



Available 12pm - 6pm

**SMALL
PLATES**

- CHEF'S SOUP OF THE DAY** €7.00
Homemade wheaten loaf, herb butter
Contains allergens: 2, 6, 10a, 12
- DEEP FRIED PANKO CRUMBED BRIE** €10.00
Chilli jam, arugula, watercress, fig & peach
Contains allergens: 2, 4, 6, 10a
- SEAFOOD CHOWDER** €12.00
Selection of fresh & smoked fish, white wine, cream, spring onion, parsley oil, wheaten loaf & herb butter
Contains allergens: 2, 3, 4, 6, 9 haddock, salmon, coley, 10a, 13
- BONELESS CHICKEN WINGS**
Sweet & Sticky, toasted wasabi sesame seeds, hoisin mayo or Frank's hot sauce, garlic mayonnaise
- REGULAR PORTION** €13.50
- LARGE PORTION** €18.50
Contains allergens: 4, 6, 7, 8, 10a
- CRISPY CHICKEN WINGS**
Sweet & sticky sauce, toasted wasabi sesame seeds, hoisin mayo or Frank's hot sauce, garlic mayonnaise
- REGULAR PORTION** €12.00
- LARGE PORTION** €17.00
Contains allergens: 4, 6, 7, 8, 10a
- BAILY & KISH SMOKED SALMON** €13.00
Red onion, mini capers, arugula, lemon oil, sliced wheaten loaf
Contains allergens: 2, 4, 9, 10a,
- CRISP OVEN BAKED GARLIC BREAD** €9.00
Ciabatta, mozzarella, garlic butter, dressed garden salad
Contains allergens: 2, 4, 10a, may contain traces 5, 7, 8, 11
- NACHOS (V)** €11.00
Crispy corn tortillas, salsa, cheese sauce topped with jalapeños
- ADD CHILLI BEEF** €2.00
Contains allergens: 2, 4, 12

**SPECIALITY
SANDWICHES**

- CROQUE MONSIEUR** €11.00
Toasted sourdough, Dubliner cheddar, ham, bechamel, honey & mustard mayonnaise
Contains allergens: 2, 4, 10a, 11, may contain traces 6, 7, 8
- CLUB SANDWICH** €13.50
Maple bacon, fried egg, peppered rocket, turkey, tomato, lettuce & ballymaloe relish
Contains allergens: 2, 4, 6, 7, 10a, 11, may contain traces 5, 8
- VEGAN STACK** €11.00
Smashed avocado, caramelised red onion, pickled cucumber & arugula on malted bloomer
Contains allergens: 4, 7, 10a, 10c, may contain 8
- CAJUN CHICKEN SANDWICH** €13.50
Grilled sourdough, Cajun chicken, rocket, Cajun mayonnaise, maple bacon
Contains allergens: 6, 10a, 11, may contain traces 5, 8
- SPICY REUBEN SANDWICH** €12.00
Sliced pastrami, sauerkraut, Dubliner cheddar, sriracha, toasted sourdough
Contains allergens: 2, 4, 10a, may contain traces 6, 7, 8
- ADD FRIES TO ANY OF THE ABOVE** €5.00

**CREATE YOUR OWN
SANDWICHES**

- WHOLEMEAL OR WHITE BREAD** €8.00
Contains allergens: 7, 10a
- TOASTED BREAD** €8.00
Contains allergens: 7, 10a
- GLUTEN FREE BREAD** €8.00
Contains allergens: 6
- SOFT TORTILLA WRAP** €8.00
Contains allergens: 10a
- CIABATTA** €10.00
Contains allergens: 10a
- FILLINGS:**
Sliced beef, chicken, tuna mayonnaise (contains allergens 6, 9), egg mayonnaise (contains allergens 6), Dubliner cheddar cheese (contains allergens 2), tomato, cucumber, red onion

