SAMPANS

pan-asian cuisine

While You Wait

Edamame Beans with Sea Salt (vg) (54kcal)	£5.50
Prawn Crackers (330kcal)	£4.00

SOUPS

Chicken & Sweetcorn (138kcal)	£8.50
Spicy Tom Yum King Prawn, Tomato & Mushroom (127kcal)	£9.00
Spinach & Vegetables Dumplings (vg) (286kcal)	£8.50

Starters

DIM SUM

Dim Sum is a style of Cantonese Cuisine, prepared as a small bite- sized portion of food

Steamed

Peking Chicken Dumpling (188 kcal)	£8.50
Pork Sieuw Mai (255kcal)	£8.50
Vegetables Dumpling (vg) (245kcal)	£8. 50

Deep Fried

Vegetables Spring Rolls (371kcal)	£8.00
Salt & Pepper Squid (307kcal)	£8.50
Filo Prawn Twister (450kcal)	£11.00

TEMPURA

A Japanese dish of King Prawn or Vegetables that have been coated in a light batter and deep fried

King Prawn (333kcal)	£9.50
Vegetables (365kcal)	£8.25

DUCK

Aromatic Duck, Pancakes, Spring Onion and Hoi Sin Sauce

Quarter (2,022kcal)	£19.50
Half (3,586kcal)	£34.30

SMALL DISHES

Sampans Mixed Platter (for two) (1,213kcal) *Chicken satay, Sesame Prawn on Toast, Spare Ribs, Vegetable Spring Rolls, Chicken Dumpling*	£20.00
Soft Shell Crab with Salad and Thai Dressing (371kcal)	£13.50
Sesame Prawn on Toast (699kcal)	£9.00
Homemade Thai Fishcakes (670kcal)	£8.50
Barbeque Spare Ribs (475kcal)	£9.00
Chicken Satay Skewers (593kcal)	£9.50
Marinated Coconut Prawns (398 kcal)	£10.50
Spicy Chicken Karaage (597kcal)	£10.00

Main Course

CHICKEN/DUCK

Thai Green Chicken Curry (714kcal)	£18.25
Sweet and Sour Chicken (650kcal)	£18.25
Thai Red Curry Roasted Duck, Pineapple, Tomato, Lychees and Lime leaves (1,046kcal)	£21.00
Massaman Chicken Curry, Creamy Coconut Milk, Potatoes and Peanuts (933kcal)	£18.25
Sizzling Cantonese Chicken (738kcal)	£18.25
Chicken Chop Suey (454kcal) *Stir fried Carrots, Mangetout, Babycorn and Beansprout*	£18.25
Duck Breast with Ginger & Hoisin Sauce, Pak Choi, Pickled Ginger (1232kcal)	£22.00
Szechuan Chicken, Spicy Szechuan Sauce, Mixed Peppers, Courgettes & Chillies (847kcal)	£18.50

MEAT

Sizzling Beef in Black Bean Sauce (639kcal)	£21.00
Shredded Chilli Beef (1049kcal)	£21.00
Teriyaki Pork (653kcal) *Marinated In Teriyaki Sauce, Sake, Ginger. Cooked With Mixed Peppers, Carrots & Spring Onions*	£21.50
Stir Fried Beef with Oyster Sauce (604kcal)	£21.50
Beef with Onion, Black Peppers, Mushroom, Broccoli and Ginger (470kcal)	£21.00
Beef Rendang (764kcal) *A Malaysian Curry with Homemade Rendang sauce: Blended Lemongrass, Galangal, Ginger, Shallots, Chillies & Cashew Nuts, Cooked in Coconut Milk*	£21.00

SEAFOOD

Thai Yellow Curry Seabass, Coconut Milk, Celery and Crispy Shallots (699kcal)	£21.50
Kung Po King Prawn, Cashew Nuts, Mixed Pepper, Onions & Carrots (463kcal)	£21.00
Stir Fried King Prawn with Mangetout and Spring Onions (370kcal)	21.00
Krapow Softshell Crab, Chilli Garlic Sauce and Thai Sweet Basil (195kcal)	£24.50
Steamed Seabass Fillet with Thai Dressing and Coriander (285kcal)	£20.00

VEGETARIAN & VEGAN

Thai Red Curry Vegetables (vg) (572 kcal)	£15.00
Stir Fried Vegetables in Black Bean Sauce (vg) (412kcal)	£15.00
Vegetables Pad Thai *Egg, Tofu, Mixed Vegetables, Peanuts & Tamarind Sauce (v)(1034kcal)*	£15.00
Szechuan Vegetables *Spicy Szechuan Sauce & Mixed Oriental Vegetables (vg) (318kcal)*	£15.00
Tofu Pak Choi, Cashew nuts, Chilli and Onions (vg) (445kcal)	£16.00

RICE & NOODLES

Nasi Goreng *Spicy Fried Rice, Char Sui Pork, Chicken & Prawns (1,068kcal)*	£16.50
Special Chow Mein *Stir Fried Egg Noodles with Beef, Chicken and Oriental Vegetables (1,037kcal)*	£16.50
Singapore Noodles *Spicy Vermicelli Noodles, Char Sui Pork, Chicken & Prawns (1,081kcal)*	£16.50
Prawn Pad Thai *Rice Noodles, Egg, Tofu, Beansprouts and Tamarind Sauce (1,232kcal)*	£16.50

SIDES

Steamed Rice (vg) (274kcal)	£4.00
Egg Fried Rice (453kcal)	£4.50
Coconut Rice (vg) (345kcal)	£5.50
Soft Noodles (463kcal)	£ 6.00
Stir Fried Pak Choi (vg) (121kcal)	£6.00

(v) Vegetarian (vg) Vegan

Food allergies and intolerances: Please inform a member of staff before dining if you have allergy or intolerance. All food is prepared in an area where allergens are present. (Kcal) Energy content of dish in kilo-calories. Adults need around 2000 kcal a day. A 10% discretionary service charge will be added to your bill. All prices are inclusive of VAT at the current rate.

OPENING HOURS: 17.30 - 22.00 MONDAY - SUNDAY

CROWNE PLAZA® BY IHG