

Cocca freestyle. DISCOVER 60+ BOTTOMLESS DRINKS





150/0 cal cherry 160/0 cal cherry vanilla 160/0 cal lemon 160/0 cal orange vanilla 160/0 cal raspberry 160/0 cal vanilla 160/0 cal

O cal cherry O cal cherry vanilla O cal lemon O cal orange O cal raspberry O cal 150/5 cal cherry 160/5 cal orange 150/5 cal raspberry 150/10 cal vanilla 150/5 cal



vanilla O cal

Minute Maid LEMONADE 0% JUICE

 150/0 cal
 orange 160/0 cal

 cherry 150/5 cal
 cherry 160/0 cal

 cherry vanilla 150/10 cal
 raspberry 170/0 cal

 vanilla 150/5 cal
 raspberry 170/0 cal

 orange 160/0 cal
 160/10 cal

 cherry 160/0 cal
 pink lemonade 160/10 cal

 aspberry 170/0 cal
 orange 160/10 cal

 raspberry 170/0 cal
 raspberry 170/10 cal





sweet 130/0 cal lemon 130/0 cal raspberry 140/5 cal unflavored 0 cal lemon lime 5 cal

20+ 30+ 40+ UNIQUE DRINK LOW/NO CALORIE 40+ CHOICES CHOICES



freest freestyle



ULD-YOUR-OWN SAMPLER

BUILD-YOUR-OWN SAMPLER

Pick 3 different items 10.29 Pick 4 different items 11.79 • Chicken Strips with Honey Mustard 750 cal • Onion Rings with Chipotle Ranch 470 cal • MozzaSticks with Marinara 410 cal • Fried Pickles with Ranch 430 cal • Crispy Fries 570 cal • Crispy Tots 470 cal

CHICKEN STRIPS

Crispy, all white meat chicken breast strips served with Honey Mustard dipping sauce. 1010 cal 0.00

MOZZASTICKS

Crispy on the outside, ooey-gooey on the inside – six Mozzarella cheese sticks served with Marinara sauce. 790 cal 0.00

FRIED PICKLES

Breaded and Southern-fried pickle chips served with Ranch dressing. 790 cal 0.00

ONION RINGS

Our batter-fried jumbo onion rings are served with zesty Chipotle Ranch dipping sauce. XXXX cal 0.00

STRAWBERRY & CREAM CHEESE CRISPERS

Delicious strawberries and sweet cream cheese tucked inside two hand-rolled wraps, lightly fried and dusted with powdered sugar. 310 cal 2.99





TRIPLE EGG DARE YA

Three eggs*, three Applewood smoked bacon strips, three sausage links, two made-from-scratch buttermilk pancakes, two slices of French toast and crispy hash browns or breakfast potatoes. 1840 cal 0.00

TREMENDOUS TWELVE

Three eggs*, four buttermilk pancakes, choice of hash browns or breakfast potatoes and choice of four Applewood smoked bacon strips or four sausage links. 1520 cal 0.00

@ MAGNIFICENT SEVEN

Two eggs*, two Applewood smoked bacon strips and three buttermilk pancakes. 770 cal 0.00

GP TWICE AS NICE COMBO

Two eggs* with crispy hash browns and three buttermilk pancakes. XXXX cal 0.00

PORK CHOPS & EGGS

Two grilled chops, served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. XXXX cal 0.00

GP FABULOUS FIVE

One egg*, two Applewood smoked bacon strips and choice of two buttermilk pancakes or buttered toast. XXXX cal 0.00

@P ALL AMERICAN

Two eggs* with two Applewood smoked bacon strips and crispy hash browns. XXXX cal 0.00

COUNTRY FRIED STEAK & EGGS

Lightly breaded steak topped with our country-style cream gravy. Served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1510–1990 cal 0.00

STEAK MEDALLIONS & EGGS

Tender USDA steak medallions* with grilled crimini mushrooms and onions. Served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1300–1780 cal 0.00



HEARTY MAN'S COMBO

FRESH-CRACKED

Classics

(GP) Great Plates – Value Menu Items Under \$8

Two eggs*, smoked sausage, two Applewood smoked bacon strips and two sausage links. Served with crispy hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1570–2050 cal 0.00

@ EGGS IN A HOLE

Two slices of sourdough bread grilled with eggs*, cooked over medium, in the middle. Served with hash browns and two Applewood smoked bacon strips. XXXX cal 0.00

