tir a môr

LIGHT BITES, SNACKS & SHARERS

Artisan bread selection, Shirgar butter	5
Herb-marinated Nocellara olives (ve)	7
Garlic, rosemary and Halen Môn salted butter flatbread (v)	8
Seasonal soup	7
Tir a mor sharing platter Glamorgan bites, Welsh rarebit, crispy fried chicken, Welsh beer battered fish goujons, cefn mawr farm sliders	24
Baked camembert, truffled Welsh honey, artisan bread	13
SMALL PLATES	
Crispy fried chicken, Sriracha, garlic & soy, Asian salad	11
Welsh beer battered fish goujons, tartare sauce	8
Houmous, warm pitta, toasted seeds	7
Baba Ghanoush, flatbread, pomegranate	7
Pan fried chorizo and potato	8
Garlic king prawns, lemon, herbs and olive oil	9
SALADS	
Caesar Caerdydd Gem lettuce, Caesar dressing, croutons, Parmesan cheese	10
Superfood salad (ve) Mixed leaves, quinoa, avocado, beans, goji berries, flax seeds	10
Add: Grilled goats cheese 8 Chicken IO Grilled king prawns I2	

MAINS

Welsh beer-battered fish and chunky chips, minted pea purée, tartare sauce Add curry sauce	22
Slow-cooked beef and red wine ragu, pappardelle, San Marzano tomatoes, pangrattato, Parmesan	20
Cefn Mawr Farm beef chuck burger, cheddar, artisan bun, spiced seasonal slaw, fries	22
Grilled chicken breast, avocado, bacon, artisan bun, spiced seasonal slaw, fries	20
Spinach and kale burger, vegan bacon, flat mushroom, smoked vegan Applewood cheese, artisan bun, seasonal slaw (ve)	20
Add to your burger: Fried free-range egg (v) Welsh rarebit Smoked bacon Cheddar (v) Flat mushroom (ve)	2 each
SANDWICHES	

Crispy fried sriracha chicken wrap	10
Severn & Wye smoked salmon & cream cheese bagel	10
Glazed Welsh ham salad & mustard mayo bloomer Please choose white or brown bloomer	10
Black bomber mature cheddar & orchard fruit chutney bloomer Please choose white or brown bloomer	10
Welsh Rarebit Croque Monsieur	10

SIDES

Fries or thick chips (ve)	5
House salad (ve)	6
Beer battered onion rings, aioli	6
Tender stem broccoli, chilli lemon and garlic	6

DESSERTS

Bara Brith bread and butter pudding, Dairy Farm vanilla ice cream (v)	9
Chocolate Cremeux, poached strawberries, chocolate crumb	8
Two scoops of Dairy Farm ice cream or sorbet, coulis, berries, chocolate (v)	9
Welsh cheeseboard, Pembrokeshire biscuits, grapes, chutney	14