

01午餐 Lunch 11:30-14:00晚餐 Dinner 17:30-21:30

Curated Chinese Cuisine
精选中餐



哈尼香茅排骨(P)
Deep-Fried Pork Ribs with Lemon Grass (P)
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup



丘北香煎牛仔粒
Work-fried Beef with Garlic and Pepper
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup



建水包浆豆腐(P)
Preserved Bean Curd with Pork Sauce (P)
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup



宣威小炒肉(P)
Fried Pork with Chili (P)
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup

楚雄干椒牛肝菌
Fried Bolete Mushroom with Chili
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup

川味辣子鸡
Fried Chicken with Garlic and Chili
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup

香茅牛肉
Lemongrass Beef
配料: 香茅, 牛肉, 辣椒, 味露
Ingredient: Lemongrass, Beef, Chili, Sauce

牛干巴
Deep-Fried Beef with Pepper
米饭1碗, 例汤1份
1 bowl of rice, 1 Daily of soup

泰式烤鱼
Thai Roasted Fish
配料: 柠檬, 姜芥, 小米椒, 香草
Ingredient: Lemon, Spice, Capsicum Frutescens, Herb

02午餐 Lunch 11:30-14:00晚餐 Dinner 17:30-21:30

特色凉菜 Cold Dishes



果木烤宜良小刀鸭
Roasted Duck Yunnan Style



蘸酱小黄瓜(V)
Fresh Cucumber with Bean Sauce (V)



芒市柔菜(V)
Mangshi Salad (V)



傣味酸辣木耳(V)
Spicy Black Fungus with Chili (V)

云南风味面条 Yunnan Style Noodles



小锅米线(P)
Yunnan Style Rice Noodles (P)



泰式炒河粉
Pad Thai



大理扒肉饵丝(P)
Dali Braised Pork Sauce Ersi (P)



老昆明大酥牛肉面
Kunming Braise Beef Noodle

03午餐 Lunch 11:30-14:00晚餐 Dinner 17:30-21:30

亚洲美食 Asian Cuisine

煎蛋
Fried Eggs

海南鸡饭
Hainan Chicken Rice

印尼炒饭
Nasi Goreng

中式炒时蔬
Fried Vegetable



印尼黄油鸡
Indian Butter Chicken

小吃 Snack



老昆明豆面汤圆
Doumian Tangyuan



普洱辣味乌鸡脚
Pu'er Spicy Chicken Feet

薯条
French Fries

香辣鸡翅(6只)
Spicy Chicken Wings(Six pieces)

香辣香肠配洋葱
Spicy Sausage with Onion

香辣蘑菇包(5个)
Spicy Mushroom Bread(Five pieces)

汤 Soup

每日例汤
Soup of the Day



云南汽锅鸡
Steamed Chicken Soup

奶油蘑菇汤
Mushroom Soup

土豆周打汤
Potato Chowder

粥类 Congee

可选择皮蛋瘦肉粥, 鱼片粥, 鸡肉粥, 粥类 Congee

搭配(白菜丝, 青菜, 姜丝, 皮蛋, 咸蛋);

可选三种咸菜; 橄榄菜, 花生米, 卤腐, 榨菜, 萝卜干, 老干妈水豆豉

Choose Minced Pork Congee with Preserved Egg, Fish Congee, Chicken Congee, with (shredded cabbage, green vegetables, shredded ginger, preserved egg, salted egg); Choose from three types of pickled vegetables: Olive vegetables, peanuts, Soya-tofu, pickled vegetables, dried radish, Laoganma fermented soybean paste

04午餐 Lunch 11:30-14:00晚餐 Dinner 17:30-21:30

Yunnan Cuisine Set Menu
滇味套餐

滇味单人套餐
Yunnan Cuisine Set Menu (Single Person) ¥49.00



曲靖韭菜花炒土豆丝
Qujing Leek Flower Stir-Fried Potato Shreds



傣味柠檬小木耳(V)
Spicy & Sour Dai-Style Black Fungus Salad (V)



红三剁(青椒番茄炒肉碎) (P)
Stir-Fried Minced Pork with Tomatoes and Green Peppers (P)

姬松茸汽锅鸡
Royal Sun Mushroom and Chicken Steam Pot Soup

米饭
Rice

滇味双人套餐
Yunnan Cuisine Set Menu (2-Person) ¥69.00



姬松茸汽锅鸡
Royal Sun Mushroom and Chicken Steam Pot Soup



宣威小炒肉(P)
Xuanwei Stir-Fried Meat (P)