@ HAMMIN' EGGER

Two scrambled eggs with diced grilled ham and American cheese. Served with hash browns and buttered toast. XXXX cal 0.00

COUNTRY SAUSAGE BISCUIT BREAKFAST

Two fresh baked sausage biscuits topped with cream gravy and American cheese. Served with two eggs*, two Applewood smoked bacon strips and choice of hash browns or breakfast potatoes. 1790 cal 0.00

SOUTHERN FRIED CHICKEN BISCUIT BREAKFAST

A fried chicken fillet and American cheese inside two fresh baked biscuits. Topped with cream gravy, served with two eggs*, two Applewood smoked bacon strips and choice of hash browns or breakfast potatoes. 1800 cal 0.00



ANY OMELET OR SCRAMBLED EGG ENTRÉE CAN BE PREPARED WITH EGG WHITES (2 EGGS/3 EGGS SUBTRACT 90/120 CAL) – JUST ASK US! THE EVERYTHING

GRANNY'S COUNTRY™

Filled with diced grilled ham, onions, green peppers, American cheese, cheese sauce and crispy hash browns. Topped with all of the same! 1430 cal 10.39

THE EVERYTHING

Diced grilled ham, crimini mushrooms, tomatoes, onions, green peppers and American cheese – this classic omelet has it all! 1010 cal 10.89

GP HAM 'N CHEESE

A traditional favorite of diced grilled ham and American cheese. Served with three buttermilk pancakes. No sides. XXXX cal 0.00

MEAT 'N POTATOES

Pork sausage, Applewood smoked bacon, smoked ham, grilled red onions and Cheddar atop an omelet stuffed with more of the same, plus crispy tots. 1460 cal 10.99

New! TURKEY SAUSAGE

ff An egg white omelet filled with turkey sausage, crimini mushrooms, green bell peppers, onions, diced tomatoes and Swiss cheese. Served with fresh fruit and dry whole wheat toast. No sides. XXXX cal 10.49

@P MUSHROOM 'N SWISS

Topped and loaded with grilled crimini mushrooms and melted Swiss cheese. Served with three buttermilk pancakes. No sides. XXXX cal 0.00

BUILD-YOUR-OWN

Choose any two ingredients 690 cal 9.99 ADD .50 FOR EACH ADDITIONAL: Diced Ham 140 cal • Sausage 180 cal Applewood Smoked Bacon 35 cal • American Cheese 170 cal Swiss Cheese 170 cal • Cheddar Cheese 170 cal Pepper Jack Cheese 170 cal • Hollandaise 220 cal Crimini Mushrooms 5 cal • Tomatoes 5 cal Onions 10 cal • Green Peppers 5 cal



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MEAT 'N POTATOES

A three-egg omelet served with crispy hash browns or breakfast potatoes and a choice of three made-from-scratch buttermilk pancakes 540 cal, buttered toast 310-390 cal or fresh baked Mammoth Muffin[®] 630-790 cal unless noted "No sides."

> *ff* ✓ Our Fit Favorite entrées are lower in calories and taste great! (*P*) Great Plates – Value Menu Items Under \$8

GRANNY'S COUNTRY™

GRIDDLE GREATS

Warm, delicious and made with care. Each served with two eggs* and choice of two Applewood smoked bacon strips or two sausage links unless noted "No Sides." (GP) Great Plates – Value Menu Items Under \$8 ff 🗸 Our Fit Favorite entrées are lower in calories and taste great!

SCRATCH-MADE BELGIAN WAFFLE PLATTER

A Belgian Waffle dusted with powdered sugar for the perfect dash of sweetness. 630 cal 9.29 a la carte 390 cal 8.29

STRAWBERRY CROISSANT FRENCH TOAST PLATTER

A flaky buttery croissant, dipped in our signature batter, grilled and loaded with sweet glazed strawberries and Bavarian cream. 720 cal 0.00 a la carte 510 cal 0.00

BRIOCHE FRENCH TOAST PLATTER

Two slices of thick-cut brioche bread dipped in our signature batter, grilled and sprinkled with powdered sugar. 800 cal 9.29 a la carte (2) 890 cal 8.29

FRENCH TOAST PLATTER

Three slices of Vienna bread dipped in our signature batter, grilled and sprinkled with powdered sugar. 690 cal 8.99 a la carte (3) 490 cal 7.99

