





East Grinstead High Street

West Sussex boasts some of the most wonderful examples of Tudor buildings, and non-more so than on East Grinstead High Street, where old certainly meets new.

STARTERS

Sticky chicken wings Buffalo wings - Frank's original hot sauce, drizzled with ranch dressing 6 672kcal Thai wings - sweet chilli and honey sauce topped with red chilli slices 827kcal BBQ wings - hickory smoked barbeque topped with spring onions 6 704kcal	8.00
Tomato and roasted red pepper soup warm crusty bread ♥ 324kcal	6.50
Crispy salt and pepper squid garlic and herb dip, lemon @ 463kcal	8.50
Loaded nachos grated cheese, sour cream, guacamole, salsa and jalapeños v 6 1139	7.50 kcal
Harissa houmous and warm flatbread grilled peppers, chilli oil and coriander 👽 568kcal	7.50
Halloumi fries sweet chilli, sour cream and coriander ♥ 568kcal	7.50
Falafel bites quinoa, brown rice, edamame and tomato, lemon, red onion and coriander vegan yoghurt dressing 358kcal	8.00

SANDWICHES

Traditional sandwiches

served on white, malted grain or gluten free bread with crisps

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Chicken, avocado and mayo 911kcal	8.75
Baked ham, mature Cheddar and tomato chutney 19 821kcal	8.50
Mediterranean tuna 🛭 707kcal	8.25
Falafel, houmous and grilled pepper wrap 4 529kcal	8.00
Deli sandwiches served with skin-on-fries	
The club classic triple decker stack of grilled chicken, bacon, egg, tomato, crisp lettuce and mayonnaise 1612kcal	15.00
Grilled cheese and ham sandwich sliced bloomer bread, baked ham, melted Cheddar and mozzarella topping 1277kcal	13.50
Grilled mushroom and cheese sandwich sautéed mushrooms with garlic and parsley, melted Cheddar and mozzarella topping 1346kcal	13.50
Gourmet fish finger deli roll crisp battered cod pieces, tartare sauce, skin-on-fries and a pot of minted mushy peas 1422kcal	15.00

BURGERS

Our burgers are served in a toasted brioche style bun with lettuce, tomato, red onion, gherkin slice, mayonnaise and skin-on-fries

Classic beef burger crisp bacon and Monterey Jack cheese 1531kcal	17.00
Southern fried chicken burger crispy coated chicken fillet, crisp bacon, Monterey Jack cheese and hickory smoked barbeque sauce 1314kcal	16.50
Garden gourmet plant-based burger grilled flat mushroom and spicy salsa 1092kcal	16.00

PIZZAS

Caprese vine and sun blushed tomatoes with ripped mozzarella	▼ 1245kcal
Pepperoni spicy pepperoni 1156kcal	15.50
Garden vine tomatoes, grilled peppers, mushrooms, red onion (Vegan option available 1060kcal	15.50 ▼ 1071kcal
Milano Parma ham, roast fig and dolcelatte 1028kcal	16.50

LARGE PLATES

Chicken makhani curry abasmati rice, garlic and coriander naan bread, poppadom and mango chutney 951kcal	17.00
Penang vegetable curry with coconut milk, chilli, lemon grass and ginger basmati rice, garlic and coriander naan bread, poppadom and mango chutney 673kcal	17.00
Slow cooked lamb shank butter mash, carrots, peas and mint gravy 1002kcal	22.00
Chicken schnitzel garlic and parsley butter, rocket, shaved Grana Padano an	16.50 and fries 1141kcal

SIDES

Chunky chips 🕫 🚭 522kcal or skin-on-fries 👣 🚱 505kcal	4.50
Sweet potato fries • 497kcal	4.50
Tomato, avocado and red onion salad, balsamic dressing 😉 😝 166kcal	4.50
Beer battered onion rings 🕡 544kcal	5.00
Garlic bread slices, melted mozzarella ② 267kcal	4.50
Mini Caesar salad 204kcal	4.50
Steamed carrots, fine beans and peas 🕫 🚱 74kcal	4.50
House salad, balsamic dressing (2) (2) 40kcal	4.50

SALADS

it most.

Classic Caesar salad	13.00
baby gem lettuce, crunchy croutons, shaved Grana Padar	no and creamy
Caesar dressing 289kcal	
Add grilled chicken breast 210kcal	16.00
Nourish salad bowl	14.00
baby gem and rocket, kale, vine tomatoes, cucumber, avo	ocado, radish,
red onion, mango, watermelon, edamame, quinoa, brown	rice and
honey mustard dressing V G 452kcal	
Add grilled chicken breast @ 210kcal	17.00
Add grilled halloumi 👽 🚭 344kcal	18.00
For every dish sold 50p will be donated to GiveWell. Give	eWell search
for and support the charities that save or improve lives the	
pound, taking zero fees so 100% of donations goes to the	•

DESSERTS

Warm triple chocolate brownie vanilla ice cream, chocolate sauce ♥ ♠ 734kcal	7.50
Raspberry frangipane tart raspberry coulis 🕫 🚭 390kcal	7.25
Baked vanilla cheesecake mango sorbet and coulis ♥	8.00
Sticky toffee pudding toffee sauce and vanilla ice cream v 646kcal	7.75
Indulgent ice creams very vanilla ♥ 73kcal, salted caramel ₱ 77kcal, honeycomb ₱ 89 mango sorbet ₱ 44kcal, truly chocolate ♥ 85kcal, strawberries and cream ♥ 80kcal – calories are listed per scoop	6.50 kcal,
Mini dessert and coffee ♥ chocolate fudge cake and an americano 203kcal or lemon tart and an americano 192kcal	7.00

v vegetarian v vegan of gluten free 2 available 24 hours

All prices are inclusive of VAT at the current rate. All items are subject to availability and all weight is approximate uncooked weights. A discretionary 10% service charge will be added to your bill. Any discretionary gratuities will be distributed in full to our team members. Please inform your server before ordering if you have a food allergy or intolerance. All of our dishes are prepared in kitchens that handle allergens and, it is possible that some of our ingredients may have come into contact with traces of allergens during the preparation process. Customers who are subject to allergic reactions and intolerances must take this into consideration before ordering food. Please ask for the allergen version of this menu and speak to a member of our team if you have any additional enquiries. Adults need around 2,000 Kcal a day.