













# Bringing you the best of the Far East...

Sampans restaurant brings you the very best Pan-Asian cuisine with a collection of dishes to suit all tastes.



# Sampans Drinks

A sample of some of our popular products and introduction to some of our latest additions to the drinks menu...

# **ORIENTAL BEER**

Singha 330ml bottle (5%)	£6.25
Asahi 330ml bottle (5%)	£6.25
Tiger 330ml bottle (4.8%)	£6.25
Tsingtao 330ml bottle (4.7%)	£6.25

# **CIDER BEER**

Kopperberg Strawberry & Lime 500ml bottle	£6.25
Kopperberg Mixed Fruit 500ml bottle	£6.25
Magners Irish Cider 568ml bottle	£6.25

# LOW & NON-ALCOHOL

Becks Blue Zero 275ml bottle	£5.00
Magners Zero Cider 330ml bottle	£5.00

# **SPIRITS**

Jack Daniel's Tennessee Whisky 40%	£5.35
Hendricks Gin 41.40%	£5.85
Bombay Sapphire Gin 40%	£5.35
Warners Rhubarb Gin 40%	£5.85
Grey Goose Vodka 40%	£6.75
Bacardi Carta Blanca Rum 37.50%	£5.35
Henessey VS 40%	£5.85

# **SOFT DRINKS**

Pepsi Max 330ml bottle	£3.70
Diet Pepsi 330ml bottle	£3.70
Lemonade 330ml	£3.70
Mineral Water sparkling/still 750ml	£4.95
Mineral Water sparkling/still 330ml	£2.50
J2O Orange & passion fruit 275ml	£3.70
J2O Apple & raspberry 275ml	£3.70
Britvic Apple 250ml	£3.50
Belvoir Organic Elderflower pressé	£3.70
Fever-Tree Premium Tonic 200ml	£3.00
Britvic Juice 220ml	£2.80
Apple Juice	£2.80
Franklin & Sons, Valencian Orange & Pink Grapefruit with Lemongrass 275ml	£3.80
Franklin & Sons, Rhubarb Lemonade 275ml	£3.80

#### Welcome to Sampans Oriental Restaurant...

Over the centuries, the Chinese have developed a unique style and philosophy concerning their food. Most apparent is an accent on the freshness of ingredients and the balance of tastes.

Food travel, thus the cuisine in the rest of Asia, bears a strong Chinese influence. Through the passage of time, possibly the most important gift of the Chinese traveller was rice – which was first cultivated in China some 3000 years before it was cultivated elsewhere. Likewise, in terms of cooking, the Wok and Chopsticks are of Chinese origin. So, while food travels, at some point, they get stamped with a national identify – hence our decision to give expression to the national variations, results with us now introducing of Malaysian and Thai cuisine to our Sampans Menu. This reflects upon the nationalities and culinary expertise of our Sampans Team. All Asian countries use spices and flavorings in moderation. The key to any dish is the freshness of the food, but the balance of different flavorings gives each country a unique style of cuisine.

Chinese: The blend of Ginger, Scallions and Garlie

Thai: The combination of Basil, Chilies and Coriander Rool

Malaysian: The fusion of Coconut Milk, Lemon Grass and Galanc

#### **TO BEGIN**

Edamame Beans with Sea Salt (54 kcal) (v) (vg) £5.00 Prawn Crackers (490 kcal) £3.60

## SOUPS

Chicken and Sweetcorn (95 kcal) £7.50

Spicy Tom Yum with King Prawn, Tomato and Mushroom (113 kcal) £8.50

### **DIM SUM**

Dim Sum is a style of Cantonese Cuisine, prepared as a small bite - sized portion of food served in a small steamer basket

Steamed	Deep Fried
Peking Chicken Dumpling (174 kcal) £7.50	Vegetables Spring Rolls (v) (545 kcal) £7.00
Pork Sieuw Mai (255 kcal) £7.50	Crispy Prawn Wonton (552 kcal) £7.50
	Salt and Pepper Squid (646 kcal) £8.50

## TEMPURA

A Japanese dish of King Prawn or Vegetables that have been coated in a light batter and deep fried

King Prawn (639 kcal) £8.50 Mixed Vegetable (800 kcal) (v) £7.00

## DUCK

Aromatic Duck with Pancakes, Spring Onion, Cucumber and Hoi Sin Sauce

Quarter (2156 kcal) £17.50

Half (3759 kcal) £33.50

#### (v) Vegetarian (vg) Vegan

**Food allergies and intolerances:** Please inform a member of staff before dining if you have allergy or intolerance. All food is prepared in an area where allergens are present. (Kcal) Energy content of dish in kilocalories. Adults need around 2000 kcal a day.