(P) BUTTERMILK PANCAKES

Enjoy three buttermilk pancakes. No sides. XXXX cal 0.00 Blueberry Pancakes XXXX cal 0.00

(GP) POTATO PANCAKES

Three potato pancakes served with applesauce and two Applewood smoked bacon strips. No sides. 850 cal 7.99

BLUEBERRY BUTTERMILK PANCAKE BREAKFAST

ff I Two buttermilk pancakes loaded with juicy blueberries, served with scrambled egg whites and two turkey sausage patties. No sides. 660 cal 8.99



Add glazed strawberries XXXX cal 0.00



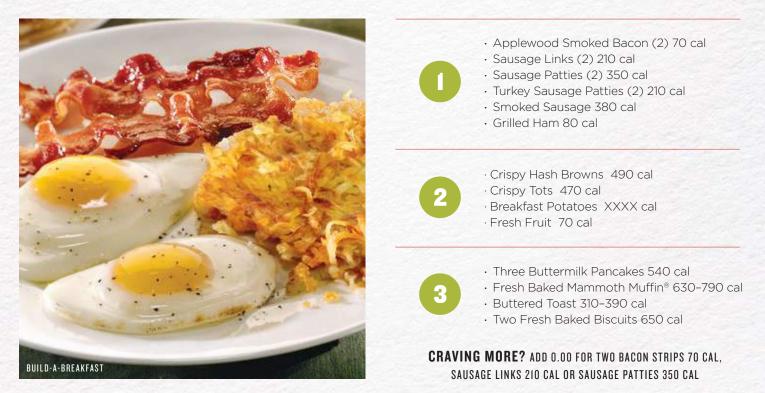


STRAWBERRY CROISSANT FRENCH TOAST PLATTER



BUILD-A-BREAKFAST

Made-to-order. Any order. Start with two large, farm-raised eggs* 140 cal, any style, then choose one item from each list below. 8.99



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

THE EVERYTHING

Grilled ham, crimini mushrooms, green peppers, tomatoes, onions and American cheese with two eggs* served over homestyle seasoned potatoes. 690 cal 9.79

SPINACH & MUSHROOM

ff√ Fresh from the garden. Fresh spinach, onions, crimini mushrooms and oven-roasted tomatoes, served with egg whites over homestyle seasoned potatoes. 410 cal 9.49

BIG COUNTRY

Pork sausage, Applewood smoked bacon, smoked ham, American cheese and cream gravy with two eggs* served over crispy smashed tots. 1160 cal 9.79

SPINACH & MUSHROOM

CRAVING MORE WITH YOUR SUNRISE SKILLET?

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ADD 0.00 FOR CHOICE OF ONE SIDE: Three Buttermilk Pancakes 540 Cal, Fresh Baked Mammoth Muffin® 630-790 Cal Or Buttered Toast 310-390 Cal.

ff 🗸 Our Fit Favorite entrées are lower in calories and taste great!

BIG COUNTRY

EGG-CELLENT BENEDICTS

Our Eggs-traordinary Benedicts served with fresh fruit and choice of crispy hash browns or breakfast potatoes.



THE CLASSIC BENEDICT

The tried-and-true favorite. Two basted eggs*, grilled ham and creamy hollandaise atop an English muffin. 1220 cal 10.29

CALIFORNIA AVOCADO BENEDICT

Two basted eggs*, fresh avocado, Applewood smoked bacon, oven-roasted tomatoes, Pepper Jack cheese, creamy hollandaise and garlic seasoning atop an English muffin. 1590 cal 10.59

Applewood Smoked Bacon (4) 140 cal 0.00

Sausage Links (4) 460 cal 0.00 Sausage Patties (2) 350 cal 0.00 Turkey Sausage Patties (2) 210 cal 0.00 Grilled Ham (2) 160 cal 0.00 Smoked Sausage 380 cal 0.00

HEARTY EXTRAS

Crispy Hash Browns 490 cal 0.00 Crispy Tots 470 cal 0.00 Breakfast Potatoes XXXX cal 0.00 Quaker® Oatmeal available till 11 a.m. 390 cal 0.00 Fresh Fruit 70 cal seasonal price Buttered Toast 310-390 cal 0.00 English Muffin 230 cal 0.00 Fresh Baked Biscuits (2) 650 cal 0.00 Fresh Baked Cinnamon Roll 710 cal 0.00 Fresh Baked Mammoth Muffin® 630-790 cal 0.00

