Time to refuel.



STARTERS

Calamari £8.50 Crispy salt & pepper squid served with aioli (333 Kcal) Chicken Wings £8.50 Coated in a sticky BBQ sauce (563 Kcal) Tomato & Basil Soup £7.00 Served with bread (210 Kcal) Vegetable Samosa £7.00 Seasoned mix veg filling in a crisp filo pastry, served with red onion chutney (281 Kcal) Soup of the Day f7 00 Served with bread roll

MAINS

Grilled ribeye steak served with a choice of thick cut chips or mashed potato or house salad, onion rings and

£24.00

Ribeye Steak

a peppercorn sauce (763 Kcal)	
Fish & Chips Crispy beer-battered fresh fish fillet, deep fried and served with mushy peas, tartar sauce and thick cut chips (838 Kcal)	£16.95
Angus Beef Burger Angus beef burger, grilled and served in a brioche bun with homemade house tomato relish, lettuce, tomato, onion and gherkin, served with skinny fries (850 Kcal)	£16.50
Double patty (371 Kcal) - £4.00	
Add any of the following: cheese slice (21 Kcal), crispy bacon (74 Kcal) or fried egg (76 K £2.00 each	cal)
Vegan Plant Burger Vegan plant burger, grilled and served in a gluten-free brioche bun with homemade house tomato relish, lettu tomato, onion and gherkin, served with skinny fries (1610)	,
Double patty (940 Kcal) -£4.00	
Vegan cheese slice (18 Kcal) - £2.00	
Grilled Salmon Grilled salmon fillet served with mashed potatoes,	£18.50

sautéed spinach & hollandaise sauce (556 Kcal)	
Tuna Nicoise Salad Tuna steak, mixed leaves, fresh chopped coriander, red onion, olives, new potatoes, green beans, capers, cherry tomatoes and boiled eggs served with a tangy honey mustard dressing (554 Kcal)	£15.95
Caesar Salad Baby gem lettuce, parmesan shavings, anchovies and a hard-boiled egg with herby croutons and a Caesar dressing (147 Kcal)	£11.95
Add grilled chicken breast (155 Kcal) - £4.00 Add grilled salmon (366 Kcal) - £4.50	
Macaroni Cheese	£12.95

Our take on this classic dish, served with a crispy

cheese topping (1825 Kcal)

INDIAN SPECIALS

£13.95

Chicken Thalassery

of onions, tomatoes, red chillies, ginger and dry spices (5	04 Kcal)
Meen Kudampuli Curry House special king fish curry, cooked in a spicy and tangy sauce made from onions, fried chillies, turmeric and ginger (455 Kcal)	£15.45
Prawn Masala A full-of-flavour king prawn dish, cooked with tomatoes, onions, ginger and Kashmiri red chillies, tempered with mustard seeds, curry leaves and fresh lemon juice (350 Kcal)	£16.50

Chicken cubes cooked in a thick and fragrant sauce

Kayi Curry - Vegan £12.50 Carrots, potatoes, peas and beans steamed and cooked in a special sauce of freshly ground coconut, green chillies and turmeric. Goes well with paratha (259 Kcal)

Fresh spinach and toor dal cooked in a thick sauce of garlic, tomatoes and green peppers, flavoured with curry leaves (505 Kcal)	£12.00
Chana Masala - Vegan Chickpeas cooked in a thick tomato sauce, flavoured	£12.50

with onions, chillies and fresh coriander leaves (306 Kcal)

Adaphad Datata

SIDES

Mashed Potato (456 Kcal)	£4.00
Fries (322 Kcal)	£4.00
Onion Rings (432 Kcal)	£4.95
House Salad (26 Kcal)	£4.00
Greek Salad (472 Kcal)	£4.95
Rocket, Parmesan & Tomato (82 Kcal)	£4.50
House Coleslaw (482 Kcal)	£4.00
Basmati Rice Steamed plain white basmati rice (706 Kcal)	£4.00
Lemon Rice Rice tossed with lemon juice, fresh curry leaves, mustard seeds and turmeric (727 Kcal)	£4.50
Raita Delicately spiced yoghurt sauce with vegetables & coriander leaves (55 Kcal)	£4.00
Malabari Paratha (1183 Kcal)	£4.00
Plain Naan (362 Kcal)	£3.45
Garlic Butter Naan (198 Kcal)	£4.00



DESSERTS

New York Style Cheesecake (466 Kcal)	£7.50
Sticky Toffee Pudding With Custard (243 Kcal)	£7.50
Chocolate Brownie (234 Kcal)	£7.50
Selection of Ice Cream Vanilla, Strawberry and Chocolate (III Kcal)	£6.50
Mango Sorbet (354 Kcal)	£6.50

KIDS MENU £9.45

STARTER

Crudités With Hummus (275 Kcal)

MAINS

Spaghetti In Tomato Sauce (492 Kcal) OR Chicken Nuggets And Chips (331 Kcal) OR Mini Pizza And Side Salad (184 Kcal) OR Fish Goujons And Chips (292 Kcal)

DESSERTS

Sweet Waffle With Chocolate Sauce (397 Kcal) OR Ice Cream (1 scoop) (371 Kcal)

Allergen menus are available upon request. All of our dishes are prepared in our kitchen where nuts, flour etc are commonly used. Unfortunately we cannot guarantee our dishes will be free from traces of these products. All dishes may contain ingredients not listed in the menu descriptions.