

Huzhou Crowne Plaza lunch buffet menu

健康沙拉吧 HEALTHY SALAD BAR

落地球, 红叶生菜, 黄油生菜, 绿叶生菜, 罗马生菜, 苦菊生菜,

玉米笋, 小黄瓜, 洋葱圈, 小红萝卜片, 熟制红腰豆

Radicchio, red leaf, Butter lettuce, green leaf, romaine lettuce, lettuce, friseeBaby
cucumbers ,onions ring ,radish sliced , red kidney bean cooked

沙拉小料 Salad Condiments

脆意式风干脖肉, 鸡尾洋葱, 酸黄瓜, 卡拉玛塔橄榄, 水瓜柳, 巴马臣芝士粉, 香草面包丁

Crispy Parma ham ,pancetta crispy ,Pickled mix sweet pepper

Cocktail onions, gherkin, kalamata olive , Caper, Parmesan cheese grated , Herb baguette
crouton

沙拉汁 Salad Dressing

柠檬油醋汁, 黑醋汁, 千岛酱, 橄榄油, 凯撒汁

Lemon vinaigrette ,Balsamic vinaigrette , Thousand island dressing ,

Extra virgin olive oil , herb vinaigrette, Caesar dressing

冷菜区 Appetizer Station

泰式牛肉沙拉 Thai beef salad

温南瓜百合桂花酱 Pumpkin lily and osmanthus jam

辣味野生小鱼干 Cool mix local air dried small fish

虫草花拌秋耳 Black fungus salad

金陵盐水鸭 Jinling salted duck

日式现场操作区 Japanese action station

握寿司 Nigiri

牛油果握寿司, 芒果手握, 金枪鱼握寿司, 三文鱼籽握寿司

fruits, tobiko , tuna , salmon roe

蔬菜竹卷, 金枪鱼竹卷, 黑蟹籽军舰寿司,

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Vegetable Roll , Tuna Roll

姜片, 芥末, 酱油, 柠檬, 寿司姜芽, 福神渍, 日本渍大根

Pickled ginger ,wasabi ,soy sauce, lemon, Red Zuke, Japanese pickled radish

海鲜熟食区 Cold seafood cooked on ice station

熟甜虾、翡翠螺、扇贝、青口, 老虎蟹

Cooked sweet shrimp, emerald snail, scallop, blue mouth

三文鱼, 红金枪鱼, 希零鱼籽

Salmon, tuna

刺身酱油, 柠檬角, 日本芥辣, 鸡尾汁, 姜红醋

Sashimi shoyu ,lemon wedge , Wasabi, Cocktail sauce

水果区 Fruits station

香蕉, 香梨, 青枣, 桔子

Bananas, pears, dates, oranges

无籽西瓜, 青皮瓜, 哈密瓜, 火龙果

Watermelon, green skin melon, hami melon, pitaya

热菜区 hot dishes station

笋片野生黄鳝猪肚汤 Stewed bamboo shoot slice rice pork stomach soup

豆腐鱼片汤 Tofu and fish slice soup

杭式腌笃鲜 Boil bacon, bamboo shoots, fungus, and lettuce

红烧草扎肉 Braised pork belly bound with brown sauce

青椒甲鱼鸡 Fried turtle with green pepper and chicken

风味大肘 Braised pork leg in brown sauce

板栗烧牛腩 Roast brisket with millet

清蒸响油回鱼 Steamed fish with soy sauce

莲藕粉蒸肉 Steamed lotus root with meat and flour

苏杭酱香鸭 Steamed whole duck in hangzhou style

扬州炒饭 Yangzhou fried rice

新州炒米粉 Xinzhou Fried rice noodles

炒季节时蔬 Stir-fry seasonal vegetables

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亚式面档 Asian noodles

本地细面，蔬菜汁面条，河粉，米粉，绿豆粉

Fine noodles, rice noodles , rice vermicelli , shrimp wonton

香菜碎，辣椒酱，细香葱碎，小米辣碎，芝麻辣椒油，花椒油，醋，花生碎，油炸小鱼仔

Chopped coriander leaf , chili sauce, chopped spring onion , chopped chili bird, Chili sesame& dried chili oil, Sichuan pepper oil, local vinegar , chopped peanuts , deep fried salted fish

焖肉 笋干雪菜 爆鱼卤 鸡汤

daube Dried bamboo shoot pickled cabbagelocal flavor Fried fish

Chicken stock

菠菜，茼蒿，杭白菜，香菜，墨鱼丸，蟹味菇，金针菇

Spinach, garland, chrysanthemum, Chinese cabbage, parsley, cuttlefish balls, crab mushrooms, golden needle mushrooms

蒸点 Steamed Station

笋丁烧麦 龙游发糕 蒸甜玉米 蒸紫薯

Bamboo butyl shao-mai Steamed rice cakesSteamed sweet corn Steamed purple potato

切肉台区 Carving station

炭烤猪颈肉&整鸡 蜜汁烤南瓜，烤蔬菜，烤甜薯

Roast pork neck & whole chicken

Roasted honeyed pumpkin , Roasted vegetables, roasted sweet potatoes

甜品区 Dessert station

树莓慕斯，巴腾堡蛋糕，芝士梳芙厘，歌剧

Raspberry mousse, battenberg cake, cheese souffle, opera cake

面包区 Bakery station

核桃包，蓬松包，乡村包，裸麦包

Walnut bag, fluffy bag, country bag, rye bag

黄油&果酱 Butter and jam

蜂蜜，覆盆子果酱，草莓果酱，香橙果酱，无盐黄油，有盐黄油

冰淇淋小料 Ice cream condiments

烤核桃碎,冰淇淋筒 , 巧克力酱，草莓酱，芒果酱

roasted walnut grated , Ice cream cones , chocolate topping, strawberry topping ,mango topping

饮料区 Beverage

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冷饮 Cold drink

葡萄汁 grape juice 苹果汁 apple juice 橙汁 Orange juice

菠萝汁 pineapple juice

热饮 Hot drink

现煮咖啡, 中国红茶 Freshly brewed coffee, tea

酒水 drinks

青岛啤酒 Tsingtao Brewery