# Food Menu

CROWNE PLAZA®

BY IHG

Lucknow

# Salads

**YUM WOON SEN SEAFOOD** — 675
Glass noodle salad mixed with lemon garlic chilli dressing and seafood (375 kcal)

**CLASSICAL CAESAR SALAD** — 625
Crispy lettuce with caesar dressing, chicken & garlic bread croutons (721 kcal)

**ROASTED VEGETABLES & PEARL MILLET SALAD** — 625
Roasted vegetables with pearl millet, lemon and maple syrup (177 kcal)

**CRISPY LOTUS BURRATA CHAAT** — 675
Fried crispy lotus stem hand tossed with mint sauce, tamarind sauce pomegranate and dollop of burrata cheese (325 kcal)

**TRADITIONAL GREEK SALAD** — 575
Tomato, cucumber, olives and mixed lettuce tossed in lemon dressing with dollop of feta cheese (244 kcal)

**CLASSICAL CAESAR SALAD** — 575
Crispy lettuce with caesar dressing & garlic bread croutons (597 kcal)

**GARDEN GREEN SALAD** — 325
Fresh seasonal vegetables (40 kcal)

# Appetizers

**CROWNE NON-VEG PLATTER** — 1375
Chef special non-vegetarian platter with 3 types of starters, tandoor & Asian

**GALOUTI KEBAB** — 825
Double fine minced lamb spice infused and smoked served with warqi paratha (767 kcal)

**GOONG PAD PRIK PAO** (CHEF SEPICAL) — 775
Stir fried prawns with Thai roasted chilli paste and basil (560 kcal)

**TANDOORI FISH TIKKA** — 675
Fresh water fish infused with carom seeds cooked in clay oven (700 kcal)

**AYAM BAKAR** — 675
Indonesian chicken marinated with herbs and coconut milk served with spicy peanut sauce (412 kcal)

**SZECHUAN CHICKEN** — 675
Chicken morsels tossed with Szechuan pepper and chilli, onion, capsicum, scallions (695 kcal)

**KUTTI LAL MIRCH KA MURGH TIKKA** — 675
Chicken marinated in yogurt, spices & cooked in clay oven (813 kcal)

**CHICKEN DIM SUM** — 675
Crystal vegetable dim sum stuffed with chicken mince, ginger, scallions

**CROWNE KEBAB PLATTER** — 1175
Chef special vegetarian platter with 3 types of starters, tandoor & Asian

**LAL MIRCH KA PANEER TIKKA** — 625
Cottage cheese infused with red chilli & spices, cooked in clay oven (278 kcal)

**TOMATO & PARMESAN ARANCINI BALLS** — 625
Crispy fried Arborio rice dumplings served with basil pesto (563 kcal)

**VIETNAMESE VEGETABLE SPRING ROLLS** — 625
Spring roll sheet filled with vegetable and glass noodles. Served with sweet chilli dip (592 kcal)

**KHUMB KE GALAOUTI KEBAB** — 625
Double fine minced mushroom spice infused and smoked (480 kcal)

**AVOCADO TACOS** — 575
Mexican corn tacos stuffed with guacamole and refried beans served with pineapple and tomato salsa (278 kcal)

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**MUSHROOM KOTHE** — 625
Pan fried tender mushroom dumpling served with tomato sesame, chilli cilantro sauce, soy garlic

**CHAI DIM SUM** — 625
Crystal vegetable dim sum stuffed with exotic greens and garlic ginger flavor

# Soups

**CREAM OF CHICKEN SOUP** — 375
Mushroom, chicken served with soft rolls and butter (220 kcal)

**MANCHOW SOUP** — 325/375
Chinese soup tossed with vegetables served with crispy noodles (278 kcal)
Vegetarian/Chicken

**ASIAN CLEAR SOUP** — 325/375
Vegetarian/Chicken (175 kcal)

**TOMATO BASIL SOUP** — 325
Classic soup with tomato puree and fresh basil leaves served with soft rolls and butter (74 kcal)

