

The background is a solid yellow color with a subtle, mottled texture. At the very top, there is a thin horizontal strip containing a color calibration bar with various colored squares (yellow, cyan, magenta, blue, red, green, black) and a grayscale ramp.

# First things first; breakfast

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**BREAKFAST MENU****£ 21.95****DRINKS****Hot drinks****Limitless Teas and Coffees**

English breakfast tea 1kcal | Herbal teas and infusions 1kcal

Filter coffee 2kcal | Espresso 14kcal | Americano 5kcal

Flat white 130kcal | Cappuccino 110kcal | Latte 160kcal | Macchiato 10kcal

**Juices and water**

Orange 45kcal | Apple 46kcal

Still and sparkling water 0kcal

**A LIGHTER START****Cereals**Granola 450kcal | Muesli 320kcal | Cornflakes 380kcal | Coco Pops 400kcal | Bran flakes 330kcal  
Selection of seeds and dried fruits**Pastries**

Croissant 230kcal | Cinnamon swirl 240kcal

Pain au chocolat 240kcal

**Bread**

Sliced white 270kcal | Sliced brown 245kcal | Selection of Artisan breads

**Preserves**

Strawberry jam 260kcal | Raspberry jam 250kcal | Orange marmalade 260kcal

Honey 310kcal | Marmite 190kcal | Hazelnut cream 540 kcal &amp; Maple syrup 265 kcal

**Cold selection**

Greek-style yoghurt 110kcal | Fresh cut fruits and Compote (average) 50kcal

Cheeseboard | Cold meat platter | Smoked fish platter

Guacamole V 160kcal | Hummus V 166kcal | Olives VE 115 kcal

Adults need around 2,000 calories a day V = vegetarian | VE = vegan Let us know if you'd like gluten-free bread

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients. Please note: before placing your order, please inform a member of the team if anyone in your party has a food allergy. Prices include VAT.



## WARM AND FILLING

### Breakfast buffet

Cumberland sausage 340kcal | Back bacon 496kcal | Black pudding 340kcal Grilled tomatoes VE 20kcal | Sautéed mushrooms VE 25kcal | Hash brown V 250kcal Heinz baked beans VE 90kcal | Free-range scrambled eggs V 200kcal Free-range fried eggs V 201kcal | Free-range soft boiled eggs V 150kcal

### Breakfast plates

Three egg omelette V 330kcal | Soft-boiled egg and soldiers V 220kcal  
Poached egg on toast V 260kcal

Vegan sausages 200kcal and Gluten free items available on request

**Don't see what you fancy?**  
**How about trying one of our à la carte dishes?**

**Eggs Benedict**, 450kcal,  
£9  
(Poached Egg, Cured Ham, Hollandaise Sauce)

**Pancake stack** V, 671kcal  
£6  
(Maple Syrup, Berries)

**Poached Egg, Guacamole on Sourdough Toast**, V, 320kcal,  
£8  
(Free Range Poached Egg, Onion, Chilli and Lime)

**Citrus Crushed Avocado and Artichoke on Sourdough Toast** VE, 210kcal  
£7.5  
(Roasted Pepper, Sun Dried Tomato)

Breakfast will automatically be charged to your room account if it is not included in your stay.  
Adults need around 2,000 calories a day V = vegetarian | VE = vegan

All calorie counts are based on 100 grams per item.

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