傣味柠檬小木耳(V)
Spicy & Sour Dai-Style Black Fungus Salad (V)

曲靖韭菜花炒土豆丝
Qujing Leek Flower Stir-Fried Potato Shreds

米饭
Rice

05午餐 Lunch 11:30-14:00晚餐 Dinner 17:30-21:30

Cantonese Cuisine Set Menu
广式套餐

广式单人套餐
Cantonese Cuisine Set Menu(Single Person) ¥59.00



沙姜白斩鸡
Poached Chicken with Ginger



葱油炆拌脆笋丝(V)
Scallion Oil Mixed with Crispy Bamboo Shoots (V)



霸王花无花果煲龙骨(P)
Pork Ribs Soup with Dragon Fruit Flower and Figs (P)

拍蒜炆炒时令蔬菜(V)
Stir-Fried Seasonal Vegetables (V)

米饭
Rice

广式双人套餐
Cantonese Cuisine Set Menu (2-Person) ¥89.00



排骨煲玉米萝卜汤(P)
Corn and Carrot Stewed Pork Rib Soup (P)



黑椒菌菇牛仔粒
Stir-Fried Beef with Black Pepper and Mushroom

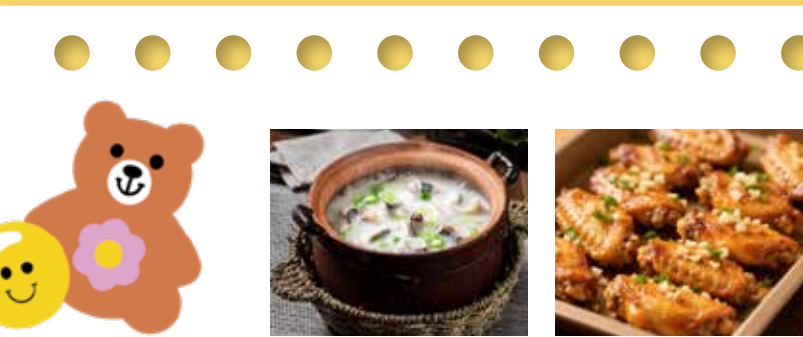
葱油炆拌脆笋丝(V)
Scallion Oil Mixed with Crispy Bamboo Shoots (V)

白灼时令蔬菜(V)
Boiled Seasonal Vegetables (V)

米饭
Rice



点单时间 Order Period 10: 00-23: 00



粥类
Congee
(鱼片粥、牛肉粥、鸡肉粥、蔬菜粥选择其一、配咸菜和花生米)
Choice of Fresh Fish, Sliced Beef, Shredded Chicken, and Vegetable, with Pickles and Peanuts

炸鱼柳配薯条(配薯条和番茄酱)
Fish & Chips (Served with Ketchup and Fries)

蒜香烤鸡翅(4只)
Deep-Fried Chicken Wings (4)

迷你牛肉汉堡(2个)
Mini Beef Burger(2)

芝麻面包夹牛肉饼配薯条和番茄沙司
Ground Beef Patty with Sesame Bun with Fries and Ketchup

意大利面(茄汁意大利面)
Spaghetti (Spaghetti with Tomato Sauce)

蛋炒饭
Fried Rice with Egg

时令水果盘
Fresh Fruit Platter

自选冰淇淋(1个球)
Ice Cream Choice Items (1)
香草/巧克力/草莓/芒果、
一种口味的冰淇淋球配浆果、鲜奶油及巧克力汁
Vanilla, Mango, Chocolate, Strawberry Ice-Cream,
Served with Whipped Cream and Topped with Chocolate Sauce



前菜及沙拉Appetizer Selection



香煎带子云南乳扇配树番茄	¥69.00	凯撒沙拉 (P)	¥59.00
Pan Fried Scallops、Yunnan Dairy Fan with Tomato		Caesar Salad (P)	
配料:彩色番茄,蘑菇(可选择云南油炸鸡枞或白蘑菇),玉兰菜 Ingredient: Colorful Tomato、Mushrooms(You can choose Fried Termitomyces Mushrooms or white mushrooms)、Belgian endive			
田园沙拉			¥59.00
Gargden Salad			
希腊沙拉			¥69.00
Greek Salad			