**LEMON CORIANDER SOUP** — 325
A clear, tangy and herbaceous soup cilantro flavor (199 kcal)

**BROCCOLI & ASPARAGUS SOUP** — 325
Freshly mashed broccoli and asparagus served with soft rolls and butter

**MINESTRONE SOUP** — 325
A rustic Italian soup made with vegetables and beans in a tomato based broth, cheese and pasta trimmings (315 kcal)

# Burgers, Sandwiches & Wraps

**CROWNE LAMB BURGER** — 875
Minced herb lamb patty, tomato, lettuce, gherkin, onion, caramelized onion, sesame bun (679 kcal)

**CROWNE CHICKEN BURGER** — 775
Minced chicken patty, cheddar, tomato, lettuce, gherkin, cucumber, caramelized onion, sesame bun (989 kcal)

**CROWNE VEGETABLE BURGER** — 675
Vegetable & potato patty, cheddar, tomato, lettuce, gherkin, cucumber, caramelized onion, sesame bun (724 kcal)

**CROWNE CLUB SANDWICH CLASSIC NON-VEG** — 825
Choice of wholewheat or white bread with tomato, lettuce, cucumber, cheddar, coleslaw, pork bacon, fried egg, chicken (525 kcal)

**CROWNE CLUB SANDWICH** — 725
Choice of wholewheat or white bread with tomato, lettuce, cucumber, cheddar, coleslaw, grilled bell pepper, zucchini (388 kcal)

**BOMBAY GRILLED SANDWICH** — 675
A double decker sandwich filled with potato, beets, cucumber, tomato and onion all united by cilantro mint (497 kcal)

**CHICKEN KATHI ROLL** — 775
Chicken, peppers, onion & egg (684 kcal)

**VEGETABLE KATHI ROLL** — 675
Paneer, peppers & onion (708 kcal)

**CROWNE TORTILLA WRAP** — 625/725
Chicken caesar chilli rubbed mushroom & peppers (708 kcal)
Vegetable/Chicken

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# Pasta

**WHOLE WHEAT/GLUTEN FREE PASTA (PENNE)** — 675 (375 kcal)
Choice of sauce (Arrabbiata/ Alfredo/Aglio e olio)

**HAND CRAFTED RAVIOLI** — 675 (310 kcal)
Handmade ravioli, spinach and ricota cheese tossed in primavera sauce

**CHOOSE YOUR PASTA** (310 kcal)
Spaghetti, Penne, Fettuccine, Farfalle or Fusilli

**CARBONARA** — 775 (610 kcal)
With pork bacon, egg, black pepper and cream

**SPAGHETTI LAMB BOLONAISE** — 775 (685 kcal)
Spaghetti pasta tossed with bolognaise sauce made with red wine and minced lamb

**POLLO E FUNGHI** — 725 (313 kcal)
Chicken, mushroom, shallots and cream

**AGLIO E OLIO PEPPERONCINO** — 675 (994 kcal)
Tossed with garlic, olive oil, chilli flakes and herbs

**ARRABBIATA** — 675 (513 kcal)
With tomato, chilli, garlic, onion and basil

**ALFREDO** — 675
Mushrooms with butter and cream (605 kcal)

# Risotto

**ASPARGUS CHICKEN RISOTTO** — 825 (296 kcal)
Arborio rice, cooked in olive oil with hand pulled chicken, chopped garlic, thyme spring and parmesan cheese, white wine

**RISOTTO AI FUNGHI** — 775 (245 kcal)
Arborio rice, cooked in olive oil with wild mushroom, chopped garlic, thyme spring and parmesan cheese, white wine