HANDCRAFTED HANDHELDS

BBQ SMOKED CHICKEN

TRIPLE DECKER CLUB

FRENCH DIP

THE STORE

POT ROAST MELT

SONOMA CHICKEN SALAD CROISSANT

CHICKEN STRIPS MELT

TRY ANY OF OUR HANDHELDS WITH ONE OF 60+ Callin freestyle beverage choices

Served with fries 570 cal or cup of soup 100–280 cal. Sub Onion Rings 500 cal for 0.00 \bigcirc Great Plates – Value Menu Items Under \$8

BBQ SMOKED CHICKEN

Smoked, pulled chicken drizzled with a sweet BBQ sauce. Topped with crispy Onion Tanglers[®] and creamy cheese sauce on a grilled hoagie roll. 600 cal 0.00

New! POT ROAST MELT

Tender braised beef, grilled red onions, melted Cheddar and American cheeses on grilled garlic Parmesan sourdough bread with au jus for dipping. XXXX cal 0.00

SONOMA CHICKEN SALAD CROISSANT

A flaky, buttery croissant loaded with a blend of smoked, pulled chicken, red grapes, celery, walnuts and fresh leaf lettuce. 620 cal 0.00

TRIPLE DECKER CLUB

Butterball® oven-roasted turkey, Applewood smoked bacon, tomato, lettuce and mayo on white or whole wheat toast. XXXX cal 0.00

FRENCH DIP

Warm, sliced roast beef, Swiss cheese and grilled red onions on a grilled hoagie with au jus for dipping. 375 cal 0.00

CHICKEN STRIPS MELT

Crispy chicken strips, Applewood smoked bacon and melted Pepper Jack cheese with Ranch dressing served on grilled sourdough bread. 1290 cal 0.00

(P) BIG BACON BLT

Six strips of crisp Applewood smoked bacon with lettuce, tomato and mayo on white or whole wheat toast. XXXX cal 0.00

*NOTICE: Eggs served over easy, basted, poached, sunny-side up or soft boiled, and hamburgers and steaks that are served rare or medium-rare may be undercooked and will only be served upon the consumer's request if permitted by health department regulations. Whether dining out or preparing food at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 2,000 calories a day is used for general nutrition advice, but calorie n eeds vary. Additional nutrition information available upon request.

SIGNATURE BURGERS

100% Angus beef prepared medium well and served with fries XXX cal or cup of soup 100–460 cal. Sub Onion Rings 500 cal for 0.00

BBQ TANGLER BURGER*

Sweet BBQ sauce, Cheddar cheese, Applewood smoked bacon, crunchy Onion Tanglers®, lettuce, tomato, sweet red onions and pickles on a warm brioche bun. XXXX cal 0.00 THE BREAKFAST BURGER* Crispy seasoned hash browns, Applewood smoked bacon, Cheddar cheese and a fried egg on a warm brioche bun. 1300 cal 0.00

MAKE IT YOURS WITH

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PATTY MELT PILE ON*

Two Angus beef patties, sautéed onions, American cheese and pickles on grilled Vienna bread. 1410 cal 0.00 CLASSIC CHEESEBURGER*

Cheddar cheese, lettuce, tomato, sweet red onions and pickles on a warm brioche bun. 1080 cal 0.00

FRESH SALADS

DRESSINGS: White Balsamic Vinaigrette 180 cal · Blue Cheese 400 cal · French 350 cal · Honey Mustard 380 cal Buttermilk Ranch 250 cal · Thousand Island 280 cal (*Dressings may vary. Please ask your server.*)

ff d Our Fit Favorite entrées are lower in calories and taste great!

HONEY MUSTARD CHICKEN CRUNCH

Crispy chicken strips, sweet red onions, red peppers, tomatoes, American cheese, Applewood smoked bacon and Honey Mustard dressing on fresh garden greens. 980 cal 0.00

New! TURKEY BLT

ff d Butterball® roasted turkey, Applewood smoked bacon, diced tomatoes, red onions and American cheese on fresh garden greens, served with choice of dressing. XXXX cal 0.00

SOUTHWEST AVOCADO

A fresh-Mex salad with blackened chicken, black bean corn relish, American cheese and fresh avocado on garden greens with crunchy tortilla straws and a zesty Chipotle Ranch dressing. 820 cal 0.00





ADD A FRESH GARDEN SALAD 110 CAL OR CUP OF SOUP 100-280 CAL FOR ONLY .99 (GP) Great Plates – Value Menu Items Under \$8

ff I our Fit Favorite entrées are lower in calories and taste great!









