



# RISE AND SHINE

## - BREAKFAST MENU -

Monday – Friday 6:30am – 10:30am

Saturday – Sunday 7:00am – 11:00am

For parties of 8 or more, A 22% gratuity will be automatically added to the bill.

**\*\*CAGE FREE EGGS USED WITH ALL MEALS\*\***

### The All-American Classic \$15

2 cage free eggs, any style with home style potatoes and creamy grits Your choice of 3 crispy bacon or 2 Savory pork sausage and toast.

*\*Add pancakes \$2*

### The Cascade Ribeye \$19

A royal start to your day 10oz juicy ribeye: steak grilled to perfection, served with two eggs any style and your choice of home style potatoes or creamy grits and toast.

*\*Add pancakes for just \$2 and reign supreme*

### Short Stack Supreme \$12

Three fluffy buttermilk pancakes stacked high and served with your choice of two strips of bacon or two sausage links.

*\*Add egg any style \$2*

### Hearty Hash Breakfast \$14

TWO eggs your way, house- made corned beef hash, ands your choice of home style potatoes or grits. Comes with toast for that perfect finish.

*"Add pancakes for \$2 to make it epic.*

### Waffle Wake-Up \$13

Crispy on the outside, fluffy on the inside Belgian waffle served with your choice of three bacon strips or two sausage links, and one egg cooked your way.

### Virginia Sunrise \$14

Fried egg and melty cheese stacked with your choice of beef smoked sausage, bacon, or classic sausage on toasted bread (Sourdough, White or Wheat). Served with home style potatoes or grits.

*\*Add pancakes \$2.00*

### The Ultimate Omelet \$16

A fluffy three-egg omelet packed with bacon, sausage, cheddar blend, bell peppers, onions, spinach, and mushrooms. Served with home style potatoes or grits.

*\*Upgrade with , pancakes for just \$2*

### Fresh Start Parfait \$9

Creamy Greek yogurt layered with crunchy granola and topped with a colorful side of seasonal fruit. Light, refreshing, and energizing.

### Croissant French Toast w/ warm maple syrup \$13

Served with 2 eggs your way, Choice of 2 slices of bacon or 2 link sausage, grits or home style potatoes.

### Chicken & Waffles \$18

Sweet S Buttery, light and fluffy Belgium Waffle topped with delicious wings fried to perfection and Eggs your way.

### Shrimp and Grits \$8

Creamy butter grits served with Jumbo Shrimp with a Savory sauce and sautéed tri - color peppers and onions.

### Morning Flatbread \$14

Naan, Scrambled eggs, bacon sundried tomatoes, spinach, cheddar & Monterey jack cheese.

### Smashed Avocado \$13

Grilled Multigrain bread w/ smashed Avocado, roasted cherry tomatoes, microgreens" everything bagel seasoning".

## SIDES & ADD-ONS

Pancakes (2) – \$2

Pancake and Waffle Toppings  
strawberries, blueberries, chocolate chips,  
walnuts – \$2

Toast 2 slices – \$2  
(Wheat, White, Sourdough)

Grits – \$3

Corned Beef Hash – \$4

Home Style Potatoes – \$3

Bacon (4) – \$4

Eggs (1) – \$2

Sausage – \$5

Seasonal Fruit – \$4

Assorted Cereal – \$4

Egg white Substitute – \$3

### Bakery

Warm Buttery Croissants – \$3

Warm Blueberry Muffin – \$4

Toasted Bagel – \$4

## - Drinks -

Orange Juice – \$4

Cranberry Juice – \$4

Sweet or Unsweet Tea – \$4

Lemonade – \$4

Coffee (Regular or Decaf) – \$4

Assorted Hot Teas – \$3

Milk – \$3

Soft Drinks – \$4

**\*\*Bloody Mary – \$10**

**\*\*Mimosa – \$10**

**\*\*Soft Drinks, Sweet or Unsweetened Tea and coffee (free refills)**



### Kids Breakfast

Kids 6 years and younger

### Tiny Stack Combo \$7

Three mini silver dollar pancakes served with two bacon strips or sausage links, plus a cup of fresh seasonal fruit.

