



eat well. work well.

Feed your mind as well as your body.



CROWNE PLAZA

HOTELS & RESORTS



Serving you better

- At Crowne Plaza we know what an important contribution food makes to the success of your meeting.

eat well. work well.

Food for thought

- Our food philosophy is designed to provide our customers with an exciting and different eating experience, way above that of the competition.
- When you eat well, you work well too. Our food is not only freshly prepared, it's also nutritionally balanced to feed the mind and body.
- We've specially developed dishes that taste great, and provide the energy and nutrients you need to stay focused all day long.



We'll serve you better, with Working Lunches and Breaks that offer:

Inspiring, appetising food – with fresh, seasonal ingredients

Food that's easy to eat in a meeting

Dishes that provide just the right energy to stay focused

What's new on the menu:

Our new Working Lunch menus include sandwiches and wraps, hot dishes, salads and desserts

We believe our food should look as good as it tastes, so we make sure all our dishes are attractively presented

If you prefer to dine in the restaurant you'll find an equally delicious menu just as good at boosting your energy levels

Your Menu

Sample of a seasonal
Eat Well Work Well
Day Delegate Menu

Arrival

Freshly brewed coffee, selection of teas and accompaniments,
Danish pastries and fresh fruit platter

Mid Morning

Freshly brewed coffee, selection of teas and accompaniments,
Homemade flapjacks and yogurt shots

Working Business Lunch

Poached salmon & spring onion open ciabatta, Free range egg
mayonnaise on wholemeal hoagies, Roast beef with horseradish
and water cress white bloomer

Mini crab cakes with chilli jam and citrus

Potato wedges

Classic mixed leaf salad

Pesto, Spinach and pine nut pasta salad

Lemon Drizzle cake with fruit coulis

Natural yogurt with honey

Afternoon

Cookie jar, smoothies and fruit



eat well. work well.

Unlimited Snack Station



New to the Crowne Plaza Manchester City Centre are our Snack Stations. These refreshment tables in the breakout spaces by our conference rooms are stacked with tasty treats. Perfect for a mid morning nibble or an afternoon pick me up, the unlimited Snack Station offers flexibility for impromptu breaks.

eat well. work well.



eat well. work well.

More reasons to choose Crowne Plaza Manchester City Centre

Wherever business takes you: book your meeting at a wide choice of conference suites

Easy to book: view the venue online and get a quick quote either over the phone or at conference@cpmanchester.com

Personal touch: you'll be assigned a Crowne Plaza Meeting Director to ensure every detail is just right

Join BusinessClub and reap the rewards: collect points for bookings to redeem on a host of rewards, from a new iPod to dinner for two

To book your next meeting at Crowne Plaza speak to your meeting representative direct at the hotel on 0161 828 8616 or email conference@cpmanchester.com