

## Nourish

Balanced Nutrition + Deliciousness

### Roasted Asparagus Frittata\* (V, GF)

Cage-free eggs, asparagus, goat cheese, & hollandaise sauce; served with arugula salad, roasted tomatoes & vinaigrette - 567 cal

### Green Goddess Breakfast Wrap\* (V or GF)

Cabbage slaw with Green Goddess dressing scrambled egg whites, avocado, & mozzarella cheese in a whole-wheat tortilla wrap (V) or gluten-free wrap (GF) - 600-696 cal  
 Served with choice of one side

### Avocado Toast (V)

Avocado, everything seasoned bread, roasted tomatoes, arugula, & parmesan cheese. - 598 cal  
 Optional: \*Add an egg +2

### Sweet Oatmeal (V, GF)

Fresh oatmeal with roasted pears, almond milk, salted caramel drizzle, & Greek yogurt, garnished with cinnamon - 377 cal

## Sides

Roasted Fingerling Potatoes (V, GF) - 144 cal

Fresh Fruit (V, GF) - 65 cal

Breakfast Salad (V, GF) - 59 cal

## Crave

Classic Favorites with a Modern Twist

### Two Eggs Your Way\*

Two fresh cage-free eggs, pork bacon or turkey sausage, toast - 640 cal  
 Served with choice of one side

### Western Poblano Omelet\* (GF)

Cage-free eggs, roasted poblano peppers, onions, bacon, salsa, & cheddar cheese - 377 cal  
 Served with choice of one side

### Bacon, Egg & Cheese Biscuit\*

Bacon, over-easy egg, & cheddar cheese on a biscuit - 696 cal  
 Served with your choice of one side

### Steak & Egg Bowl\* (GF)

Hand-sliced flank steak with roasted fingerling potatoes, blend of cheddar cheese, over-easy egg, Hollandaise sauce, & chives - 788 cal

### Pearl Sugar Citrus Waffle (V)

Pearl sugar Belgian waffle with a honey citrus glaze, oranges, fresh berries, & Greek yogurt - 704 cal

### Toast and Muffins

Ask your server for today's selection

## Beverages

Freshed Brewed Coffee

Hot Tea

Premium Orange Juice

GF - Gluten-Free

V - Vegetarian