

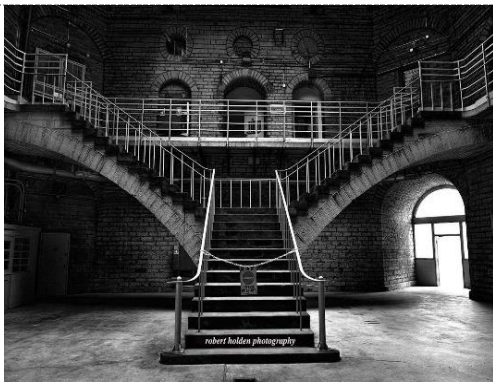


The Perfect Day in Kingston

Thank you for considering The Holiday Inn Express Kingston Central. We hope you choose to stay with us and create unforgettable moments along the way. We've got countless suggestions on how to spend the perfect day, but here are a few of our favorites to get you started.

Day 1:

Take [Kingston's Penitentiary Tour](#) that offers a rare and unique opportunity to go behind the walls of Canada's oldest and most notorious maximum-security prison. Visit [Breakwater Park](#) with access to the water within the City as well as a significant area of green space. Enjoy the Culinary delights of [AquaTerra](#) with a menu that focuses on the freshest locally sourced ingredients.



Kingston Penitentiary



Breakwater Park



AquaTerra

Day 2:

Explore the beauty of [Downtown Kingston](#) with all of it's local shopping. Stop in at [Pan Chancho Bakery](#) for a bite to eat on your way to an OHL hockey game or an event at the Leons Centre.

[View Our Offers](#)