

THE ISLANDS RESTAURANT

Makis (Rolls)

Veggie Roll 6.00

Cucumber and avocado wrapped around rice and topped with sesame seeds

Philadelphia 9.00

Smoked salmon, cream cheese and cucumber topped with sesame seeds

Spicy Scallop Roll 10.00

Spicy scallop mix and cucumber topped with sesame seeds

Tekka Maki Roll 8.00

6 piece tuna roll with seaweed wrapped on the outside

Rainbow Roll 15.00

Crab mix and cucumber topped with tuna, salmon, Hamachi, shrimp and avocado

Pizza Roll 12.00

Smoked salmon, avocado and crab mix, topped with a creamy garlic sauce, baked until golden brown and drizzled with eel sauce

Volcano Roll 14.00

Smoked salmon, avocado and crab mix, topped with Hamachi, a spicy garlic sauce, then baked and drizzled with eel sauce

Protein Roll 18.00

Spicy tuna, crab mix and cucumber wrapped in soy paper, topped with fresh salmon and avocado.
Drizzled with a spicy garlic ponzu sauce

California Roll 8.00

Crab mix, avocado and cucumber topped with sesame seeds

Spicy Tuna Roll 10.00

Spicy tuna and cucumber topped with sesame seeds

Duke Roll 16.00

Spicy tuna and cucumber topped with spicy seared ahi and avocado. Drizzled with a spicy garlic ponzu

Nigiri

Spicy Seared Tuna (Tataki) 7.00

Octopus (Tako) 7.00

Shrimp (Ebi) 7.00

Yellowtail (Hamachi) 8.00

Tuna (Maguro or Ahi) 8.00

Fresh Water Eel (Unagi) 7.00

Fresh Salmon (Nama Sake) 7.00

Bento Box 16.00

All bento boxes are served with:
steamed white rice, green salad and
miso soup

Choice of: teriyaki chicken, teriyaki
beef, or broiled salmon

Choice of: ½ California roll or ½ spicy
tuna roll

Rice Bowl

Teriyaki Chicken 14.00 or Beef 16.00

Choice of marinated chicken or beef
with

Teriyaki sauce and steamed white rice

Poke & More

Miso Soup 4.00

A traditional Japanese soup served with tofu,
wakame and green onions

Edamame 4.00

Boiled soy beans sprinkled with sea salt

Spam Musubi 5.00

A Hawaiian favorite: Spam pressed on rice
and wrapped with nori

Sunomono 8.00

Fresh seaweed and cucumber served with a
garlic ponzu dressing

Poke 18.00

Choice of cubed ahi, seared ahi, octopus, or
salmon. mixed with sesame seed oil, soy sauce,
masago, green onion, togarashi and seaweed

Sashimi

5 piece (Choice of one fish) 17.00

7 piece (Choice of one fish) 21.00

9 piece combo 24.00

Temaki 6.00

Spicy Tuna, Spicy Yellowtail,
Crab, Salmon Skin, or Eel

For parties of 6 or more an 18% gratuity will be automatically added to the bill

Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.