigrain And Plain Bagels

\$4 Per Person

(Gluten Free Multigrain Bagels Available Upon Request) With Cream Cheese

Pearl Sugar Citrus Waffles

\$10 Per Person

Belgian Waffle, Honey Citrus Glaze, With Oranges, Fresh Berries And Greek Yogurt Topping

Assorted Breads

\$4 Per Person

Jams And Butter With Multigrain, Sourdough, And Everything Seasoned Breads

Parfaits

\$6 Per Person

Granola And Yogurt Parfaits with Fresh Fruit

Signature Smoothie Shooters

\$8 Per Person

Meanie Greenie: Baby Spinach, Banana, Mangoes, Pineapple Juice, Cucumber And Chili Powder

Immunity: Baby Spinach, Pineapple Juice, Mango And Banana

Intervention: Pineapple Juice, Orange Juice, Wild Berries, Banana And Strawberry Greek Yogurt.

Soft Drinks

\$8 Half Day | \$12 Full Day

Coke, Diet Coke, Sprite & Dasani Bottled Water

Brain Power Break
 \$18 per person

Refuel Break
 \$22 per person

Sweet & Salty Break
 \$22 per person

R & R Break
 \$25 per person

Snack Service

An Assortment Of Fresh Whole Fruit, Granola Bars & Chobani Greek Yogurts

Coffee Service

ARTIFEX Regular and Decaf, Assorted Hot Teas, Served With Almond Milk, Half And Half Or Whole Milk and assorted Sweeteners

Soft Drinks

Coke, Diet Coke, Sprite & Dasani Bottled Water



BYO Trail Mix

Toasted Granola, Assorted Dried Fruits, Assorted Nuts, Dark Chocolate Chips

Fresh Fruit

An Assortment Of Fresh Whole Fruit

Coffee Service

ARTIFEX Regular and Decaf, Assorted Hot Teas, Served With Soy Milk, Almond Milk, Half And Half Or Whole Milk and assorted Sweeteners

Soft Drinks

Coke, Diet Coke & Sprite & Dasani Bottled Water



Baked Treats

Cookies, Brownies, assorted Fresh Baked Goods

Granola Bars

Kind, Lara And Clif

Assorted Individual Chips

Soft Drinks

Coke, Diet Coke, Sprite & Dasani Bottled Water

Signature Smoothies

Meanie Greenie: Baby Spinach, Banana, Mangoes, Pineapple Juice, Cucumber And Chili Powder

Immunity: Baby Spinach, Pineapple Juice, Mango And Banana

Intervention: Pineapple Juice, Orange Juice, Wild Berries, Banana And Strawberry Greek Yogurt.

Snack Service

An Assortment Of Fresh Whole Fruit, Granola Bars & Chobani Greek Yogurts

Revive Coffee Station
 \$40 Per Gallon

ARTIFEX Regular and Decaf, Assorted Hot Teas, Served With Soy Milk, Almond Milk, Half And Half Or Whole Milk and assorted Sweeteners

Brain Power Meal

\$32 per person

Mozzarella Chicken Sandwich
Brioche Bun, Grilled Chicken, Garlic Herb
Mayo, Spinach, Roasted Red Peppers and
Fresh Mozzarella Cheese.

Turkey Club

Everything Whole Wheat Bread, Oven
Roasted Turkey Breast, Pesto Aioli,
Fontina Cheese, Bacon, Tomato and
Greens

Spinach Salad

Fresh Spinach, Cucumbers, Cherry
Tomatoes & Carrots With Lemon
Vinaigrette

Choice Of Assorted Baked And Regular
Potato Chips, Herbed Fingerling
Potatoes, Cucumber & Tomato Salad, Or
Macaroni & Cheese

Soft Drinks & Assorted Mini Desserts



Recharge Meal

\$38 per person

Tossed Salad

Fresh Spinach, Cucumbers, Cherry
Tomatoes & Carrots With House Lemon
Vinaigrette

Steak Skewers

Seasoned Flank Steak With Arugula Salad
And Black Pepper Crostini's

Chicken Tacos

Zesty slaw, fresh avocado, pico de gallo,
chipotle crema, and fresh cilantro

Soft Drinks

Coke, Diet Coke, & Sprite, Tea, And
Lemonade

Assorted Desserts

Cookies, Brownies

EVEN keeled meal
\$28 per person

Bigger Bites
\$32 per person



Assorted Sandwiches And Wraps

Roasted Turkey Bacon

Cheddar, Romaine, And Mayo On Toasted Sourdough

Chicken Caesar Wrap

Crisp Romaine In A Whole Wheat Tortilla,

Roasted Red Pepper And Veggie Wrap

Signature Salad

Arugula, Balsamic Vinaigrette, Hard Boiled Eggs, Kalamata Olives And Lemon Herb Fingerling Potatoes

Kettle Chips

Assorted Variety

Dessert Assortment

Fresh Baked Cookies, Brownies, Apple Tart

Soft Drinks

Coke, Diet Coke, & Sprite and Dasani Water

Signature Flatbreads

Apple Brie: Garlic Aioli, Brie, Baked Granny Smith Apples, Arugula, and Balsamic Fig Glaze

Herb & Garlic Steak: Flank Steak, Creamy Herb Oil, Parmesan And Blue Cheeses And Pesto

Margherita: Roma Tomatoes, Fresh Mozzarella, Chiffonade Of Basil

Baked Wings

Crispy Chicken Wings Tossed In Spicy Sweet Harissa Or Balsamic Dijon Served With Ranch Dressing

Medi Avocado Salad

Mixed Greens, Tomatoes, Hard Boiled Eggs, Fire Roasted Corn, Fontina Cheese And Avocado

Assorted Desserts

Soft Drinks

Coke, Diet Coke, & Sprite and Dasani Water