#### SAMPANS

A 10% discretionary service charge will be added to your bill. All prices are inclusive of VAT at the current rate.

## **SMALL DISHES/STARTERS**

Sampans Mixed Platter (for two Chicken Satay Skewers, Sesame Pro Vegetable Spring Rolls, Salt & Peppe	wn on Toast, Barbeque Spare Ribs,
Chicken Satay Skewers (581 kc	al) £8.00
Sesame Prawn on Toast 698 kc	al) £8.00
Barbeque Spare Ribs (475 kcal)	£ 8.00
Homemade Thai Fishcakes (67	7 kcal) £8.50
Soft Shell Crab with Salt and Pe	epper (271 kcal) £12.50

# Main Course Selection

## **CHICKEN/DUCK**

Thai Red Curry Roasted Duck, Pineapple, Tomato, Lychees, Lime Leaves (923 kcal) £19.50 Thai Green Chicken Curry (707 kcal) £17.00 Sizzling Cantonese Chicken (737 kcal) £17.50 Duck Breast with Ginger, Hoi Sin Sauce, Pak Choi and Pickled Ginger (1232 kcal) £19.50 Massaman Chicken Curry, Potatoes, Peanuts and Creamy Coconut Milk (933 kcal) £17.00 Sweet and Sour Chicken (654 kcal) £17.00 Sambal Chicken (529 kcal) £17.00 Aromatic Malaysian Hot and Spicy Sauce with Chilli, Spices and Herbs

## MEAT

Sizzling Beef in Black Bean Sauce (639 kcal) £18.50 Shredded Chilli Beef (1049 kcal) £18.50 Hoi Sin Marinated Spicy Lamb (645 kcal) £20.50 Beef with Onion, Mushroom, Broccoli, and Ginger (470 kcal) £18.50 Beef Rendang (764 kcal) £18.50 A Mild Malaysian Curry with Coconut, Lemongrass and Lime Leaves

## **SEAFOOD**

Kung Po King Prawn, Cashew Nuts and Sweet Chili Sauce (463 kcal) £19.00 Thai Fragrant Steamed Sea Bass Fillet (285 kcal) £19.00

## VEGETARIAN

Thai Red Curry with Vegetables (572 kcal) (v) (vg) £14.00 Stir Fried Vegetables in Black Bean Sauce (412 kcal) (v) £13.50 Vegetable Pad Thai (1034 kcal) (v) £13.50 Vegetables in Sambal Sauce (301 kcal) (v) £13.50

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# **RICE/NOODLES**

Prawn Pad Thai, Spicy Tamarind Sauce with Rice Noodles and Peanuts (1232 kcal) £15.00

Singapore Noodles, Char Sui Pork, Chicken and Prawns (1081 kcal) £14.50 Special Chow Mein, Stir Fried Egg Noodles with Beef, Chicken and Vegetables (1037 kcal) £14.50

Nasi Goreng, Spicy Fried Rice with Char Sui Pork, Chicken, Prawns and Chilli (1068 kcal) £14.50

# **SIDES**

Egg Fried Rice (772 kcal) (v) £4.50
Steamed Rice (531 kcal) (v) (vg) £4.00
Soft Noodles (623 kcal) £6.00
Coconut Rice (572 kcal) (v) (vg) £5.00
Stir Fried Pak Choi (121 kcal) £7.00

# DESSERTS

Exotic Fruit Salad (118 kcal) (v) £8.00

Hot Chocolate Pudding (515 kcal) (v) £8.00 Vanilla Clotted Cream Ice Cream

Ice Cream (438 kcal) (v) £6.95 Vanilla Clotted Cream, Chocolate Ice Cream & Strawberry Ice Cream Three Scoops – Your Choice

Kuih Dar Dar (1074 kcal) (v) £8.50

A Pancake Flavored with Pandan Juice, Filled with Grated Coconut Steeped in Malasian Palm Sugar Served with Vanilla Ice Cream

# **TEA & STARBUCKS COFFEE**

## Pot of Loose Thai Jasmine Flower (72 kcal) £3.75

Pot of Tea Selection, Peppermint, Earl Grey, Lemon & Ginger (4 kcal) £3.75

Solo	Doppio
(5 kcal) £2.70	(10 kcal) £3.35
Tall	Grande
(132 kcal) £3.70	(174 kcal) £3.90
(120 kcal) £3.70	(139 kcal) £3.90
(10 kcal) £3.50	(16 kcal) £3.90
	(5 kcal) £2.70 Tall (132 kcal) £3.70 (120 kcal) £3.70

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If you require this menu in large print, please ask a member of staff.