**LARGE
PLATES**

- MAC 'N' CHEESE** €16.50
Macaroni, cheese sauce, smoked bacon pieces, scallions & chilli oil (vegetarian option available)
Contains allergens: 2, 4, 10a, may contain traces 7, 8
- BEYOND MEAT VEGAN BURGER** €18.50
Vegan sesame bun, butterhead lettuce, beef tomato, onion, salsa & guacamole
Served with twice cooked fries
Contains allergens: 4, 8, 9, 10a, 11
- FISH 'N' CHIPS** €21.00
Tempura battered lemon sole, tartar sauce, mushy peas, twice cooked fries & lemon wedge
Contains allergens: 2, 4, 6, 9 sole, 10a, 11
- SANCTUARY BURGER** €20.50
Double stacked 4oz bone marrow beef burgers, Dubliner cheese, maple streaky bacon, tomato, pickle, butterhead lettuce & house burger sauce
Served with twice cooked fries
- ADD A FRIED EGG** €1.00
Contains allergens: 2, 4, 6, 7, 8, 9 anchovies, 10a, 11, may contain 5
- SOUTHERN FRIED CHICKEN BURGER** €20.00
Spicy coated chicken fillet, cheese, crispy bacon, tomato, lettuce, honey & mustard slaw
Served with twice cooked fries
Contains allergens: 2, 6, 7, 8, 10a, 11
- BAKED CAJUN SALMON** €23.00
Sweet potato puree, tomato salsa, spring onion, lemon oil
Contains allergens: 2, 4, 9
- PAN SEARED 10oz SIRLOIN** €33.00
Garlic green beans, sauté onions
Served with twice cooked fries
Served with choice of green peppercorn, garlic butter or béarnaise sauce
Contains allergens: 2, 4, 6, 11
- 10oz CHAR GRILLED RIB EYE STEAK** €33.00
Garlic green beans, sauté onions
Served with twice cooked fries
Served with choice of green peppercorn, garlic butter or béarnaise sauce
Contains allergens: 2, 4, 6, 11
- UPGRADE ANY LARGE PLATE WITH LOADED FRIES** €3.00

**SALAD
BOWLS**

- SANCTUARY CAESAR SALAD** €10.50
Baby gem lettuce, crisp croutons, shaved Grana Padano, smoked pancetta, Caesar dressing
Contains allergens: 2, 4, 6, 9 anchovies, 10a
- SUPERFOOD SALAD (VG)** €13.50
Mixed leaf, carrot, edamame, quinoa, sugar snap, broccoli, fennel, toasted pumpkin seeds & almonds, mustard vinaigrette
Contains allergens: 4, 5A, 11
- MIXED COBB SALAD** €13.50
Mixed leaf, watercress, smoked crispy bacon, avocado, pickled red onion, boiled egg, cucumber, cherry vine tomatoes, crumbled Cashel blue cheese, honey mustard dressing
Contains allergens: 2, 4, 6, 11
- ADD SOUTHERN FRIED CHICKEN** €5.00
Contains allergens: 2, 10a
- ADD GRILLED CHICKEN** €5.00

**SIDE
ORDERS**

- GARLIC & CHEESE FRIES** €7.95
Garlic mayo, grated cheddar cheese, spring onions
Contains allergens: 2, 6, may contain 10a
- BACON & CHEESE FRIES** €8.95
Smoked pancetta, cheese sauce, spring onion
Contains allergens: 2, 4 may contain traces 10a
- TACO FRIES** €9.95
Chilli beef, spicy mayonnaise, grated cheddar cheese, spring onion
Contains allergens: 2, 6, may contain 10a
- HONEY & MUSTARD SLAW** €5.00
Contains allergens: 6, 11
- BEER BATTERED ONION RINGS** €5.00
Contains allergens: 10a
- TWICE COOKED FRIES** €5.00
Contains allergens: may contain 10a
- MASHED POTATOES** €5.00
Contains allergens: 2
- MIXED LEAF SALAD** €5.00
Contains allergens: 4, 11
- ROASTED ROOT VEGETABLES** €5.00