# Hand Tossed Thin Crust Pizza

**PIZZA PEPPERONI** — 775 (480 kcal)
Tomato, mozzarella, pork pepperoni

**PIZZA AL POLLO** — 775 (598 kcal)
Tomato, mozzarella, shredded spiced chicken, mushroom, bell peppers, oregano

**BASIL PESTO GRILLED CHICKEN PIZZA** — 775 (478 kcal)
San Marzano tomatoes, grilled chicken, basil pesto, sundried tomatoes and fresh basil leaves

**CROWNE CHICKEN TIKKA PIZZA** — 725 (564 kcal)
Clay pot oven cooked chicken, onion and mushroom

**CROWNE EXOTIC FARM HOUSE PIZZA** — 675 (315 kcal)
Three bellpepper, caramelised onion,corn, sundried tomato

**PIZZA MARGHERITA BURRATA** — 675 (580 kcal)
Tomato, buffalo mozzarella, fresh basil, oregano, extra virgin olive oil

**PIZZA GIARDINIERA** — 625 (557 kcal)
Tomato, mozzarella, pickled chilli, mushroom, oregano grilled zucchini, bell peppers, caramelized onion

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# Entrée

**CROWNE NEW ZEALAND LAMB CHOPS** — 1575
Cooked to your liking, served with sautéed vegetables, red wine Jus and mashed potatoes (477 kcal)

**PAN SEARED SUPREME OF SALMON** — 1225
Served with sauteed vegetable and caper lemon sauce and green pea mash (440 kcal)