GRILLED TILAPIA & SHRIMP

ff Garlic-seasoned tilapia topped with grilled shrimp and drizzled with garlic butter. Served over herb rice pilaf with grilled asparagus. Also available Cajun-seasoned. 460/550 cal 0.00

New! JUMBO SHRIMP DINNER

Six crispy-fried jumbo shrimp, served with cocktail sauce and choice of two dinner sides. XXXX cal 0.00

New! POT ROAST STROGANOFF

Braised beef, crimini mushrooms and onions served over tender egg noodles in a savory cream sauce with a drizzle of sour cream. XXXX cal 0.00

CHICKEN STRIPS DINNER

Our crispy, all white meat chicken breast strips are served with Honey Mustard dipping sauce and choice of two sides. 890-1840 cal 0.00

GRILLED CHICKEN WITH MUSHROOMS & ASPARAGUS

ff Lemon herb chicken breast, grilled and topped with garlic crimini mushrooms. Served over herb rice pilaf with grilled asparagus and a White Balsamic Vinaigrette. 620 cal 0.00

(GP) DOUBLE CATCH

Two crispy cod fillets with four jumbo fried shrimp. Served with fries, cocktail and tartar sauces. XXXX cal 0.00

BUTTERBALL° TURKEY & DRESSING

Oven-roasted slices on sage dressing with hearty turkey gravy and cranberry sauce. Served with two dinner sides. 600-1550 cal 0.00



Warm up____ WITH A CUP OR BOWL OF OUR DELICIOUS, HEARTY SOUP! CUP 3.29 **BOWL** 4.29

> CHICKEN NOODLE 150/260 CAL | CHICKEN TORTILLA 100/150 CAL TOMATO BASIL 280/460 CAL | LOADED BAKED POTATO 280/460 CAL



0.00 BEVERAGE & PIE

CHOOSE ANY BEVERAGE AND SLICE OF PIE FOR AN ADDITIONAL \$0.00 WITH ANY ENTRÉE PURCHASE.

Beverages exclude large juice, large milk, milk shakes, malts, beer and wine. Pie variety may vary by restaurant.



STEAK MEDALLIONS WITH MUSHROOMS

Tender USDA steak medallions* with crimini mushrooms and onions, all topped with garlic butter and served with two dinner sides. XXXX cal 0.00 Add Fried Shrimp XXXX cal 0.00

CHICKEN, BACON & BROCCOLI PASTA

Lemon herb chicken, Applewood smoked bacon, broccoli, tomatoes and Parmesan on linguine with a lemon garlic cream sauce. 1040 cal 0.00

Also available with garlic grilled shrimp. XXXX cal 0.00

GRILLED SALMON

Flaky, tender fillet – Cajun or garlic-seasoned, or teriyaki-glazed. Served with two dinner sides. 510–1570 cal 0.00

COUNTRY FRIED STEAK

Lightly breaded steak topped with our country-style cream gravy and served with two dinner sides. XXXX cal 0.00

GRILLED PORK CHOPS

Two grilled pork chops, Cajun or garlic-seasoned, or teriyakiglazed. Served with two dinner sides. XXXX cal 0.00

@ HOMEMADE MEATLOAF

Savory sweet-glazed meatloaf served over real mashed potatoes and topped with crispy onions and a rich beef gravy. Served with buttered corn. XXXX cal 0.00

New! CLASSIC POT ROAST

Tender chunks of braised beef, sweet green peas, tender carrots, onions and a hearty beef gravy. Served with two dinner sides. XXXX cal 0.00



CHICKEN, BACON & BROCCOLI PASTA





DINNER SIDES

Garden Salad 110 cal 2.99 Fresh Fruit 70 cal seasonal price Grilled Asparagus 45 cal 2.99 Fresh Broccoli 120 cal 2.99 Green Beans with Bacon 45 cal 2.99 Fresh Sautéed Spinach 70 cal 2.99 Buttered Corn 150 cal 2.99 Herb Rice Pilaf 270 cal 2.99 French Fries 570 cal 3.19 Crispy Tots 470 cal 2.99 Real Mashed Potatoes Served with a rich brown gravy 240 cal 2.99 Baked Potato 300 cal 2.99 Add 0.00 for bacon, cheese and sour cream 390 cal



These one-pan meals are packed with flavor. ADD 0.00 FOR A FRESH GARDEN SALAD 110 CAL OR CUP OF SOUP 100-280 CAL.

