



Holiday Inn Express Calgary University

Breakfast

Smart Start Breakfast\$14.00

Join our registered guests in the Breakfast Room for our Smart Start breakfast that features all your breakfast favorites: Fluffy Scrambled Eggs, Cheese omelets, Bacon and Sausage, Sticky-sweet Cinnamon Rolls, Assortment of Fresh Fruits, Yogurt, and Breakfast Cereals and Breads. Including: fruit juices, 2% and Skim milk, Tea, and our very own 100% Arabica Smart Roast Coffee.

Continental Breakfast.....\$10.00

Yogurt, Choice of Cinnamon Buns or Muffins, Choice of Apples, Oranges or Bananas.

Coffee, Decaf, Tea Pot (Each)\$12.00

Twelve Cups per Pot.

Assorted Fruit Juice Carafe\$7.50

Your choice of Apple, Orange or Cranberry.

Lunch

Gourmet Sandwiches (per person)\$14.75

All your deli favorites served on 12 varieties of bread. Serves 1 ½ sandwiches per person.

Add On Per Person:

Soup of the Day.....\$7.50

Salad\$5.75

Soup and Salad (per person).....\$13.00

Chef's choice of Hot Homemade Soup, Broth or Cream based, served with Tossed Salad.

Lasagna (per person)\$21.50

Traditional or Vegetarian served with warm Garlic Bread and Caesar Salad.

Baked Herb-Crusted Chicken Breast (per person)\$25.00

Served with Tossed Salad, Buns, and Your choice of Potato or Rice.



Grilled Citrus Chicken (per person)\$25.00
Served with Tossed Salad, Buns, and Your choice of Potato or Rice.

Grilled Pork Tenderloin (per person)\$25.00
With Fresh Peach and Ginger Sauce, served with Tossed Salad, Buns, and Your choice of Potato or Rice.

Beef Stir-Fry (per person)\$25.00
Served with Tossed Salad, Buns, and Your choice of Potato or Rice.

Grilled Marinated Flank Steak (per person)\$25.00
Served with Tossed Salad, Buns, and Your choice of Potato or Rice.

Buffet Lunch

Buffet Lunch (per person).....\$27.00
Build your own sandwiches (Min. Order 12 people), includes: Deli meat platter, Cheese platter, Assorted breads and buns, Red pepper and a basil mayonnaise relish tray, Lettuce, tomato, cucumber, red onion tray, Condiments, Two Salads, Fruit tray and Squares

Pizza Lunch (per person).....\$8.00
Assorted Pizza delivered hot and fresh to your meeting room. Three slices per person (Min. order 6 people).

Trays & Desserts

Fresh Fruit Tray (per person)\$6.00

Fresh Vegetable Tray (per person)\$6.00

Cheese and Cracker Tray (per person)\$8.00

Bakery Squares (per person)\$6.00

Cookies Tray\$30.00

Muffin Tray (per dozen)\$24.00

Cinnamon Rolls (per dozen)\$15.00

Bagel Tray (per dozen)\$12.00

Catering Delivery Fee (per delivery)\$30.00

Outside Food Charge (Per Day/Per Person)\$5.00