**FISH N CHIPS** — 825
Crumb fried fish with fries and tartar sauce (688 kcal)

**PAN SEARED CHICKEN BREAST** — 775
Grilled chicken breast with vegetables and mash potatoes (478 kcal)

# Asian

**PRAWNS IN BLACK PEPPER SAUCE** — 875
Tiger prawns wok tossed with black pepper sauce (360 kcal)

**WOK FRIED CHICKEN** — 775
Choice of sauces- black pepper/ szechuan/black bean (415 kcal)

**PANANG THAI CURRY** — 725
Dish made with coconut milk, peanuts, kaffir lime, and succulent prawns. (625 kcal)

**ASIAN VEG SELECTION** — 675
Vegetable Thai green/red curry (396 kcal)

Stir fried vegetables in chilli garlic sauce (180 kcal) — 625

Dumplings in soy garlic sauce (320 kcal) — 625

**CHAO FAN** — 625/675/775/875
Vegetable/Egg/Chicken/Prawns (460/432/428 kcal)

**WOK TOSSED NOODLES** — 625/675/775/875
Vegetable/Egg/Chicken/Prawns (328/325/331 kcal)

**WOK TOSSED RICE** — 625/675/775/875
Vegetable/Egg/Chicken/Prawns (425/465 kcal)

# Indian

**NALLI NIHARI GOSHT** — 975
Lucknowi style lamb nalli slowcooked richness of ghee (828 kcal)

**AWADHI GOSHT BIRYANI** — 975
Awadhi stlye lamb biryani flavorful rice, dum cooked (665 kcal)

**LAL MAAS** — 925
Jodhpuri style mutton cooked with mathania chilli (795 kcal)

**AWADHI MURGH KORMA** — 875
Awadhi style chicken cooked in rich cashew gravy (615 kcal)

**CHICKEN TIKKA LABABDAR** — 875
Chicken cooked in tomato onion gravy (598 kcal)

**AWADHI MURGH BIRYANI** — 875
Awadhi stlye chicken biryani flavorful rice, dum cooked (658 kcal)

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# *Indian*

**KADAI JINGA** — 975
Tiger prawns tossed with robust spices, onion, capsicum (710 kcal)

**MUTTON ROGAN JOSH** — 975
A Kashmiri lamb preparation (762 kcal)

**GOAN FISH CURRY** — 875
Goan fish curry made with coconut milk, tamarind and spices (442 kcal)

**CHOOZA TIKKA MAKHANI** — 775
Roasted chicken simmered in smoked tomato gravy (710 kcal)

**PANEER AAPKI PASAND** — 725
Choose your own paneer preparation- lababdar/butter masala/palak/kadai (402 kcal)

**NARGISI KOFTA** — 725
Paneer and potato stuffed with dry fruits served in saffron gravy (375 kcal)

**KHUMB TIKKA LABABDAR** — 675
Tandoori mushrooms tossed lababdar gravy (152 kcal)

**DUM ALOO BANARASI** — 675
Stuffed aloo with dry fruits, paneer, tomato cashew nut gravy (286 kcal)

**BHINDI MASALA** — 675
Seasonal bhindi cooked in tomato, onion, garlic, chilli (196 kcal)

**DIWANI SUBZ HANDI** — 625
Vegetables tossed in rich cashew nut gravy butter tossed in Indian spices (548 kcal)

**LEHSUNI DAL TADKA** — 625
Yellow lentils tempered with garlic, cumin and green Chilli (267 kcal)

**ALOO PYAAZ MASALA** — 625
Potato cooked with Indian spices, curd and cashew nut gravy, cumin (222 kcal)

**LEHSUNI PALAK** — 625
Garlic tossed fresh spinach curry (658 kcal)

**DAL MAKHANI** — 625
A traditional dish of slow cooked lentils, finished with cream and butter (640 kcal)

**GUTTA CURRY MASALA** — 625
Thick curry made from chickpea flour & yogurt with vegetable fritters (330 kcal)

**CROWNE MURGH BIRYANI** — 875
Boneless Chicken cooked with fragrant long grain basmati rice in pan, served with house salad and raita (584 kcal)

**CROWNE GOSHT BIRYANI** — 975
Tender Lamb cooked with long grain basmati rice in pan, served with house salad and raita (963 kcal)

**CROWNE SUBZ BIRYANI** — 775
Long grain basmati rice cooked with vegetables and Indian spices, served with house salad and raita (495 kcal)

## ASSORTED INDIAN BREADS

**KULCHA** (379 kcal) — 175
Aloo/ Pyaz/ Paneer/ Amritsari/ Gobi

**MISSI ROTI** (212 kcal) — 175

**ULTA TAWA PARATHA/ RUMALI ROTI/WARQI PARATHA** (220 kcal) — 175

**TAWA BREADS** (285/212 kcal) — 175
Paratha/Plain Phulka/ Butter phulka

**TANDOORI PARATHA** (166 kcal) — 175
Plain/ Pudina/ Lal mirchi/ Hari mirch

**NAAN** (281 kcal) — 145
Plain/ Butter/ Garlic/ Kalonji

**TANDOORI ROTI** — 125
Plain/ Butter

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# Side Dishes

| | | |
|---|---|---|
| **FRENCH FRIES/ POTATO WEDGES/ MASHED POTATO** | (365 kcal) | 375 |
| **VEGETABLE TOSSED SALAD** | (171 kcal) | 375 |
| **SAUTEED VEGETABLES/ STIR FRIED VEGETABLE** | (175 kcal) | 375 |
| **STEAMED RICE** | (130 kcal) | 375 |

# Healthy Options

| | | |
|---|---|---|
| **ROASTED VEGETABLE & AVOCADO SANDWICH**<br>Zucchini, bell peppers, mushroom and guacamole | (440 kcal) | 675 |
| **COTTAGE CHEESE STEAK**<br>Cottage steak served with saute vegetables and green peas mash, barbeque sauce | (309 kcal) | 675 |
| **TOFU SOY GARLIC**<br>Asian style stir fried tofu garlic, soy | (208 kcal) | 625 |
| **FALAFEL & HUMMUS ROLL**<br>Crispy falafel, tomatoes and cucumber served with turshi hummus dip | (410 kcal) | 625 |
| **VEGETABLE SHASHLIK**<br>Marinated vegetable skewers with barbeque sauce | (210 kcal) | 625 |