HIBACHI GRILLED SHRIMP

STEAK & PEPPERS

STEAK & PEPPERS

USDA steak tips* with tender red bell peppers, grilled red onions, crimini mushrooms and a rich beef gravy served over homestyle seasoned potatoes. 1050 cal 0.00

HIBACHI GRILLED SHRIMP

Teriyaki-glazed grilled shrimp, stir-fried with red bell peppers, red onions and broccoli, all served on garlic butter rice. XXXX cal 0.00

> Hibachi Fried Chicken XXXX cal 0.00

MINI POT PIE Combo

Our right-sized Chicken Pot Pie served with a fresh garden salad plus a **FREE** slice of our fresh baked pie! 1250-1710 cal 9.99

Available only after 11 a.m.



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BEVERAGES



BOTTOMLESS POT OF COFFEE® O cal BOTTOMLESS POT OF DECAFFEINATED COFFEE® O cal ICED COFFEE 200 cal BOTTOMLESS CUP OF TEA" 10 cal HOT CHOCOLATE 120 cal JUICE sm/lrg Orange 160/210 ca, Apple 180/230 cal or Tomato 70/90 cal MILK sm 210 cal Irg 340 cal CHOCOLATE MILK sm 240 cal Irg 400 cal SHAKES 'N MALTS Vanilla 880/910 cal,

Chocolate 970/1000 cal or Strawberry 900/930 cal

55 PLUS MENU

Available to our guests 55 years of age and older.

ALL DAY BREAKFAST

55 PLUS TWO-EGG OMELET

Variety may vary by location

Choose any two ingredients 0.00. Add 0.00 for each additional:

- · Diced Ham 80 cal · Sausage 180 cal
- Applewood Smoked Bacon 35 cal
- American Cheese 110 cal · Swiss Cheese 110 cal
- · Cheddar Cheese 110 cal · Pepper Jack Cheese 100 cal
- · Hollandaise 220 cal · Crimini Mushrooms 5 cal Tomatoes 5 cal · Onions 10 cal · Green Peppers 5 cal

Served with choice of two buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 490-1360 cal

55 PLUS ONE-EGG CLASSIC

One egg* with two Applewood smoked bacon strips or two sausage links, crispy hash browns or breakfast potatoes and choice of two buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 940-1420 cal 0.00

55 PLUS ONE-EGG BENEDICT

A basted egg*, grilled ham and hollandaise on an English muffin half. Served with fresh fruit and choice of hash browns or breakfast potatoes. 940 cal 0.00

55 PLUS POTATO PANCAKES

Three potato pancakes served with applesauce and two Applewood smoked bacon strips. 850 cal 0.00

55 PLUS BUTTERMILK PANCAKES

Three buttermilk pancakes served with two Applewood smoked bacon strips or two sausage links. 640 cal 5.29

55 PLUS BRIOCHE FRENCH TOAST

Two slices served with two Applewood smoked bacon strips or two sausage links. 710 cal 6.19

55 PLUS FRENCH TOAST

Three slices served with two Applewood smoked bacon strips or two sausage links. 560 cal 6.29

ADD GLAZED STRAWBERRIES 170 cal .99

LUNCH & DINNER

Served with two sides: Garden Salad · Fresh Fruit · Grilled Asparagus · Green Beans with Bacon · Fresh Broccoli · Buttered Corn · Fresh Sautéed Spinach · Herb Rice Pilaf · Real Mashed Potatoes · French Fries · Crispy Tots · Baked Potato · Add a third side for .99 45-570 cal per side

55 PLUS BUTTERBALL° TURKEY & DRESSING

Oven-roasted slices on sage dressing with turkey gravy and cranberry sauce. 600-1550 cal 0.00

55 PLUS CHICKEN STRIPS DINNER

Served with Honey Mustard dipping sauce. 890-1840 cal 8.89

55 PLUS TILAPIA GRILLE

Two Cajun or garlic-seasoned grilled, lake-grown tilapia fillets. 450-1400 cal 9.99

