

## FAST & FRESH

<b>Re-Fuel Salad</b>	<b>€14.00</b>
Kale, quinoa, sunflower seeds, feta, spinach, pomegranate dressing, pomegranate seed, roast sweet potato.	
Contains: 2, 4, 11, 12	
Add chicken	<b>€5.50</b>
Add prawns	<b>€5.00</b>
Contains: 3	
Add avocado	<b>€5.00</b>
<b>Singapore Noodles</b>	<b>€21.50</b>
Light rice noodles wok fried with curry paste, shrimps, char-grilled chicken & asian vegetables	
Contains: 3, 6, 10W	
<b>Vegan Singapore Noodles</b>	<b>€19.00</b>
Light rice noodles wok fried with curry paste, & asian vegetables	
Contains: 10w	
<b>Garlic Prawn Linguine</b>	<b>€23.50</b>
Broad beans, baby spinach, with semi dried tomatoes & basil cream sauce	
Contains: 2, 3, 4, 10W 12	

## SELECTION OF DIPPING SAUCES

<b>Ranch Dressing</b>	<b>€3.00</b>
Contains: 2, 4, 6, 11	
<b>Chipotle Mayonnaise</b>	<b>€3.00</b>
Contains: 4, 6, 11	
<b>Soy Ginger Dressing</b>	<b>€3.00</b>
Contains: 4, 7, 10w	
<b>Garlic Mayonnaise</b>	<b>€3.00</b>
Contains: 4, 6, 11	
<b>Blue Cheese Dip</b>	<b>€3.00</b>
Contains: 2, 4, 6, 11	
<b>Garlic Butter</b>	<b>€3.00</b>
Contains: 2	

## DESSERTS

<b>Lotus Biscoff Cheesecake</b>	<b>€9.50</b>
With crème anglaise.	
Contains: 2, 6, 7, 10W	
<b>Salted Caramel &amp; Chocolate Brownie Sundae</b>	<b>€9.50</b>
Contains: 2, 6, 7, 10W	
<b>Raspberry Choux Bun</b>	<b>€9.50</b>
With chocolate sauce	
Contains: 10W, 2, 6, 7	
<b>Selection of Boulaban Irish Ice-Cream</b>	<b>€8.00</b>
Choose three scoops of the following flavors	
Vanilla, mocha coffee, strawberry, chocolate, salted caramel	
Contains: 2, 6	

## VEGAN MENU

<b>Vegan Homemade Soup of the Day</b>	<b>€6.50</b>
Contains: 12	
Served with a freshly baked bread roll	
Contains: 10 W	
<b>Vegan Breaded Mushrooms</b>	<b>€9.50</b>
With vegan garlic mayonnaise	
Contains: 4, 7, 10W	
<b>Vegan Burrito Bowl</b>	<b>€16.50</b>
Coriander lime rice, black beans, avocado, baby gem lettuce, red onion, sweet corn, peppers, chilli dressing.	
Contains: 4, 12	
<b>Vegan Re-Fuel Salad</b>	<b>€13.00</b>
Kale, quinoa, toasted sunflower seeds, spinach, pomegranate dressing	
Contains: 4, 11	
<b>Vegan Singapore Noodles</b>	<b>€18.00</b>
Light rice noodles wok fried with curry paste & asian vegetables	
Contains: 10W	
<b>Vegan Grilled Vegetable Tagliatelle</b>	<b>€19.50</b>
Roasted asparagus, courgette, aubergine, peppers, kale & pumpkin seed pesto	
Contains: 4, 7, 10 W	
<b>Vegan Spiced Stir-fry Vegetable &amp; Quinoa Hotpot</b>	<b>€18.00</b>
Contains: 10W	
<b>Vegan Thai Yellow Coconut Curry</b>	<b>€19.50</b>
Sweet potato, tofu, cashew nuts & basmati rice	
Contains: 4, 5 CN	
<b>Vegan Apricot Cake</b>	<b>€8.50</b>
With vegan vanilla ice-cream	
Contains: 10(W), 5(HN)	
<b>Sorbet Selection</b>	<b>€8.00</b>
Coconut, mango & raspberry sorbets with seasonal berries	
Contains: None	

