



Holiday Inn Express  
Rockingham Road  
Kettering  
Northamptonshire  
NN14 1UD  
Tel: +44(0)1536 210210  
Email: events@exhikettering.co.uk

## **Conference Lunch Menu**

### **Menu 1 – Sandwich Lunch**

**£8.50 per person**

*A selection of freshly made sandwiches, wraps or bagels, Kettle crisps, 10 fruit kebabs or a salad or fruit bowl and fresh mini cakes.*

### **Menu 2 – The Healthy Option**

**£10.95 per person**

*A selection of wholemeal sandwiches or wraps with healthy fillings, crudités, a salad bowl, mini fruit kebabs and a healthy cereal bar.*

### **Menu 3 – Savoury Buffet**

**£10.95 per person**

*A selection of freshly made sandwiches, wraps or bagels, a selection of 3 savouries, Kettle crisps and fresh mini cakes.*

### **Menu 4 – Executive Buffet**

**£12.95 per person**

*A selection of freshly made sandwiches, wraps or bagels, Pasta, Coleslaw and Potato Salad bowls, Mini Fruit Kebabs and fresh cream cakes.*

### **Menu 5 – Deli Buffet**

**£14.95 per person**

*A selection of freshly made sandwiches, wraps or bagels, a choice of 5 savouries, with side dishes of chorizo sausage, stuffed peppers, coleslaw, mixed olives, pasta and Greek salad, followed by a tropical fruit platter and a tartlet selection.*

### **Hot Menu (Minimum 12 delegates)**

**£18.95 per person  
(2 Course)**

*Chicken Pate Cognac & Cream with Melba Toast, Prawn Marie Rose Cocktail, Trio of Melon or Homemade Soup & Crusty Bread.*

**£20.95 per person  
(3 Course)**

*Mild chicken curry with rice, naan bread and poppadoms with a selection of mango chutney, Chilli con carne with rice, Penne pasta and meatballs, Pork Stroganoff with rice, Lasagne Al Forno or Cottage Pie.*

*New York Baked Cheesecake with Summer Fruits, Tiramisu, French Apple Tart or Lemon Tart.*