

# Lunch Buffet

Monday through Friday 11:30am to 3pm

\$28 Appetizers, salad, soup, hot entrees, live action station, dessert

Light Buffet \$20 Appetizers, salad, soup, dessert

Dessert Buffet \$14

Monday: Italian | Tuesday: Asian | Wednesday: Bistro | Thursday: Cleveland | Friday: American Classics

## **SOUPS**

# French Onion Soup 9

Provolone cheese, crouton, green onion

Chicken Noodle Soup (DF) 9

Soup of The Day 8

# **APPETIZERS**

## Chicken Tacos 18

wonton, sriracha aioli, teriyaki sauce, pickled radish, cilantro

# Fried Brussels Sprouts (VEG) (GF) 16

plump golden raisins, cotija cheese, sherry vinaigrette

### Chicken Wings (10 wings) (GF) 17

celery, choice of buffalo or barbeque, ranch or blue cheese dressing

### Roasted Heirloom Carrots (VEG) (GF) 17

cucumber yogurt, feta cheese, pomegranate seeds, dill

# FLATBREADS (GF available on all flatbreads)

#### Italian Burrata (VEG) 18

burrata, provolone, asiago, garlic oil, roasted tomatoes, herbs

#### Tuscan Chicken 18

white sauce, chicken, red onion, sautéed spinach, Roma tomatoes, mozzarella, chopped herbs

#### Wild Mushroom (VEG) 18

sour cream, wild mushroom, caramelized onion, goat cheese, truffle oil, balsamic reduction, chives

#### RELAX. RESTORE. RESET.

At InterContinental Hotels & Resorts, we want you to be at your best when you travel. Try Timeshifter on your way home or on your next trip to reduce jet lag. It's on us!



TIMESHIFTER\*

# **SALADS**

#### Caesar Salad 16

romaine hearts, creamy Caesar dressing, shaved parmesan, Focaccia croutons

### Greek Salad (VEG) 16

local arcadian greens, peppers, tomato, kalamata olives, red onion, cucumber, feta, thyme balsamic vinaigrette

#### Kale Salad (VEG) (GF) 16

walnuts, goat cheese, roasted heirloom apples, pomegranate seeds, sherry vinaigrette

### Mediterranean Grain Bowl 22

lentil salad, tomatoes, kalamata olives, artichokes, feta cheese, grilled chicken, oregano vinaigrette

# Protein Add-Ons

Grilled Chicken Breast 8 Seared Atlantic Salmon 10 Grilled Flat Iron Steak 12 Grilled Shrimp (5pcs) 12

# PLANT-BASED MENU

### Hummus √ 14

grilled naan bread, carrot, cucumber & peppers

# Chickpea Salad Wrap √17

Sundried tomato tortilla, lettuce, tomato, pickled red onion

# **FLEXIBLE DINING**

Scan code to access our Flexible Dining menu: Tasty, versatile & nutritionally balanced dishes; available all day, every day.



Applicable sales tax will be added to your bill. 20% Surcharge for all split plates. 18% Gratuity added to parties of six or more. \*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. GF (Gluten Free), VEG (Vegetarian), V(Vegan), DF (Dairy Free)



# **ENTRÉES**

# Pierogies & Local Sausage 28

potato & cheddar perogies, smoked kielbasa, caramelized rosemary onions, sour cream, whole grain mustard

#### **Breaded Chicken Cutlet 29**

roasted fingerling potatoes, wild arugula, pickled Fresno peppers, lemon vinaigrette

#### Garlic Herb Shrimp (GF) 31

asiago risotto, asparagus, blistered tomatoes, chimichurri, crispy leeks

#### Seared Atlantic Salmon\* (GF) 33

asparagus, creamed corn, arugula citrus salad

#### Steak Frites\* 35

flat iron steak, local salad, rosemary garlic fries, herb butter, steak sauce

## Pappardelle Bolognese (DF) 29

braised beef cheek Bolognese, forest mushrooms, merlot reduction, shaved parmesan

# **SANDWICHES & BURGERS**

GF available on sandwiches choice of French fries, sweet fries or house salad

## ½ Pound Signature Burger\* 19

on a toasted challah bun

choice of: smoked Amish cheddar, Swiss, provolone or American cheese add-ons: applewood smoked bacon 2, avocado 3, fried egg 3

## Fried Lake Erie Walleye Sandwich\* (DF) 20

flash fried walleye, spicy remoulade, pickle spear, lettuce, brioche bun

#### North Coast Turkey Club Sandwich (DF) 17

smoked turkey, lettuce, tomato, smoked bacon, garlic aioli, multi-grain bread add avocado \$3

#### Chicken Sandwich 18

cajun marinated chicken, bacon, smoked Amish cheddar, pickled red onion, tomato aioli, baby lettuce, toasted challah bun

#### Corned Beef Reuben Sandwich 19

rye bread, Amish Swiss cheese, sauerkraut thousand island dressing

### SIDES 7

French fries, sweet potato fries, grilled vegetables, house salad, herb roasted potatoes

### **DESSERTS**

#### Caramel Cake (VEG) 10

praline crunch, caramel sauce, whipped cream

Lemon Cheese Cake (VEG) 10

fresh strawberries

#### Flourless Chocolate Cake (VEG) (GF) 10

berry sauce, fresh berries