



## BREAKFAST

7:30 a.m. – 9:30 a.m.

### **TOAST AND SPREAD \$3.00**

Your choice of bagel, Sourdough, gluten free bread or cinnamon raisin bread with a spread of your choice. (Butter, cream cheese, assorted jellies)

### **Morning refuel Board \$12.00**

Hardboiled egg, crispy turkey bacon, fresh fruit, and a choice of toast with assorted preserves/jellies

### **SCRAMBLEDD EGGS WITH TOAST \$13.00**

Your choice of whole egg or egg white accompanied with a toast of your choice.

### **POWER YOGURT \$7.00**

Greek yogurt, with house made granola

### **OATMEAL \$8.00**

Rolled oats topped with brown sugar & raisins. Served warm with milk

### **EGG WHITE AVOCADO WRAP \$11.00**

Scrambled eggs wrapped in flour tortilla with our signature coleslaw, avocado, salsa Verde & cilantro sauce

### **CANADIAN BACON SANDWICH (WITH FRUIT CUP) \$10.00**

Toasted brioche bun with eggs, Canadian bacon and our red pepper sauce.

### **TURKEY SAUSAGE SANDWICH (WITH FRUIT CUP) \$11.00**

Toasted brioche bun with eggs, lettuce tomato and turkey sausage.

### **ORANGE JUICE, GRAPEFRUIT JUICE, CRANBERRY JUICE, COFFEE or FRUIT CUP \$3.50**

Please dial "0" on your room phone to place your order and kindly give us 20 minutes before you come down to pick up your order.

## DINNER

5 :00 p.m. – 9 p.m.

### **CHICKEN AND ROASTED RED PEPPER FLATBREAD \$14.00**

Chicken, roasted red peppers, fresh basil; topped with mozzarella pecorino cheese and olive oil

### **Cheese pizza flatbread \$11.00**

Homemade marinara sauce with cheese blend and basil.

### **C&K Burger \$15.00**

Beef burger on a toasted brioche bun with cheddar cheese, pickles, tomato, lettuce, mayo. Served with your choice of sweet potato fries or regular fries.

### **BAKED WINGS \$12.00**

Crispy chicken tossed in BBQ seasoning, served with carrots. Comes with ranch, barbecue or buffalo sauce.

### **BRUSSEL SPROUTS \$8.00**

Roasted Brussel sprouts with turkey bacon, Pecorino cheese and whole grain mustard.

### **ROASTED TURKEY SANDWICH \$14.00**

Roasted turkey, turkey bacon, cheddar cheese, lettuce, tomato and roasted red pepper sauce on toasted sourdough bread. Comes with your choice of sweet potato fries or regular fries.

### **Hummus \$10.00**

Hummus, extra virgin olive oil and paprika. All served with cucumber a side of carrots and warm naan bread.

### **GUACCAMOLE \$10.00**

Freshly made guacamole served with blue Corn chips

### **Dessert of the day \$6.00**

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