# QUAYSIDE LOUNGE BAR MENU

Served from 12.00 till 22.00

## STARTERS & SMALL PLATES

Soup of the day, warm rustic bread (V) 528 kcal	£6.95	
Salt & pepper squid 295 kcal Chilli, spring onions, saffron lemon dressing	£8.50	
Caprese bites (V) 720 kcal Buffalo mozzarella, basil and sun blushed tomato croquettes, smoky tomato & chilli dip	£8.50	
Shanghai style chicken wings 853 kcal Hoisin reduction, Asian salad	£8.95	
Grilled prawn skewers (GF)(DF) 178 kcal Chilli and mint	£8.95	
Olives & Harissa hummus (VE) 743 kcal Beetroot falafel, chargrilled pitta bread	£8.95	
Classic bruschetta (VE)(V) 250 kcal With tomatoes, basil, garlic, olive oil	£7.95	
Garlic mushroom & blue cheese bruschetta (V) Rocket leaves 475kal	£8.95	
BOWLS		

Caesar salad (V) 1101 kcal Parmesan cheese, croutons, anchovies, Caesar dressing Add grilled chicken or roast salmon and egg £4.00	£12.95
Sweet potato, chickpea and feta bowl (V) 1175 kcal Romaine lettuce, rocket, spinach, marinated cherry tomato, roasted pepper, toasted pumpkin seeds Add grilled halloumi or chicken breast £4.00	£13.95
Chicken Milanese 847 kcal	£14.95

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Rocket, Parmesan and tomato salad, wholegrain mustard dressing	

#### SANDWICHES & WRAPS

Sandwich served with crisps and salad on a choice of w white, brown or gluten free bloomer	vrap,
BLT 1175 kcal Crispy bacon, romaine lettuce, beefsteak tomato, mayonnaise	£10.50
Ploughman's 842 kcal Mature cheddar, carved gammon ham, tomato, lettuce, sandwich pickle	£10.50
Hummus and avocado (VE) 739 kcal Rocket, red onion, tomato, chickpea, cracked black pepper	£9.50
Chicken, roasted peppers and pesto 838 kcal Romaine lettuce, black pepper mayonnaise	£10.50
Plaza Club 1450 kcal Roasted chicken, crisp bacon, free range egg and mayonnaise on toasted bloomer, served with skin on fries	£14.95
Steak sandwich 1048 kcal Marinated steak, caramelised onions, rocket and mustard mayonnaise on toasted ciabatta, served with skin on fries	£15.50
Spiced halloumi flatbread (V) 1182 kcal Smashed avocado, caramelised red onions and rocket, served with	£13.50

skin on fries

### LARGE PLATES

Teriyaki seabass 1210 kcal Marinated lemon grass, chilli on a bed of rice noodles, pak choy, spring onion, oriental dressing	£19.95
Beef Bourguignon 796 kcal Creamy mashed potato, button mushroom, pancetta, green beans, red wine jus	£26.00
Chargrilled 28 day aged sirloin steak 1195 kcal Roasted tomato, mushroom, rocket, skin on fries, peppercorn sauce	£28.00
Fish and chips (DF) <i>1456 kcal</i> Minted pea purée and homemade tartar sauce	£19.00
Harissa meatballs 1288 kcal Creamed pomodoro, fresh herbs, garlic & harissa spices, Parmesan cheese	£18.50
Mushroom, squash & broccoli pappardelle (V) Grana Padano, creamy white wine sauce 1250 kcal	£16.50
Spiced Cajun chicken burger 2100 kcal Brioche bun, tomato, lettuce, sweet chilli mayonnaise, fries	£17.50
Classic Plaza burger 1981 kcal Brioche bun, tomato, lettuce, mayonnaise, onion rings, bacon, gherkins, melted cheese, club sauce and fires	£17.95
Plaza vegan burger (VE) (GF Option) 1251 kcal Brioche bun, cheese, lettuce, tomato, gherkins, relish, skin on fries	£17.50
12" Sourdough pizza Margherita (V) 1456 kcal Torn mozzarella, rich tomato sauce, fresh basil, grated parmesan	£14.00
Add pepperoni, chorizo, grilled chicken, roasted peppers, mushrooms, olives, red onion, ham, mozzarella, basil £1.50 each	
Chicken or Paneer tikka masala curry (V) Roast vegetables, pilau rice, naan bread 1108 kcal / 1218 kcal	£16.95

#### SIDES £4.00 each

Chunky chips (V) 640 kcal	Buttered green beans (V) 243 kcal
Skin on fries (V) 448 kcal	House Salad (VE)(GF) 97 kcal
Steamed broccoli 78 kcal	Garlic mashed potato (V) 424 kcal

#### DESSERTS

Sticky toffee pudding (V) 550 kcal Toffee sauce, honey comb and honey comb ice cream	£8.95
Baked New York cheesecake (V) 475 kcal Raspberry sauce, mixed berries	£8.95
Chocolate brownie (V) 736 kcal Chocolate sauce and vanilla ice cream	£8.95
Warmed blueberry frangipane tart 659 kcal Berry compote, clotted cream vanilla ice cream	£8.95
Selection of ice creams or sorbets (V)(GF) 132 kcal – 654 kcal	£5.95

Please inform a member of staff if you have any allergies or dietary requirements.

We will be happy to advise which dishes are suitable, unfortunately we cannot guarantee the absence of traces of nuts and other allergens.

V=Vegetarian, GF=Gluten free, DF=Dairy free, VE=Vegan