55 PLUS GRILLED CHICKEN BREAST

Choice of Cajun, garlic-seasoned or teriyaki-glazed. 290-1240 cal 0.00

New! 55 PLUS POT ROAST

Tender chunks of braised beef, sweet green peas, tender carrots, onions and a hearty beef gravy. 290-1240 cal 0.00

55 PLUS COUNTRY FRIED STEAK

Lightly breaded steak topped with warm, country-style cream gravy. 660-1610 cal 0.00

55 PLUS GRILLED PORK CHOPS

Two pork chops with choice of Cajun or garlic seasonings, or teriyaki-glazed. XXXX cal 0.00

Lunch DUOS & TRIOS

YOUR LUNCH YOUR WAY

Available after 11 a.m.

DUO Pick one item from two of the four categories 7.99 **TRIO** Pick one item from three of the four categories 9.99



I. BOWL OF SOUP

CHICKEN NOODLE 260 cal Tomato Basil 460 cal Chicken Tortilla 150 cal Loaded Baked Potato 460 cal

2. HALF SANDWICHES

CHICKEN STRIPS MELT

Crispy chicken strips, Applewood smoked bacon and melted Pepper Jack cheese with Ranch dressing and served on grilled sourdough bread. 720 cal

BLT

Three strips of Applewood smoked bacon with lettuce, tomato and mayo served on white or whole wheat toast. 320 cal

SONOMA CHICKEN SALAD CROISSANT

A flaky, buttery croissant loaded with a blend of smoked pulled chicken, red grapes, celery, walnuts and fresh leaf lettuce. XXXX cal

FRENCH DIP

Warm, sliced roast beef, Swiss cheese and grilled red onions on a grilled hoagie with au jus for dipping. XXX cal

BBQ SMOKED CHICKEN

Smoked, pulled chicken drizzled with a sweet BBQ sauce. Topped with crispy Onion Tanglers[®] and creamy cheese sauce on a grilled hoagie roll. 310 cal

3. SIGNATURE SIDE SALADS

SOUTHWEST AVOCADO

Blackened chicken, black bean corn relish, American cheese and fresh avocado on fresh garden greens. Garnished with crunchy tortilla straws and served with Chipotle Ranch dressing. 480 cal

TURKEY BLT

Butterball® roasted turkey, Applewood smoked bacon, diced tomatoes, red onions and American cheese on fresh garden greens, served with choice of dressing. 340 cal

THE GARDEN

Garden greens, tomatoes, sweet red onions, American cheese and croutons, served with choice of dressing. 110 cal

HONEY MUSTARD CHICKEN CRUNCH

Crispy chicken strips, sweet red onions, tender red bell peppers, tomatoes, American cheese, Applewood smoked bacon and Honey Mustard dressing on fresh garden greens. 490 cal

4. PIES & TREATS

SLICE OF FRESH BAKED PIE

Variety may vary by restaurant.

- Banana Cream Pie 700 cal
 Caramel Apple Pie 500 cal
- Cherry Pie 580 cal
 Chocolate French Silk Pie 760 cal
- Coconut Cream Pie 640 cal
 Homestyle Apple Pie 570 cal
- Lemon Meringue Pie 500 cal
- Peanut Butter Silk Pie 930 cal
- Wildberry Pie, no sugar added 470 cal

FRESH BAKED COOKIES (2) 580-620 cal BROWNIE 560 cal

BUY 3 MUFFINS, COOKIES, BROWNIES OR CINNAMON ROLLS, GET 3 FREE!



YOUR PERKS START AT MYPERKINS®

O Join at perkinsrestaurants.com or text PERKS to 41208. As a MyPerkins[®] eClub member, you'll be the first to know about our latest specials and promotions. Including exclusive offers like a 20% off coupon just for joining and a free Magnificent Seven[®] breakfast on your birthday. Message and data rates may apply.



PERKINS[®] GIFT CARDS

AVAILABLE IN RELOADABLE AMOUNTS (\$5-\$100)* *Minimum \$5 amount.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Butterball® is a registered trademark of Butterball, LLC. Perkins® entrées feature turkey by Butterball® Coca-Cola is a registered trademark of Coca-Cola Company. Printed in the U.S.A. ©2019 Perkins & Marie Callender's, LLC