

## Drinks

### Sparkling Wine

Vai Vai Prosecco Extra dry, Italy **Bottle** £35.00

### White Wines

Loureiro, Quitna Da Lixa , Portugal **Bottle** £30.00

Chenin Blanc, Ken Forrester, South Africa **Bottle** £39.00

Sauvignon Blanc, Marlborough, New Zealand **Bottle** £45.00

### Rose Wines

Embrujo Roasado , Bodus Verum , Spain **Bottle** £30.00

### Red Wines

Primitivo, Boheme Italy **Bottle** £33.00

Malbec, Melodias Malbec , Argentina **Bottle** £39.00

Carignan, Maison Sinnae , France **Bottle** £41.00

### Bottled Beer

Corona **330ml** £5.30

Budweiser **330ml** £5.20

Becks Blue Non-Alcoholic **275ml** £5.00

Rekorderlig: Pear, Mango & Raspberry **500ml** £6.50

### Vodka

Absolute **50ml** £8.50

Belvedere **50ml** £10.50

Gin **50ml**

Beefeater **50ml** £8.50

Hendricks **50ml** £12.50

Rum **50ml**

Pampero Blanco **50ml** £8.50

Havana Club 7 **50ml** £9.50

Whisky **50ml**

Jack Daniels **50ml** £11.50

Johnnie Walker Black Label **50ml** £12.50

### Soft Drinks

Juice: Apple, Orange **200ml** £2.50

### Mixers

Tonic Water and Slimline Tonic **200ml** £2.75

Coke, Diet Coke **200ml** £2.95

Lemonade **200ml** £2.75

Fanta **330ml** £3.25

Water **330ml** **750ml**

Hildon Still and Sparkling **330ml** £3.00 **750ml** £4.50

Coffee & Tea selection available from **750ml** £2.50



# Food for thought

A little something to keep you going.

## Light Bites

|   |        |
|---|--------|
| Hot & spicy chicken wings (24h) (1119cal)<br>with Louisiana hot sauce & blue cheese dressing                          | £10.50 |
| Spring Rolls V (24h) (785cal)<br>crispy rolls filled with a savoury mix of vegetable stuffing,<br>sweet chilli sauce. | £7.00  |
| Halloumi sticks V (312cal)<br>sweet chilli sauce  | £8.00  |
| Salt & pepper squids (408cal)<br>siracha sauce  | £11.50 |

## Hot Sandwiches

|   |        |
|---|--------|
| Classic Club Sandwich (24h) (591cal)<br>grilled chicken, bacon, fried egg, mayonnaise, tomato,<br>lettuce, served with chunky chips                         | £16.50 |
| BLT Sandwich FF (24h) (549cal)<br>bacon, lettuce, tomato served with chunky chips   | £12.00 |
| Sun dried tomato & cheese panini V (24h) (520cal)<br>ciabatta bread stuffed with sun dried tomato, basil pesto,<br>mozzarella cheese served with side salad | £11.50 |
| Southern fried Chicken Wrap (456cal)<br>chicken fillet, red onions, peppers,<br>lettuce & chipotle mayonnaise   | £11.00 |

## Healthy & Tasty

|  |        |
|--|--------|
| House Caesar salad V FF (24h) (352cal)<br>romaine lettuce, Caesar dressing, croutons,<br>anchovies & parmesan cheese | £12.00 |
| Add chicken £6.00 (351cal)<br>Add smoked salmon £6.00 (111cal)   |        |
| Greek Salad V FF (132cal)<br>cucumbers, tomatoes, olives, peppers, onions crumbled feta<br>cheese                    | £11.00 |
| Fattoush Salad V FF (185cal)<br>crispy pitta bread, seasonal vegetables tossed in Zesty Sumac<br>dressing            | £10.00 |

## Mains

|   |        |
|---|--------|
| Pepperoni pizza (24h) (1248cal)<br>pepperoni, tomato sauce & mozzarella cheese  | £17.00 |
| Margarita pizza V (24h) (878cal)<br>tomato sauce, mozzarella cheese & basil   | £15.00 |
| 9" BBQ Jackfruit Pizza VG (24h) (1186cal)<br>tomato sauce, BBQ jackfruit, peppers,<br>red onions & Vegan cheese   | £15.00 |
| Tower burger (1228cal)<br>in brioche bun with lettuce, slice tomato, potato rosti,<br>sliced cheddar mayonnaise, onion rings served with chunky chips<br>Add bacon £1.00 (173cal) | £20.00 |
| Peri Peri chicken burger (890cal)<br>in brioche bun, topped with lettuce, slice tomato,<br>slice cheese & mayonnaise served with chunky chips<br>Add bacon £1.00 (173cal)         | £18.00 |
| Penne Pasta V (289cal)<br>in tomato sauce & mascarpone cheese   | £12.50 |
| Creamy Prawn Linguine FF (333cal)<br>prawns & pasta tossed in creamy seafood sauce<br>garlic, peppers & cherry tomatoes   | £17.00 |

## Sides

|                               |       |
|-------------------------------|-------|
| Chunky Chips V (24h) (282cal) | £4.50 |
| Garlic Bread V (720cal)       | £4.50 |
| Onion rings V (370cal)        | £4.50 |
| Mixed Salad VG (70cal)        | £4.50 |

## Desserts

|                                     |       |
|-------------------------------------|-------|
| Fruit salad (24h) (108cal)          | £6.00 |
| Ice cream tub V (24h) (118cal)      | £5.00 |
| Coconut Panna Cotta V (446cal)      | £9.00 |
| Baked Vanilla cheesecake V (282cal) | £8.50 |

V – Vegetarian

VG – Vegan

24h – Item available 24 hours

FF – Fast and Fresh

All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information is available, please ask a team member for details. All prices include value added tax at the prevailing rate. Tray Charge of £5.00 will be added to the bill for orders under £15.00. An optional service charge of 12.5% will be added to your bill

Calorie information is provided per average portion.

An ideal daily intake of calories varies depending, on age, metabolism and levels of physical activity, among other things. Generally the recommended daily calorie intake is 2,000 calories a day