### Little Scrambler Plate \$5.6

One egg any style, your choice of two bacon slices or sausage links, toast, and a side of seasonal fruit.





NOON DELIGHTS

- LUNCH MENU -

Monday - Thursday 11:30am - 3:00pm	Friday - Saturday 11:30 - 3:30pm	Sunday 12:00pm - 3:30pm
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For parties of 8 or more, A 22% gratuity will be automatically added to the bill.  
\*\*All sandwiches served with french fries. (Sweet potato fries - add \$2)\*\*

Club Sandwich \$14

Honey ham three-pepper turkey, American cheese, crispy bacon, lettuce, and tomato on your choice of white or wheat toast.

Veggie Wrap \$14

Spinach wrap filled with lettuce, tomato, cucumbers, sweet peppers, green and red bell peppers, black beans, corn, and house vegetarian sauce. Served with fruit or fries

Crispy Fried Chicken Sandwich \$14

Boneless buttermilk chicken breast, fried to perfection, topped with lettuce, tomato, and mayo. Choice of Plain or Buffalo style on a soft brioche bun.

Salads

Caesar Salad \$9

Crispy romaine lettuce tossed in homemade Caesar dressing with parmesan cheese and croutons.

- Add Grilled Chicken - \$6.00
- Add Grilled Shrimp - \$7.00
- Add Grilled Salmon - \$9.00

Homemade Chicken Salad Sandwich \$15

White meat chicken mixed with onions, celery, and our house sweet dressing. Served on a warm croissant with lettuce and tomato.

Spring Greens Salad \$10

Fresh greens with carrots, tomatoes, cucumbers, mushrooms, onions, sliced boiled egg, crumbled bacon, shredded cheese, and croutons.

- Add Crispy Chicken - \$6.00
- Add Grilled Chicken - \$6.00
- Add Grilled Shrimp - \$7.00

Turkey Avocado Sandwich \$14

Roasted turkey, crispy bacon, sliced avocado, pepper jack cheese, lettuce, and tomato.

Grilled Cheese BLT \$14

Traditional buttery grilled cheese piled high with 8 slices of crispy bacon, lettuce, and tomato. Choice of white, wheat, or sourdough bread.

Homemade Soups (Cup - \$6, Bowl - \$8)

- Tomato Basil
- Broccoli & Cheddar
- Chicken Noodle

Kascade's Smash Burger Patty Melt \$15

Half-pound seasoned burger, smashed and grilled to perfection. Topped with your choice of melted cheese and grilled onions, served on a soft brioche bun. Add Bacon - \$2, Add Fried Egg - \$2

Half Sandwich or Wrap with Soup - \$9.99

Your choice of a bowl of our homemade soup, served with a half sandwich or wrap. (Excludes burgers)

Veggie Burger \$16

Southwestern black bean burger, grilled and topped with house vegetarian mayo, lettuce, and tomato.

Kids Lunch

Kids 6 years and younger

Ask your server about our desserts of the day.

Chicken Tenders \$5.99

2 Crispy Tenders served with fries or seasonal fruit cup and small drink.

- Drinks -

Small Cheese Burger \$5.99

Served with choice of fries or seasonal fruit cup and small drink.

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|---------------------------------|-------------------------|
| Orange Juice - \$4              | Assorted Hot Teas - \$3 |
| Cranberry Juice - \$4           | Milk - \$3              |
| Sweet or Unsweet Tea - \$4      | Soft Drinks - \$4       |
| Lemonade - \$4                  | **Bloody Mary - \$10    |
| Coffee (Regular or Decaf) - \$4 | **Mimosa - \$10         |

Grilled Cheese Sandwich \$5.99

Served with choice of fries or seasonal fruit cup and small drink.

\*\*Soft Drinks, Sweet or Unsweetened Tea and coffee (free refills)