三明治,汉堡和扒肉Sandwich & Burger& Grilled



香格里拉牦牛肉三明治	¥59.00
Shangri La Yak Meat Sandwich	
配料:烤牛肉,茴香黄油,洋葱,泡菜,乳扇 Ingredient: Grilled Beef、Fennel Butter、Onions、Kimchi、Dairy Fan	
香煎三文鱼	¥129.00
Pan-Fried Salmon	
配菜:云南季节性蔬菜;酱汁:黑椒汁、蘑菇汁、红酒汁 Sides: Yunnan Seasonal Vegetables ; Sauce: Black Pepper Sauce、Mushroom Sauce、Red Wine Sauce	
牛肉汉堡	¥69.00
Beef Burger	
俱乐部三明治	¥69.00
Club Sandwich	
熏牛肉三明治	¥69.00
Pastrami Sandwich	
牛扒三明治	¥69.00
Steak Sandwich	

主菜Larger Plates



菲力牛排-220克	¥289.00
Filet Mignon 220gram	
可选择一份配菜(手切薯条、炒时蔬、炒蘑菇或沙拉);汁类任选:黑椒汁、蘑菇汁 Your choice of 1 dish(Hand Cut Fries,Vegetable,Fried Mushroom,Salad); Your choice of sauce: Black Pepper Sauce、Mushroom Sauce	
肉眼牛排-340克	¥276.00
Beef Rib Eye 340gram	
可选择一份配菜(手切薯条、炒时蔬、炒蘑菇或沙拉);汁类任选:黑椒汁、蘑菇汁 Your choice of 1 dish(Hand Cut Fries,Vegetable,Fried Mushroom,Salad); Your choice of sauce: Black Pepper Sauce、Mushroom Sauce	

单人牛排套餐Single Steak Set Menu¥68.00



主菜三选一 Choose one of the three main dishes	沙拉三选一 Choose one from three salads
黑椒牛排配时蔬 Black Pepper Steak with Seasonal Vegetables	苹果生菜沙拉(V) Apple Lettuce Salad (V)
法式鸡排配黑椒汁 French Style Chicken Chop with Black Pepper Sauce	凯撒沙拉(P) Caesar Salad (P)
香煎鱼柳配柠檬黄油汁 Fried Ffish Fillet with Lemon Butter Sauce	水果沙拉(V) Fruit Salad (V)

主食三选一 Choose one of the three staple foods	汤三选一 Choose one from three soups	甜品或水果三选一 Choose one of three desserts and fruits
咖喱鸡配白米饭 Curry Chicken Rice	奶油南瓜汤 Cream Pumpkin Soup	时令水果盘 Seasonal Fruit Plate
茄汁意面 Pasta with Tomato Sauce	奶油蘑菇汤 Cream of Mushroom Soup	蓝莓慕斯 Blueberry Mousse
小锅米线(P) Rice Noodles (P)	意大利蔬菜汤 Minestrone Soup	冰淇淋双球 Double Ball Ice Cream

意大利面Pasta



肉酱意面	¥59.00
Pasta with Meat Sauce	
(面可选择直面、通心粉、螺旋面、蝴蝶面,酱料为牛肉酱) (Noodles can be selected from straight, macaroni, spiral, butterfly, with beef sauce as the sauce)	
茄汁意面	¥59.00
Pasta with Tomato Sauce	
(面可选择直面、通心粉、螺旋面、蝴蝶面,酱料为香草茄汁) (Noodles can be selected from straight, macaroni, spiral, butterfly, with vanilla tomato sauce as the sauce)	
奶油腌肉意面(P)	¥59.00
Pasta with Cream Cured Meat(P)	
(面可选择直面、通心粉、螺旋面、蝴蝶面,酱料为芝士奶油汁) (Noodles can be selected from straight, macaroni, spiral, butterfly, with cheese cream sauce as the sauce)	
鲜虾意面	¥59.00
Pasta with Fresh Shrimp	
(面可选择直面、通心粉、螺旋面、蝴蝶面,酱料为黄油茄汁) (Noodles can be selected from straight, macaroni, spiral, butterfly, with butter tomato sauce as the sauce)	

