tir a môr

BAR SNACKS & SHARERS

Artisan bread selection, Shirgar butter	5
Herb-marinated Nocellara olives (ve)	7
Garlic, rosemary and Halen Môn salted butter flatbread (v)	8
Seasonal soup (ve available)	7
Baked Camembert, truffled Welsh honey, artisan bread	13
Tir a Môr sharing platter Glamorgan bites, Welsh rarebit, fried chicken, Welsh beer-battered fish goujons, Cefn Mawr Farm sliders	24

SMALL PLATES

Fried chicken, Sriracha, garlic and soy	
Welsh beer-battered fish goujons, tartare sauce	8
Hummus, warm pitta, toasted seeds (ve)	7
Baba ganoush, flatbread, pomegranate (ve)	7
Pan-fried chorizo and potato	8

SALADS

Caesar Caerdydd Gem lettuce, Caesar dressing, croutons, Parmesan cheese	10
Superfood salad (ve) Mixed leaves, quinoa, avocado, beans, goji berries, seeds, nuts	10
Toasted Goat's cheese, homemade crumpet salt-baked heritage beetroot, chicory salad, sherry vinegar glaze (v)	
Add: Chicken supreme I0 Grilled halloumi (v) 9 Grilled salmon I2	

MAINS

Welsh beer-battered fish and chunky chips, minted pea purée, tartare sauce Add curry sauce	22 4
Pork schnitzel, fried free-range egg lemon and caper butter sauce, fries	16
Roast cauliflower steak, wild mushrooms, charred corn, spring greens, basil pesto, granola (ve)	20
Slow-cooked beef and red wine ragu, pappardelle, San Marzano tomatoes, pangrattato, Parmesan	20
Cefn Mawr Farm beef chuck burger, cheddar, artisan bun, spiced seasonal slaw, fries	22
Grilled chicken breast, avocado, bacon, artisan bun, spiced seasonal slaw, fries	20
Spinach and kale burger, vegan bacon, flat mushroom, smoked vegan Applewood cheese, artisan bun, seasonal slaw (ve)	20
Add to your burger: Fried free-range egg (v) Welsh rarebit Smoked bacon Cheddar (v) Flat mushroom (ve)	2 each

SANDWICHES

(v) vegetarian | (ve) vegan

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients. Please note: before placing your order please inform a member of the team if anyone in your party has a food allergy. An optional 12.5% service charge will be added to your bill. Prices include VAT.

SIDES

Fries or chunky chips (ve)	5
Shirgar-buttered seasonal greens (v)	8
House salad (ve)	6
Beer-battered onion rings, aioli (v)	6
Welsh Cheddar truffle mac 'n' cheese (v)	8
Welsh Cheddar truffle mashed potato	8

DESSERTS

Bara Brith bread and butter pudding, Dairy Farm vanilla ice cream (v)	9
Cherry clafoutis, clotted cream, cherry compôte (v)	9
Three scoops of Dairy Farm ice cream or sorbet, coulis, berries, chocolate (v)	9
Welsh cheeseboard, Pembrokeshire biscuits, grapes, chutney	14

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