# Dessert

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|---|---|---|
| **CLASSIC TIRAMISU**<br>An Italian dessert consisting of layers of coffee-soaked ladyfingers, a rich and creamy mascarpone filling and a dusting of cocoa powder | (745 kcal) | 325 |
| **BLUEBERRY CHEESECAKE**<br>Mascarpone cheese, blueberry | (495 kcal) | 325 |
| **CHOICE OF ICE CREAM**<br>Vanilla/Strawberry/Chocolate | (393/410/ 612 kcal) | 325 |
| **RASMALAI**<br>Soft milk dumplings soaked in sweet, cardamom-flavored creamy milk, topped with nuts. | (144 kcal) | 325 |
| **FRESH FRUIT PLATTER** | (81 kcal) | 325 |
| **GULKAND GULAB KI PHIRNI**<br>Rice pudding infused with gulkand, rose, saffron | (168 kcal) | 325 |
| **SHAHI TUDKA WITH RABDI**<br>Fried bread topped with rabdi and dry fruits | | 325 |
| **GULAB JAMUN**<br>A type of dumpling, soaked in sweet, sticky syrup | (360 kcal) | 325 |

# Hot Beverages

| | | |
|---|---|---|
| **SELECTION OF COFFEE** | | 225 |
| Espresso | (2 kcal) | |
| Cappuccino | (47 kcal) | |
| Café Mocha | (38 kcal) | |
| Café Latte | (47 kcal) | |
| Americano/Black Coffee | (7 kcal) | |
| Decaffeinated Coffee | (2 kcal) | |
| **SELECTION OF TEA** | | 225 |
| English Breakfast | | |
| Green | | |
| Chamomile | | |
| Earl Grey | | |
| Peppermint | | |
| Assam | | |
| Darjeeling | | |
| Decaffeinated Tea | | |
| **HOT CHOCOLATE** | | 225 |

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# Mocktails

**APPLE MOJITO** 550
Mint, Sugar, Lemon, Apple
& Topped Lemonade

**SPICY MAYA** 550
Basil, Coriander, Ginger, Sugar,
Lemon Juice, Ginger Ale

**COOL OASIS** 550
Apple, Mango, Pineapple with Vanilla

**FROZEN FRUIT COLADAS** 550
Lime & Fresh Fruits of your Choice

**ICED TEA** 300
Lime, Peppermint, Ginger & Camomile

# Soft Beverages

| | |
|---|---|
| **SPARKLING (750ML)** | 500 |
| **SPARKLING (330ML)** | 325 |
| **MINERAL WATER** | 175 |
| **SOFT DRINK** | 250 |
| **SCHWEPPE'S TONIC** | 250 |
| **GINGER ALE** | 300 |
| **RED BULL** | 300 |
| **PRESERVED JUICE** | 225 |
| **SIGNATURE COLD COFFEE** | 225 |
| **HOT CHOCOLATE** | 225 |
| **MILK SHAKE** (Vanilla, Strawberry, Chocolate) | 275 |
| **LASSI** (Sweet ,Salted) | 225 |
| **BUTTER MILK** (Salted , Masala) | 225 |
| **FRESH LIME SODA / WATER** (Sweet , Salted) | 225 |

# Healthy Breakfast

**SELECTION OF BEVERAGES** 225
Home-made yogurt
Choice of toast
Cereals
Healthy squash juice
Free range eggs and spinach omelette

# KIDS MENU

| | | | |
|---|---|---|---|
| ● **FRENCH FRIES** | (325 kcal) | | 225 |
| ● **POTATO SMILEY** | (160 kcal) | | 275 |
| ● **GRILLED CHEESE SANDWICH** | (291 kcal) | | 375 |
| ● **MAC AND CHEESE** | (370 kcal) | | 375 |
| ▲ **FISH FINGERS** | (325 kcal) | | 425 |
| ▲ **CHICKEN NUGGETS** | (535 kcal) | | 425 |
| ● **HAKKA NOODLES** | (342 kcal) | | 375 |
| ● **KHICHDI** | (250 kcal) | | 325 |

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