### Our dishes contain the following allergens:

1 Peanuts 2 Milk 3 Shellfish 4 Sulphites/ 5 Tree nuts/ 6 Eggs/ 7 Soya/ 8 Sesame/ 9 Fish/ 10 Cereals containing gluten (B) = Barley (W) = Wheat (O) = Oats (R) = Rye/ 11 Mustard/ 12 Celery/ 13 Molluscs/ 14 Lupin/ (WN)=Walnuts (HN) = Hazelnuts (P) = Pistachios (PN) = Peanuts (PI) = Pine nuts (CN) = Cashew nuts (A) = Flaked Almonds (TN) = Tree Nuts (PC) = Pecans

**All beef used within our menu is 100% Irish and locally sourced.  
Our oil used for frying is GM free pure rapeseed oil.**

Dear guest please be informed that we do not split bills for tables of 6 and more.

TAKE CHARGE. RECHARGE IN  
**CINNABAR**

OPEN DAILY FROM 3PM - 10PM

**DINNER MENU**

## SOUP

**Homemade Soup of the Day & Porter Bread** €7.00  
Contains: 2, 10 W, 12

**Seafood Chowder** €16.00  
Mixed seafood in a creamy broth with potatoes, smoked bacon, garlic, white wine & parsley  
Contains: 2, 3, 9, 12

## SALAD CORNER

**Goats Cheese, Avocado & Mixed Seeds Salad** €14.50  
With mixed leaves, cherry tomatoes, orange segments, red onion, pumpkin & sunflower seeds & a lemon, honey, orange & mint vinaigrette  
Contains: 2, 4, 11

**Burrito Bowl** €19.50  
Spiced chicken breast, coriander lime rice, black beans, avocado, baby gem lettuce, red onion, sweet corn, peppers, chilli dressing  
Contains: 4, 12

**Re-Fuel Salad** €14.00  
Kale, quinoa, sunflower seeds, feta, spinach, pomegranate dressing, pomegranate seeds, roasted sweet potato.  
Contains: 2, 4, 11, 12

Add chicken €5.50  
Add prawns €6.00  
Contains: 3  
Add avocado €5.00

**Cinnabar Caesar Salad** €14.50  
Smoked bacon lardons, baby gem lettuce, garlic focaccia croutons, poached egg, shaved parmesan, caesar dressing  
Contains: 2, 4, 6, 7, 9, 10W, 11  
Add chicken €5.50  
Add prawns €6.00  
Contains: 3  
Add avocado €5.00

## APPETISERS

**Beef Cheek Croquettes** €16.90  
Red onion marmalade & horseradish mayonnaise  
Contains: 4, 6, 7, 10W, 11 12

**Chicken Wings & Blue Cheese Dip** €15.90  
With pomegranate bbq sauce or hot sauce  
Contains: 2, 4, 6, 7, 8, 10W, 11

**Southern Fried Chicken Goujons** €11.50  
With ranch dressing  
Contains: 6, 7, 10W

**Mini Fish Cakes** €16.50  
Soy ginger dressing  
Contains: 4, 6, 7, 8, 9, 10W

**Garlic Prawns** €14.50  
Butter sauce and grilled country loaf bread  
Contains: 2, 3, 7, 10W

**Texas Style BBQ Pork Ribs** €14.00  
Contains: 2, 4, 7, 10W

**Breaded Mushrooms with Vegan Garlic Mayonnaise** €9.50  
Contains: 4, 7, 10W

## MAINS

**Fresh Market Fish** €24.50  
In a light craft beer batter, pea & mint fricassee, remoulade sauce, grilled lemon & fries  
Contains: 4, 6, 9, 10 W, B, 11

**Garlic Prawn Linguine** €23.50  
Broad beans, baby spinach, with semi dried tomatoes & basil cream sauce  
Contains: 2, 3, 4, 10W, 12

**Chargrilled 8oz Sirloin Steak** €33.00  
Rosemary roasted baby potatoes, grilled asparagus, portobello mushroom & creamy peppercorn sauce  
Contains 2, 4, 7, 10W, 12.

