

SANDWICHES & WRAPS

Build your own Sandwich -

available 24h R/S

Served with salad & a choice of two fillings

Whole Meal or White Bread

€6.50

(Contains allergens: 10 wheat, may contain traces of nuts)

Toasted

€7.50

(Contains allergens: 10 wheat)

Tortilla Wrap

€6.50

(Contains allergens: 10 wheat)

Gluten Free Bread

€7.00

(Contains allergens: 7 may contain traces of sesame)

Ciabatta

€7.50

(Contains allergens: 7, 8, 10 wheat)

Fillings:

Chicken, Ham, Tomato, Onion, Lettuce, Tuna & Sweet Corn in Mayonnaise (Contains: 6, 7, 9);

Egg Mayonnaise (Contains: 6, 7); Emmental

Cheese (Contains: 2); Pickled Red Onion

Contains: 14; Coleslaw (Contains: 6); Cream

Cheese (Contains: 2)

Marinated Goats Cheese

€9.50

Candied beetroot, balsamic honey, nut crumb, grilled baguette

(Contains allergens: 2, 5 walnuts, 7, 8, 10 wheat)

Spiced BBQ Pulled Pork

€13.50

Toasted brioche bun, red cabbage-slaw, beef tomato, shaved onion, baby gem

Served with French fries

Contains allergens: 2, 6, 7, 10 wheat, 14

Thai chicken wrap

€13.50

Wok fried chicken, julienne peppers & onion, sweet chilli mayonnaise

Served with French fries

(Contains allergens: 6, 10 wheat)

STARTERS

Chef's Soup of the Day

€6.50

available 24h R/S

Homemade Irish Soda Bread (Contains allergens: 2, 10 wheat, 12)

Garlic Bread

€6.50

Crunchy baguette, garlic butter

Add mozzarella - €1.00

(Contains allergens: 2, 7, 8, 10 wheat, may contain traces of nuts)

Caesar Salad

€10.50

Baby gem lettuce, smoked pancetta, Caesar dressing, croutons & parmesan shavings

Add crispy buttermilk chicken - €3.50

(Contains allergens: 2, 6, 7, 9, anchovies, 10 wheat)

Sanctuary Wings

€10.50

Crispy chicken wings, butter hot sauce, ranch

dressing, celery stick (Contains allergens: 2, 6, 7, 12)

Spicy BBQ Baby Back Ribs

€10.00

Red cabbage-slaw, chive dip, tossed salad

(Contains allergens: 6, 11, 14)

MAIN COURSES

Fish "N" Chips

€16.00

Beer battered fresh haddock, mushy peas, tartar sauce and lemon

Served with French fries

(Contains allergens: 6, 9 haddock, 10 wheat, 14)

The Sanctuary Burger

€16.50

8oz lean beef patty, emmental cheese, beef tomato, caramelised red onion, house dressing, baby gem lettuce, brioche bun

Served with French fries

(Contains allergens: 2, 6, 7, 8, 10 wheat, 11, 14)

Buttermilk Chicken Burger

€16.00

Brioche bun, red cabbage-slaw, beef tomato, emmental cheese

Served with French Fries

(Contains allergens: 2, 6, 7, 8, 10 wheat, 11)

12oz Pan Fried Ribeye Steak

€27.00

Marinated portobello mushroom, cured tomato, crispy onion rings

Served with chunky chips and a choice pepper sauce or chimichurri butter

(Contains allergens: 2, 10 wheat, 11, 14)

Chickpea & Coconut Curry

€12.50

available 24h R/S

Crushed tomato, coconut milk, onion, cumin, garlic & baby spinach

Served with basmati rice

Add chicken - €2.50

(Contains allergens: 11, may contain traces of nut & gluten),

Penne Carbonara

€13.00

Penne pasta, smoked pancetta, cream, white wine, garlic, onion, egg yolk, Grana Padano

(Contains allergens: 2, 6, 10 wheat)

Pan Seared Salmon Fillet

€16.00

Crushed baby potato, sauce vierge, green beans & almonds

(Contains allergens: 2, 5 almonds, 9 salmon)

FAST & FRESH

Marinated Goats Cheese

€9.50

Candied beetroot, balsamic honey, nut crumb, grilled baguette

(Contains allergens: 2, 5 walnuts, 7, 8, 10 wheat)

Chef's Soup of the Day

€6.50

Homemade Irish Soda Bread (Contains allergens: 2, 10 wheat, 12)

Caesar Salad

€10.50

Baby gem lettuce, smoked pancetta, Caesar dressing, croutons & parmesan shavings

Add crispy buttermilk chicken - €3.50

(Contains allergens: 2, 6, 7, 9, anchovies, 10 wheat)

Penne Carbonara

€13.00

Penne pasta, smoked pancetta, cream, white wine, garlic, onion, egg yolk, Grana Padano

(Contains allergens: 2, 6, 10 wheat)

PIZZAS

- 12" Margherita Pizza** €14.00
Homemade pizza dough, tomato sauce, oregano & mozzarella
(Contains allergens: 2, 10 wheat)
- 12" Pepperoni Pizza** €15.00
Homemade pizza dough, tomato sauce, pepperoni & mozzarella
(Contains allergens: 2, 10 wheat, 14)
- 12" Four Cheese Pizza** €15.00
Homemade pizza dough, tomato sauce, mozzarella, gorgonzola, goats cheese, grana padano
(Contains allergens: 2, 10 wheat)

DESSERTS

- Oreo Cheesecake** € 7.50
Salted caramel sauce, chocolate tuile, oreo crumb, chocolate cream;
(Contains allergens: 2, 6, 10 wheat, may contain traces of nuts & sesame)
- Warm Apple Crumble** € 7.00
Hot brandy custard, vanilla ice cream, cinnamon sugar;
(Contains allergens: 2, 6, 10 wheat, 14)
- Banana Xango** € 7.50
Fried tortilla, cream cheese, banana, vanilla ice cream, crushed candied hazelnuts, cinnamon sugar,
(Contains allergens: 2, 5 walnuts, 6, 10 wheat)

SIDES

- French fries,
Potato wedges,
Sweet potato fries,
Beer battered onion rings (Contains allergens: 6, 10 wheat, 14)
Tossed garden salad with house dressing (Contains allergens: 11)
Mash potato (Contains allergens 2)
Steamed vegetables

1. Peanuts, 2.Dairy, 3.Crustaceans, 4.Lupin, 5. Nuts, 6.Eggs, 7.Soy, 8.Sesame, 9.Fish, 10.Gluten, 11.Mustard, 12.Celery 13.Molluscs, 14.Sulphur Dioxide / Sulphites

Sanctuary Bar Menu