甜品Dessrt



椰奶泡鲁达	¥39.00	拿破仑蛋糕	¥69.00
Coconut Paoluda		Mille-Feuille	
配料:椰奶,西米,面包干,红豆 Ingredient: Coconut、Sago、Bread、Red Bean			
冰淇淋(任选口味)	¥39.00	苹果派	¥59.00
Ice Cream (Choose Any Favor)		Apple Pie	
新鲜水果拼盘	¥39.00	纽约芝士蛋糕	¥49.00
Fresh Fruit Platter		New York Cheese Cake	
焦糖苹果塔	¥59.00	法式布雷	¥59.00
Caramel Apple Tart		Crème Brulee	

葡萄酒/Wine



远村霞多丽白葡萄酒/瓶	¥146.00
Long Country Chardonnay D.C Valle Central	
远村霞多丽白葡萄酒/杯	¥29.00
Long Country Chardonnay D.C Valle Central	
尼德堡酒庄特酿白苏维翁/瓶	¥336.00
Nederburg the Winemaster's Reserve Saucignon	
派克酒庄·白溜白/瓶	¥289.00
Pikes·The White Mullet	
远村梅乐红葡萄酒/瓶	¥146.00
Long Country Chardonnay D.O Valle Central	
远村梅乐红葡萄酒/杯	¥29.00
Long Country Chardonnay D.O Valle Central	
胡氏父子酒庄-勃艮第黑比诺红	¥699.00
Roux Pere & Fils, Bourgogne Pinot Noir	
干露红魔鬼红葡萄酒/瓶	¥416.00
Concha Y Tora PinotNoir	
干露红魔鬼红葡萄酒/杯	¥86.00
Concha Y Tora PinotNoir	

啤酒 Beer	鲜榨果汁 Freshly Squeezed Juice
青岛啤酒	¥9.90
Tsing Tao 316ml	
象牌啤酒	¥19.90
Chang Beer 300ml	
百威	¥9.90
Budweiser 330ml	
喜力	¥19.90
Heineken 330ml	
科罗娜	¥19.90
Corona 330ml	
苹果汁	¥39.00
Apple Juice	
橙汁	¥39.00
Orange Juice	
西瓜汁	¥29.00
Watermelon Juice	
哈密瓜汁	¥39.00
Honey Melon Juice	
黄瓜汁	¥29.00
Cucumber Juice	

软饮 Soft Drinks

依云矿泉水	¥19.90	雪碧	¥9.90
Evian Water 330ml		Sprite 300ml	
巴黎水	¥19.90	苏打水	¥9.90
Perrier Water 300ml		Soda Water 300ml	
可口可乐	¥9.90	干姜水	¥9.90
Coca Cola 300ml		Ginger Ale 300ml	
零度可乐	¥9.90	汤力水	¥9.90
Coca Cola Zero 300ml		Tonic Water 300ml	

茶 Tea

花茶/杯	¥19.00
Flower Tea/Cup	
可选玫瑰花茶、菊花茶、茉莉花茶 You can choose rose tea, chrysanthemum tea, or jasmine tea	
普洱熟茶/杯	¥29.00
Puer ripe tea/Cup	
普洱生茶/杯	¥29.00
Puer raw tea/Cup	
绿茶/杯	¥19.00
Green tea/cup	

咖啡 Coffee

现磨咖啡	¥29.00	意式双倍浓缩咖啡	¥39.00
Fresh Coffee		Double Espresso	
卡布奇诺	¥39.00	拿铁咖啡	¥39.00
Cappuccino		Café Lattle	
意式浓缩咖啡	¥29.00	低因咖啡	¥39.00
Espresso		Decaffeinated Coffee	

牛奶 Milk

牛奶(热饮或冰饮)	¥19.00
Fresh Milk (Steaming Hot or Ice Cold)	
热巧克力	¥29.00
Hot Chocolate	
原味酸奶&果味酸奶(一盒)	¥16.00
Plain Yogurt & Fruit Yogurt (1Box)	

送餐菜单Room Service Menu

点单时间Order Period

中式菜品 Chinese Cuisine	西式菜品 Western Cuisine
午餐 Lunch 11:30-14:00	Time:10:00-23:00
晚餐 Dinner 17:30-21:30	



(V) – Vegetarian蔬菜 (P) – Contains Pork 包含猪肉

如果您是过敏体质或对食物有过敏原, 请及时联系我们。
Please inform us prior to your order if you have any food allergy.

如需服务请按电话机上的“5”键
Please dial “5” on your in-room telephone to place your order