Add garlic prawns €6.00  
Contains: 3

**Pan Seared Salmon Fillet** €29.50  
Roasted garlic mash potatoes, tender stem broccoli, lemon & parsley cream sauce  
Contains: 2, 4, 9

**Roasted 5 Spice & Honey Marinated Duck Breast** €34.00  
Stir-fried vegetables, basmati rice, asian style orange & cardamon glaze  
Contains: 4, 7, 8, 10W

**Texas Style BBQ Pork Ribs** €27.50  
With coriander, lime, smoked paprika & cumin seasoned corn cob, chipotle coleslaw & fries  
Contains: 2, 4, 6, 7, 10W, 11

**Singapore Noodles** €21.50  
Light rice noodles wok fried with curry paste, shrimps, char-grilled chicken & asian vegetables  
Contains: 3, 6, 10W

**Thai Yellow Chicken Vegetable & Coconut Curry** €21.50  
With basmati rice  
Contains: 4, 9, 12

**Grilled Vegetable Tagliatelle** €19.50  
Grilled asparagus, courgette, aubergine & peppers, kale & pumpkin seed pesto  
Contains: 4, 7, 10W

## BURGERS SECTION

**Gahan's Gourmet Beef Burger** €21.50  
Gourmet 8oz beef burger, dubliner cheese, gherkins butterhead lettuce, irish smoked ketchup, brioche bap, red onion, tomato & fries  
Contains: 2, 4, 6, 10W

**Chargrilled Garlic Chicken Burger** €20.50  
With chipotle slaw, tomato, butterhead lettuce, cheddar cheese, brioche bap & sweet potato fries  
Contains: 2, 4, 6, 10W, 11

Make it a double €4.50

Add a fried egg €3.50

Add bacon €3.50

## PLATTERS

**Fisherman's Platter**  
Garlic king prawns, smoked salmon, fish goujons, mini fish cakes, caper berries, lemon wedges, remoulade sauce, porter bread, soy ginger dressing and fries  
Contains: 2, 3, 4, 6, 7, 9, 10 W,11

For 1 €26.00  
For 2 €49.00

**Meat feast Platter**  
Southern fried chicken goujons, sweet & spicy chicken wings, bbq pork ribs, beef burger sliders with ballymaloe relish & cheddar cheese. With ranch dressing & bbq dipping sauces and fries  
Contains: 2,3, 4, 6, 7, 9, 10W, 11

For 1 €25.00  
For 2 €48.00

## TAPAS

**Beef Cheek Croquette** €10.50  
Red onion marmalade & horseradish mayonnaise  
Contains: 4, 6, 7,10 W, 11, 12

**Mini Fish Cake** €11.00  
Soy ginger dressing  
Contains: 4, 7, 8, 9, 10 W

**Fish Goujons** €11.00  
With remoulade sauce  
Contains: 2, 4, 6, 7, 9,10 W, 11

**Garlic Prawns** €10.50  
With remoulade sauce  
Contains: 3, 4, 6,

## PERFECT PARTNERS

**Fries** €5.00  
Contains: None

**Cheesy Chips** €6.00  
Contains: 2

**Crispy Sweet Potato Fries** €5.50  
Contains: None

**Pea & Mint Fricassee** €6.50

**Baby Stem Broccoli with Lemon Butter** €6.00  
Contains: 2

**Chef's Side Salad** €5.50  
Contains: 4, 11

**Garlic Bread** €6.50  
Contains: 2, 7, 10W

**Lime, Smoked Paprika, Cumin & Coriander Seasoned Corn Cob** €6.50  
Contains: None

**Roasted Mediterranean Vegetables** €5.50  
Contains: None

**Roasted Garlic Mash Potatoes** €5.50  
Contains: 2