

REFUGE

WHILE YOU WAIT

Chilli-marinated Gordal olives (Ve) 137kcal	4.8	Beetroot borani, smoked feta toasted seeds, dill (V) 213kcal	7.5
Boquerones, preserved lemon, ajillo 316kcal	7	Beef cheek nuggets, tarragon mayo, onion powder 849kcal	9.5
Holy Grain sourdough, cauliflower butter (V) 78.5kcal	6.7	Gin-cured salmon, nori butter shrimp crumpet, crème fraîche 386kcal	13
Sweet potato hummus, molasses, za'atar (V) 529kcal	6.5	Black figs, burrata, radicchio, lavender honey, mint 210kcal	11
Add beef cheek 127kcal	+3.5		
Grilled flatbread (Ve) 255kcal	4		

ROAST PLATTER FOR TWO

It's what we're famous for!

Slow-cooked rump of Lancashire beef, garlic & thyme roasted Cumbrian chicken, Yorkshire porchetta 69

Served with...

Garlic roast potatoes, glazed carrot, Vimto-braised red cabbage, sweet potato purée,
cauliflower cheese, buttered greens, Yorkshire pudding, beef gravy 1330kcal

INDIVIDUAL ROASTS

*All served with garlic roast potatoes, glazed carrot,
buttered greens, Vimto-braised red cabbage, carrot and
swede purée, Yorkshire pudding and lashings of gravy*

Slow-cooked rump of Lancashire beef 779kcal	29
Garlic & thyme roasted Cumbrian chicken 680kcal	29
Yorkshire porchetta 739kcal	29
Vegan Wellington, roasted squash, celeriac, spinach, duxelles (Ve) 733kcal	20

EXTRAS

Cumberland sausage, sage & apricot stuffing balls 714kcal	9
Pigs in blankets, honey-mustard glaze 612kcal	9
Cauliflower cheese (V) 358kcal	6.75
Extra bowl of roasties (Ve) 477kcal	6
½ pint 48-hour beef gravy 163kcal	6
½ pint vegan gravy (Ve) 48kcal	3
Braised beef cheek-stuffed Yorkshire pudding 346kcal	8

DOG ROAST

Don't let your four-legged friends go hungry – order them their own mini roast bowl

6

Chat about us @TheRefugeMcr

(V) Vegetarian (Ve) Vegan | Adults need around 2,000kcal a day

Before placing your order please inform a member of the team if anyone in your party has a food allergy or intolerance. Prices include VAT. A discretionary 10% service charge will be added to your bill. All of the service charge and tips are shared wholly between the person who served you and the wider Refuge team without any deductions.