1. Peanuts 2. Milk 3. Shellfish 4. Sulphites 5. Nuts 5a. Almonds 5b. Walnuts 5c. Pine Nut 5d. Cashew 5e. Brazil Nut 5f. Coconut 5g. Pistachio 5h. Hazelnuts 5i. Pecans 5j. Macadamia Nuts 6. Eggs 7. Soy 8. Sesame 9. Fish 10. Gluten 10a. Wheat 10b. Oats 10c. Barley 10d. Rye 11. Mustard 12. Celery 13. Molluscs 14. Lupin



DESSERTS

Biscoff Cheesecake €8.00
Fresh Cream, Biscoff sauce, chocolate tuile, berries
Contains allergens: 2, 7, 10a

Warm Chocolate Brownie €8.00
Salted caramel ice-cream, butterscotch sauce
Contains allergens: 2, 6, 10a

Selection of Ice Cream €6.50
Mixed berries, popping candy, wafer cone
Contains allergens: 2, 7, 10a, mct 5

Sticky Toffee Pudding €8.00
Vanilla ice-cream, toffee sauce
Contains allergens: 2, 6, 7, 10a, mct 5

Selection of Irish Cheese €13.00
Wafer crackers, grapes, chutney
(Please ask your server for today's selection)
Contains allergens: 2, 4, 6, 7, 8, 10a, mct 5

TO FINISH

Irish Coffee €8.00
Coffee, Irish whiskey, sugar, cream
Contains allergens: 2

Baileys Coffee €8.00
Coffee, Baileys liquor, sugar, cream
Contains allergens: 1, 2, 10

French Coffee €8.00
Coffee, brandy, sugar, cream
Contains allergens: 2

White Russian €13.00
Vodka, Kahlua, cream
Contains allergens: 2

Espresso Martini €13.50
Kahlua, Istil vanilla vodka, sugar syrup, espresso

TEAS & COFFEES

Espresso €3.60
A shot of strong, highly aromatic coffee with a thick rich crema
Contains allergens: 2

Americano €3.90
A perfectly balanced fusion of hot water & Espresso

Cappuccino €4.20
2 shots of espresso & steamed milk with a velvety texture
Contains allergens: 2

Caffé Latté €4.40
1 shot of espresso with a silky textured milk for a smoother taste
Contains allergens: 2

Caffé Mocha €4.60
All the smoothness of a latté, with an added shot of chocolate
Contains allergens: 2

Caramel Latté €4.80
All the smoothness of a latté, with added caramel sauce
Contains allergens: 2

Hazelnut Latté €4.80
All the smoothness of a latté, with added hazelnut sauce
Contains allergens: 2, 5h

Irish Breakfast Tea €3.45
Classic Assam tea with an intensive aroma

Specialty Herbal Teas €3.45
Peppermint, camomile, earl grey, sencha green, summer fruit

All beef used within our menu is 100% Irish and locally sourced. Our oil used for frying is GM free pure rapeseed oil

Unfortunately, we are unable to split bills for tables of six people or more

SANCTUARY COCKTAILS

PORNSTAR MARTINI €14.00
Istil vanilla vodka, passionfruit purée, lime juice, Prosecco, pineapple juice (4)

MOJITO €13.00
Havana Club 3 year rum, lime juice, soda water, sugar syrup, fresh mint

WHISKEY SOUR €13.00
Teeling Small Batch Irish whiskey, sugar syrup, lemon juice, egg white, angostura bitters

RASPBERRY BRAMBLE €13.00
Bombay gin, Chambord, lime juice, sugar syrup

SANCTUARY SIGNATURE €13.00
Bombay gin, Aperol, lemon juice, sugar syrup, egg, raspberries, prosecco (4)

BERRY SMASH €14.50
Istil pink berry vodka, sugar syrup, lime juice, pineapple juice, strawberry purée

CUCUMBER SMASH €13.00
Bombay gin, lemon juice, sugar syrup, mint leaves, cucumber

SANCTUARY NEGRONI €13.00
Bombay gin, Campari, Martini Rosso, lemon juice, sugar syrup, grapes, apples



SANCTUARY BAR & LOUNGE MENU